

BRFSS Detailed Summary Table for South Heartland District Health Department Adults 18 and Older, 2011-2018

Indicators	Overall					Men					Women					LHD Gender Diff. ^e						
	South Heartland			State of NE		Sig ^d	South Heartland			State of NE		Sig ^d	South Heartland				State of NE		Sig ^d			
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b		95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)
General Health Status																						
General health fair or poor																						
2011	872	17.3%	(14.4 - 20.7)	25,347	14.3%	(13.7 - 14.9)	NS	338	17.8%	(13.7 - 22.9)	10,198	14.8%	(13.9 - 15.7)	NS	534	16.8%	(13.0 - 21.5)	15,149	13.9%	(13.1 - 14.7)	NS	No
2012	605	13.8%	(10.6 - 17.8)	19,132	14.4%	(13.7 - 15.2)	NS	236	11.2%	(7.5 - 16.3)	7,855	14.6%	(13.5 - 15.7)	NS	369	16.3%	(11.4 - 22.6)	11,277	14.3%	(13.4 - 15.2)	NS	No
2013	621	16.8%	(13.3 - 20.9)	17,106	13.9%	(13.1 - 14.8)	NS	267	18.1%	(12.7 - 25.2)	6,963	13.4%	(12.2 - 14.7)	NS	354	15.4%	(11.6 - 20.2)	10,143	14.4%	(13.3 - 15.6)	NS	No
2014	936	14.5%	(12.2 - 17.1)	22,370	13.2%	(12.5 - 13.9)	NS	413	14.2%	(11.0 - 18.2)	9,585	13.5%	(12.4 - 14.5)	NS	523	14.7%	(11.6 - 18.5)	12,785	12.9%	(12.0 - 13.8)	NS	No
2015	694	15.2%	(12.2 - 18.9)	17,539	13.9%	(13.1 - 14.8)	NS	306	18.0%	(13.2 - 24.0)	7,564	13.7%	(12.5 - 14.9)	NS	388	12.5%	(9.2 - 16.8)	9,975	14.2%	(13.1 - 15.3)	NS	No
2016	650	17.0%	(13.8 - 20.8)	15,166	14.7%	(13.8 - 15.6)	NS	301	17.5%	(12.6 - 23.9)	6,633	13.8%	(12.6 - 15.1)	NS	349	16.5%	(12.7 - 21.1)	8,533	15.5%	(14.3 - 16.8)	NS	No
2017	633	15.3%	(12.5 - 18.7)	15,331	14.9%	(14.1 - 15.8)	NS	317	16.0%	(12.0 - 21.0)	6,956	14.1%	(13.0 - 15.3)	NS	316	14.8%	(10.8 - 19.6)	8,368	15.8%	(14.6 - 17.0)	NS	No
2018	599	18.0%	(14.5 - 22.1)	14,611	14.5%	(13.7 - 15.4)	NS	246	14.3%	(9.8 - 20.4)	6,550	13.8%	(12.7 - 15.1)	NS	353	21.7%	(16.7 - 27.7)	8,047	15.2%	(14.0 - 16.4)	+	No
Average number of days physical health was not good in past 30 days																						
2011	860	3.1	(2.6 - 3.7)	24,901	3.2	(3.0 - 3.3)	NS	337	3.1	(2.2 - 4.0)	10,067	2.9	(2.7 - 3.1)	NS	523	3.2	(2.5 - 3.8)	14,834	3.4	(3.2 - 3.6)	NS	No
2012	599	3.5	(2.7 - 4.4)	18,819	3.2	(3.1 - 3.4)	NS	235	3.0	(1.8 - 4.1)	7,759	2.9	(2.7 - 3.1)	NS	364	4.1	(2.9 - 5.2)	11,060	3.6	(3.4 - 3.8)	NS	No
2013	610	3.6	(2.8 - 4.5)	16,808	3.1	(2.9 - 3.3)	NS	264	3.8	(2.4 - 5.2)	6,877	2.8	(2.5 - 3.0)	NS	346	3.4	(2.5 - 4.4)	9,931	3.4	(3.2 - 3.7)	NS	No
2014	913	3.4	(2.8 - 4.1)	22,024	3.0	(2.9 - 3.1)	NS	401	3.6	(2.6 - 4.6)	9,464	2.8	(2.6 - 3.0)	NS	512	3.3	(2.5 - 4.1)	12,560	3.2	(3.0 - 3.4)	NS	No
2015	683	3.1	(2.4 - 3.7)	17,315	3.1	(3.0 - 3.3)	NS	301	3.3	(2.3 - 4.3)	7,476	2.8	(2.6 - 3.0)	NS	382	2.8	(2.1 - 3.5)	9,839	3.5	(3.3 - 3.7)	NS	No
2016	643	3.8	(3.1 - 4.6)	14,984	3.3	(3.1 - 3.5)	NS	300	4.2	(2.9 - 5.5)	6,561	2.9	(2.6 - 3.1)	NS	343	3.4	(2.6 - 4.2)	8,423	3.7	(3.4 - 4.0)	NS	No
2017	621	4.2	(3.4 - 5.0)	15,127	3.3	(3.2 - 3.5)	NS	314	3.5	(2.5 - 4.4)	6,876	2.9	(2.7 - 3.2)	NS	307	4.9	(3.7 - 6.1)	8,244	3.7	(3.5 - 4.0)	NS	No
2018	596	4.4	(3.5 - 5.4)	14,442	3.4	(3.2 - 3.6)	NS	244	3.3	(2.1 - 4.6)	6,481	3.0	(2.7 - 3.2)	NS	352	5.5	(4.1 - 6.9)	7,951	3.7	(3.5 - 4.0)	+	No
Physical health was not good on 14 or more of the past 30 days																						
2011	860	10.1%	(8.2 - 12.6)	24,901	9.6%	(9.1 - 10.1)	NS	337	10.4%	(7.4 - 14.2)	10,067	9.0%	(8.3 - 9.8)	NS	523	9.9%	(7.5 - 13.2)	14,834	10.1%	(9.4 - 10.8)	NS	No
2012	599	11.2%	(8.2 - 15.2)	18,819	9.8%	(9.2 - 10.4)	NS	235	9.9%	(5.8 - 16.4)	7,759	8.6%	(7.8 - 9.5)	NS	364	12.6%	(8.6 - 18.0)	11,060	11.0%	(10.1 - 11.8)	NS	No
2013	610	10.8%	(8.1 - 14.3)	16,808	9.2%	(8.5 - 9.9)	NS	264	11.1%	(6.9 - 17.3)	6,877	7.9%	(7.0 - 8.9)	NS	346	10.6%	(7.5 - 14.7)	9,931	10.4%	(9.4 - 11.5)	NS	No
2014	913	10.4%	(8.2 - 13.0)	22,024	9.0%	(8.4 - 9.6)	NS	401	11.1%	(7.9 - 15.4)	9,464	8.3%	(7.4 - 9.1)	NS	512	9.7%	(7.1 - 13.0)	12,560	9.7%	(9.0 - 10.5)	NS	No
2015	683	9.5%	(7.3 - 12.3)	17,315	9.6%	(9.0 - 10.3)	NS	301	10.5%	(7.2 - 15.1)	7,476	8.6%	(7.7 - 9.6)	NS	382	8.5%	(5.9 - 12.1)	9,839	10.7%	(9.8 - 11.6)	NS	No
2016	643	12.0%	(9.5 - 15.1)	14,984	9.8%	(9.1 - 10.6)	NS	300	13.8%	(9.9 - 18.9)	6,561	8.4%	(7.4 - 9.4)	+	343	10.3%	(7.4 - 14.1)	8,423	11.2%	(10.2 - 12.3)	NS	No
2017	621	14.0%	(11.2 - 17.5)	15,127	10.3%	(9.6 - 11.1)	+	314	11.8%	(8.2 - 16.5)	6,876	8.8%	(7.9 - 9.8)	NS	307	16.3%	(12.1 - 21.6)	8,244	11.8%	(10.8 - 13.0)	NS	No
2018	596	13.3%	(10.1 - 17.2)	14,442	10.2%	(9.5 - 11.0)	NS	244	8.9%	(5.4 - 14.4)	6,481	8.7%	(7.7 - 9.7)	NS	352	17.5%	(12.8 - 23.6)	7,951	11.8%	(10.8 - 12.9)	NS	No
Average number of days mental health was not good in past 30 days																						
2011	858	3.4	(2.7 - 4.0)	25,036	3.1	(2.9 - 3.2)	NS	332	2.9	(2.1 - 3.8)	10,097	2.5	(2.3 - 2.7)	NS	526	3.8	(2.9 - 4.7)	14,939	3.6	(3.4 - 3.8)	NS	No
2012	592	2.5	(1.8 - 3.2)	18,935	3.0	(2.9 - 3.2)	NS	231	1.7	(0.8 - 2.5)	7,786	2.6	(2.4 - 2.8)	NS	361	3.4	(2.3 - 4.5)	11,149	3.5	(3.3 - 3.7)	NS	No
2013	615	2.7	(1.9 - 3.6)	16,889	3.0	(2.8 - 3.1)	NS	266	2.8	(1.6 - 4.1)	6,889	2.3	(2.1 - 2.6)	NS	349	2.7	(1.6 - 3.7)	10,000	3.5	(3.3 - 3.8)	NS	No
2014	919	2.7	(2.2 - 3.2)	22,132	2.8	(2.6 - 2.9)	NS	402	2.0	(1.4 - 2.7)	9,483	2.3	(2.1 - 2.5)	NS	517	3.3	(2.5 - 4.1)	12,649	3.3	(3.1 - 3.5)	NS	No
2015	690	2.5	(1.8 - 3.1)	17,369	2.9	(2.7 - 3.1)	NS	304	2.2	(1.3 - 3.1)	7,491	2.3	(2.1 - 2.6)	NS	386	2.7	(1.9 - 3.6)	9,878	3.5	(3.2 - 3.7)	NS	No
2016	644	3.1	(2.4 - 3.7)	15,035	3.2	(3.0 - 3.4)	NS	300	2.7	(1.8 - 3.6)	6,568	2.4	(2.1 - 2.6)	NS	344	3.5	(2.6 - 4.4)	8,467	4.0	(3.6 - 4.3)	NS	No
2017	621	3.3	(2.6 - 4.0)	15,179	3.4	(3.3 - 3.6)	NS	312	2.5	(1.6 - 3.4)	6,894	2.7	(2.4 - 2.9)	NS	309	4.0	(2.9 - 5.1)	8,278	4.2	(3.9 - 4.5)	NS	No
2018	591	3.4	(2.6 - 4.1)	14,490	3.6	(3.4 - 3.8)	NS	241	2.6	(1.6 - 3.5)	6,498	2.9	(2.7 - 3.2)	NS	350	4.2	(3.0 - 5.3)	7,979	4.2	(3.9 - 4.5)	NS	No
Mental health was not good on 14 or more of the past 30 days (i.e., frequent mental distress)																						
2011	858	11.0%	(8.6 - 14.0)	25,036	9.2%	(8.7 - 9.7)	NS	332	9.4%	(6.2 - 14.0)	10,097	7.7%	(7.0 - 8.4)	NS	526	12.5%	(9.2 - 16.9)	14,939	10.7%	(9.9 - 11.5)	NS	No
2012	592	7.2%	(4.8 - 10.7)	18,935	9.0%	(8.4 - 9.7)	NS	231	5.0%*	(2.4 - 10.3)	7,786	7.4%	(6.6 - 8.3)	NS	361	9.4%	(5.9 - 14.7)	11,149	10.6%	(9.7 - 11.5)	NS	No
2013	615	9.0%	(6.1 - 13.0)	16,889	8.9%	(8.2 - 9.6)	NS	266	9.2%	(5.1 - 16.1)	6,889	6.8%	(5.9 - 7.9)	NS	349	8.8%	(5.3 - 14.1)	10,000	10.9%	(9.8 - 12.0)	NS	No
2014	919	8.1%	(6.3 - 10.5)	22,132	8.2%	(7.6 - 8.8)	NS	402	5.5%	(3.3 - 8.9)	9,483	6.4%	(5.6 - 7.3)	NS	517	10.7%	(7.9 - 14.3)	12,649	9.9%	(9.0 - 10.8)	NS	No
2015	690	7.2%	(5.0 - 10.2)	17,369	8.9%	(8.2 - 9.6)	NS	304	6.1%	(3.5 - 10.5)	7,491	6.9%	(6.0 - 7.9)	NS	386	8.3%	(5.2 - 13.0)	9,878	10.8%	(9.8 - 11.9)	NS	No
2016	644	9.2%	(6.9 - 12.2)	15,035	9.5%	(8.7 - 10.4)	NS	300	8.4%	(5.3 - 13.0)	6,568	7.0%	(6.0 - 8.1)	NS	344	10.0%	(7.0 - 14.2)	8,467	12.0%	(10.8 - 13.3)	NS	No
2017	621	10.6%	(8.0 - 14.0)	15,179	10.5%	(9.7 - 11.4)	NS	312	8.2%	(5.4 - 12.3)	6,894	7.6%	(6.7 - 8.6)	NS	309	13.0%	(9.0 - 18.6)	8,278	13.4%	(12.2 - 14.7)	NS	No
2018	591	9.7%	(7.1 - 13.2)	14,490	11.2%	(10.4 - 12.1)	NS	241	7.8%	(4.4 - 13.4)	6,498	9.2%	(8.1 - 10.4)	NS	350	11.6%	(7.9 - 16.6)	7,979	13.2%	(12.0 - 14.5)	NS	No
Average days poor physical or mental health limited usual activities in past 30 days																						
2011	864	1.6	(1.2 - 1.9)	25,183	1.9	(1.8 - 2.0)	NS	336	1.5	(1.0 - 2.0)	10,136	1.7	(1.6 - 1.9)	NS	528	1.6	(1.2 - 2.1)	15,047	2.0	(1.9 - 2.1)	NS	No
2012	601	1.8	(1.1 - 2.4)	19,022	2.0	(1.8 - 2.1)	NS	236	0.9*	(0.4 - 1.5)	7,819	1.7	(1.5 - 1.9)	-	365	2.5	(1.5 - 3.6)	11,203	2.2	(2.0 - 2.4)	NS	No
2013	619	2.2	(1.6 - 2.9)	16,986	1.9	(1.7 - 2.0)	NS	269	2.4	(1.3 - 3.6)	6,936	1.7	(1.5 - 1.9)	NS	350	2.1	(1.3 - 2.8)	10,050	2.0	(1.9 - 2.2)	NS	No
2014	932	1.9	(1.5 - 2.4)	22,228	1.8	(1.7 - 1.9)	NS	410	2.1	(1.3 - 2.8)	9,541	1.6	(1.5 - 1.8)	NS	522	1.8	(1.3 - 2.4)	12,687	1.9	(1.8 - 2.1)	NS	No
2015	689	1.8	(1.3 - 2.3)	17,430	1.9	(1.7 - 2.0)	NS	303	2.3	(1.4 - 3.2)	7,529	1.6	(1.4 - 1.8)	NS	386	1.3	(0.9 - 1.8)	9,901	2.1	(1.9 - 2.3)	-	No
2016	648	2.3	(1.7 - 2.9)	15,084	2.0	(1.8 - 2.2)	NS	301	2.7	(1.7 - 3.7)	6,592	1.7	(1.5 - 1.9)	NS	347	1.9	(1.3 - 2.6)	8,492	2.3	(2.1 - 2.6)	NS	No
2017	627	2.1	(1.5 - 2.7)	15,237	2.2	(2.0 - 2.3)	NS	316	1.8	(1.1 -												

Indicators	Overall						Men						Women						LHD Gender Diff. ^o			
	South Heartland			State of NE			Sig ^d	South Heartland			State of NE			Sig ^d	South Heartland			State of NE			Sig ^d	
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b		95% C.I. ^c (Low - High)
Blood Pressure and Cholesterol																						
Had blood pressure checked in past year																						
2011																						
2012																						
2013	278	85.0%	(78.8 - 89.6)	7,804	84.6%	(83.1 - 86.0)	NS	120	80.9%*	(70.5 - 88.2)	3,150	81.2%	(78.8 - 83.4)	NS	158	89.0%	(81.6 - 93.7)	4,654	87.8%	(85.8 - 89.5)	NS	No
2014																						
2015	311	91.4%	(86.4 - 94.7)	7,947	88.0%	(86.6 - 89.2)	NS	145	93.7%*	(88.0 - 96.8)	3,461	85.2%	(83.1 - 87.1)	+	166	89.4%*	(80.8 - 94.4)	4,486	90.6%	(88.8 - 92.2)	NS	No
2016																						
2017	285	89.7%	(84.2 - 93.5)	6,960	86.3%	(84.9 - 87.6)	NS	147	87.5%	(78.9 - 92.9)	3,146	83.0%	(80.7 - 85.1)	NS	138	92.5%*	(85.0 - 96.4)	3,812	89.4%	(87.7 - 91.0)	NS	No
2018																						
Ever told they have high blood pressure (excluding pregnancy) [^]																						
2011	871	35.7%	(31.8 - 39.7)	25,356	28.5%	(27.8 - 29.3)	+	339	39.4%	(33.3 - 45.8)	10,212	30.3%	(29.1 - 31.5)	+	532	32.2%	(27.5 - 37.3)	15,144	26.9%	(25.9 - 27.9)	NS	No
2012																						
2013	621	35.9%	(31.3 - 40.8)	17,085	30.3%	(29.2 - 31.4)	NS	268	38.2%	(31.0 - 45.8)	6,956	32.5%	(30.8 - 34.1)	NS	353	33.7%	(28.1 - 39.9)	10,129	28.2%	(26.9 - 29.6)	NS	No
2014																						
2015	693	34.6%	(30.5 - 38.8)	17,515	29.9%	(28.9 - 30.9)	NS	306	41.1%	(34.8 - 47.6)	7,546	32.6%	(31.1 - 34.2)	+	387	28.1%	(23.4 - 33.4)	9,969	27.2%	(26.0 - 28.5)	NS	Yes
2016																						
2017	634	34.5%	(30.5 - 38.8)	15,320	30.6%	(29.6 - 31.7)	NS	318	35.3%	(29.7 - 41.4)	6,956	33.5%	(31.9 - 35.2)	NS	316	33.7%	(28.2 - 39.8)	8,357	27.8%	(26.4 - 29.2)	NS	No
2018																						
Currently taking blood pressure medication, among those ever told they have high BP																						
2011	361	70.9%	(63.2 - 77.6)	9,505	77.9%	(76.5 - 79.2)	NS	152	64.7%*	(53.7 - 74.3)	3,877	72.0%	(69.8 - 74.1)	NS	209	78.2%*	(67.0 - 86.3)	5,628	84.2%	(82.5 - 85.7)	NS	No
2012																						
2013	262	78.4%	(71.0 - 84.4)	6,747	78.5%	(76.6 - 80.3)	NS	120	77.0%*	(66.2 - 85.2)	2,828	73.1%	(70.2 - 75.9)	NS	142	80.0%*	(68.8 - 87.8)	3,919	84.5%	(82.3 - 86.4)	NS	No
2014																						
2015	277	87.9%	(82.0 - 92.1)	6,685	77.8%	(75.9 - 79.6)	+	130	83.8%	(74.4 - 90.1)	3,016	73.0%	(70.1 - 75.7)	NS	147	93.8%*	(87.5 - 97.1)	3,669	83.4%	(80.9 - 85.6)	+	No
2016																						
2017	255	81.0%	(73.7 - 86.7)	5,886	78.6%	(76.8 - 80.4)	NS	130	80.6%*	(69.9 - 88.1)	2,801	74.0%	(71.3 - 76.6)	NS	125	81.5%*	(70.5 - 89.1)	3,082	84.1%	(81.7 - 86.3)	NS	No
2018																						
Had cholesterol checked in past 5 years ^{##}																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	606	83.6%	(79.4 - 87.1)	14,658	84.4%	(83.4 - 85.3)	NS	309	80.3%	(73.9 - 85.5)	6,659	82.5%	(80.9 - 83.9)	NS	297	87.0%	(81.3 - 91.2)	7,992	86.2%	(84.9 - 87.5)	NS	No
2018																						
Ever told they have high cholesterol, among those who have ever had it checked ^{##}																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	556	34.8%	(30.6 - 39.4)	13,427	31.9%	(30.7 - 33.1)	NS	280	35.1%	(29.1 - 41.5)	6,011	33.0%	(31.3 - 34.8)	NS	276	34.6%	(28.7 - 41.1)	7,409	30.9%	(29.3 - 32.5)	NS	No
2018																						
Currently taking cholesterol medication, among those ever told they have high cholesterol																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	230	59.6%	(52.1 - 66.6)	5,083	60.7%	(58.5 - 62.8)	NS	117	63.7%*	(53.1 - 73.1)	2,274	62.6%	(59.4 - 65.8)	NS	113	55.5%*	(44.9 - 65.6)	2,806	58.7%	(55.7 - 61.6)	NS	No
2018																						

Indicators	Overall					Men					Women					LHD Gender Diff. ^o						
	South Heartland			State of NE		Sig ^d	South Heartland			State of NE		Sig ^d	South Heartland				State of NE		Sig ^d			
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b		95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)
Diabetes																						
Ever told they have diabetes (excluding pregnancy) ^a																						
2011	874	7.8%	(6.2 - 9.9)	25,393	8.4%	(7.9 - 8.8)	NS	340	9.1%	(6.5 - 12.6)	10,222	8.6%	(7.9 - 9.3)	NS	534	6.6%	(4.8 - 9.1)	15,171	8.2%	(7.6 - 8.8)	NS	No
2012	606	9.4%	(6.7 - 12.9)	19,156	8.1%	(7.6 - 8.6)	NS	237	8.3%	(5.1 - 13.1)	7,861	8.3%	(7.6 - 9.1)	NS	369	10.4%	(6.6 - 16.1)	11,295	7.9%	(7.3 - 8.5)	NS	No
2013	622	11.8%	(9.2 - 15.0)	17,110	9.2%	(8.5 - 9.9)	NS	268	13.1%	(9.1 - 18.4)	6,968	10.1%	(9.0 - 11.2)	NS	354	10.5%	(7.5 - 14.6)	10,142	8.3%	(7.5 - 9.2)	NS	No
2014	940	10.8%	(8.8 - 13.1)	22,388	9.2%	(8.6 - 9.7)	NS	416	11.4%	(8.6 - 15.1)	9,598	9.7%	(8.9 - 10.6)	NS	524	10.2%	(7.7 - 13.4)	12,790	8.6%	(7.9 - 9.3)	NS	No
2015	694	9.2%	(7.1 - 11.9)	17,547	8.8%	(8.2 - 9.4)	NS	306	10.0%	(6.9 - 14.3)	7,565	9.0%	(8.2 - 9.9)	NS	388	8.4%	(5.8 - 11.9)	9,982	8.6%	(7.8 - 9.3)	NS	No
2016	652	10.6%	(8.5 - 13.2)	15,171	8.8%	(8.2 - 9.5)	NS	302	11.4%	(8.3 - 15.5)	6,630	8.7%	(7.8 - 9.7)	NS	350	9.9%	(7.2 - 13.5)	8,541	8.9%	(8.1 - 9.8)	NS	No
2017	634	11.0%	(8.7 - 13.8)	15,333	10.1%	(9.5 - 10.8)	NS	318	10.4%	(7.4 - 14.4)	6,962	10.4%	(9.5 - 11.4)	NS	316	11.6%	(8.4 - 15.8)	8,364	9.9%	(9.0 - 10.9)	NS	No
2018	598	9.4%	(7.0 - 12.4)	14,616	9.7%	(9.1 - 10.4)	NS	245	7.7%	(5.1 - 11.6)	6,550	10.2%	(9.3 - 11.2)	NS	353	11.0%	(7.5 - 16.0)	8,052	9.1%	(8.3 - 10.0)	NS	No
Ever told they have pre-diabetes (excluding pregnancy)																						
2011																						
2012																						
2013	327	6.1%	(3.8 - 9.6)	8,549	5.5%	(4.8 - 6.3)	NS	139	7.3%*	(3.9 - 13.3)	3,452	5.9%	(4.8 - 7.2)	NS	188	4.8%*	(2.5 - 9.1)	5,097	5.1%	(4.1 - 6.2)	NS	No
2014	490	6.5%	(4.4 - 9.4)	11,165	5.8%	(5.1 - 6.5)	NS	212	9.6%	(6.0 - 15.2)	4,723	5.8%	(4.8 - 6.9)	NS	278	3.6%	(2.0 - 6.1)	6,442	5.7%	(4.9 - 6.7)	NS	No
2015																						
2016	649	6.0%	(4.3 - 8.5)	14,986	6.0%	(5.5 - 6.6)	NS	301	6.6%	(4.0 - 10.7)	6,547	5.3%	(4.6 - 6.2)	NS	348	5.5%	(3.5 - 8.6)	8,439	6.7%	(5.9 - 7.6)	NS	No
2017	323	5.4%	(3.3 - 8.8)	7,661	5.9%	(5.2 - 6.7)	NS	170	3.6%*	(1.6 - 7.9)	3,497	5.0%	(4.1 - 6.1)	NS	153	7.9%*	(4.3 - 14.2)	4,162	6.8%	(5.7 - 8.0)	NS	No
2018																						
Cancer																						
Ever told they have skin cancer																						
2011	870	7.5%	(6.0 - 9.4)	25,359	5.6%	(5.3 - 6.0)	NS	340	9.0%	(6.5 - 12.2)	10,205	6.3%	(5.8 - 6.8)	NS	530	6.1%	(4.4 - 8.5)	15,154	5.0%	(4.6 - 5.5)	NS	No
2012	604	9.3%	(7.1 - 12.1)	19,133	5.6%	(5.2 - 6.0)	+	236	11.0%	(7.6 - 15.7)	7,859	5.8%	(5.3 - 6.4)	+	368	7.7%	(5.1 - 11.4)	11,274	5.4%	(4.9 - 6.0)	NS	No
2013	620	7.7%	(5.7 - 10.4)	17,087	5.9%	(5.5 - 6.3)	NS	267	7.6%	(5.1 - 11.2)	6,956	6.3%	(5.7 - 7.1)	NS	353	7.8%	(5.0 - 12.2)	10,131	5.4%	(4.9 - 6.0)	NS	No
2014	941	5.9%	(4.6 - 7.5)	22,370	5.7%	(5.4 - 6.1)	NS	416	6.0%	(4.1 - 8.6)	9,586	5.9%	(5.4 - 6.5)	NS	525	5.9%	(4.2 - 8.0)	12,784	5.6%	(5.1 - 6.1)	NS	No
2015	694	7.9%	(6.1 - 10.1)	17,512	6.0%	(5.6 - 6.4)	NS	306	7.8%	(5.4 - 11.1)	7,556	6.4%	(5.7 - 7.0)	NS	388	8.0%	(5.6 - 11.4)	9,956	5.6%	(5.1 - 6.2)	NS	No
2016	651	8.0%	(6.1 - 10.4)	15,150	5.5%	(5.0 - 5.9)	+	301	8.5%	(5.9 - 12.1)	6,616	5.8%	(5.1 - 6.5)	NS	350	7.5%	(5.0 - 11.1)	8,534	5.2%	(4.6 - 5.8)	NS	No
2017	632	5.7%	(4.2 - 7.7)	15,320	5.6%	(5.2 - 6.1)	NS	316	7.7%	(5.3 - 10.9)	6,954	5.9%	(5.3 - 6.6)	NS	316	3.8%	(2.2 - 6.3)	8,359	5.3%	(4.7 - 6.0)	NS	No
2018	598	8.1%	(6.1 - 10.8)	14,604	5.6%	(5.2 - 6.1)	+	246	8.5%	(5.4 - 13.0)	6,540	6.0%	(5.3 - 6.7)	NS	352	7.8%	(5.4 - 11.1)	8,050	5.2%	(4.7 - 5.9)	NS	No
Ever told they have cancer other than skin cancer																						
2011	871	8.4%	(6.6 - 10.7)	25,369	6.6%	(6.2 - 7.0)	NS	340	8.6%	(6.0 - 12.1)	10,219	5.0%	(4.6 - 5.5)	+	531	8.3%	(5.9 - 11.5)	15,150	8.1%	(7.5 - 8.6)	NS	No
2012	604	6.4%	(4.6 - 8.8)	19,136	6.5%	(6.0 - 6.9)	NS	236	5.3%	(3.1 - 8.8)	7,858	5.0%	(4.5 - 5.6)	NS	368	7.5%	(4.9 - 11.3)	11,278	7.9%	(7.2 - 8.5)	NS	No
2013	622	6.8%	(5.0 - 9.2)	17,104	6.8%	(6.3 - 7.3)	NS	269	5.4%	(3.3 - 8.7)	6,965	5.6%	(5.0 - 6.4)	NS	353	8.2%	(5.4 - 12.0)	10,139	8.0%	(7.3 - 8.8)	NS	No
2014	940	7.7%	(6.1 - 9.7)	22,380	6.1%	(5.7 - 6.5)	NS	416	7.3%	(5.1 - 10.3)	9,590	4.6%	(4.1 - 5.1)	+	524	8.1%	(6.0 - 11.0)	12,790	6.6%	(7.0 - 8.3)	NS	No
2015	690	7.5%	(5.7 - 9.8)	17,524	6.9%	(6.4 - 7.3)	NS	304	6.6%	(4.3 - 10.0)	7,557	5.2%	(4.6 - 5.8)	NS	386	8.5%	(6.0 - 11.9)	9,967	8.5%	(7.8 - 9.2)	NS	No
2016	652	8.4%	(6.3 - 11.0)	15,165	6.9%	(6.3 - 7.4)	NS	302	7.8%	(5.1 - 11.8)	6,629	5.5%	(4.9 - 6.2)	NS	350	8.9%	(6.2 - 12.8)	8,536	8.2%	(7.4 - 9.0)	NS	No
2017	633	7.7%	(5.9 - 9.9)	15,335	6.6%	(6.1 - 7.1)	NS	317	6.5%	(4.4 - 9.6)	6,966	5.3%	(4.7 - 6.0)	NS	316	8.8%	(6.2 - 12.4)	8,362	7.8%	(7.1 - 8.6)	NS	No
2018	598	8.1%	(6.2 - 10.5)	14,615	7.1%	(6.6 - 7.6)	NS	246	6.7%	(4.4 - 10.0)	6,556	5.8%	(5.1 - 6.6)	NS	352	9.5%	(6.7 - 13.4)	8,045	8.3%	(7.6 - 9.2)	NS	No
Ever told they have cancer (in any form)																						
2011	867	14.3%	(11.9 - 16.9)	25,315	11.2%	(10.7 - 11.7)	+	340	15.2%	(11.8 - 19.4)	10,192	10.1%	(9.5 - 10.8)	+	527	13.4%	(10.4 - 17.0)	15,123	12.2%	(11.5 - 12.9)	NS	No
2012	602	14.4%	(11.6 - 17.7)	19,100	10.8%	(10.3 - 11.4)	+	235	15.0%	(10.9 - 20.3)	7,846	9.6%	(8.9 - 10.4)	+	367	13.7%	(10.3 - 18.1)	11,254	11.9%	(11.2 - 12.7)	NS	No
2013	619	12.7%	(10.1 - 15.8)	17,062	11.4%	(10.8 - 12.1)	NS	267	11.7%	(8.4 - 16.1)	6,946	10.6%	(9.7 - 11.6)	NS	352	13.6%	(9.9 - 18.3)	10,116	12.3%	(11.4 - 13.2)	NS	No
2014	940	11.7%	(9.8 - 14.0)	22,338	10.7%	(10.2 - 11.2)	NS	416	11.1%	(8.4 - 14.4)	9,568	9.3%	(8.6 - 10.0)	NS	524	12.4%	(9.8 - 15.6)	12,770	12.1%	(11.4 - 12.9)	NS	No
2015	690	13.7%	(11.2 - 16.6)	17,481	11.6%	(11.0 - 12.2)	NS	304	12.5%	(9.2 - 16.7)	7,541	10.2%	(9.5 - 11.1)	NS	386	14.9%	(11.4 - 19.1)	9,940	12.9%	(12.1 - 13.8)	NS	No
2016	651	15.2%	(12.4 - 18.4)	15,132	11.2%	(10.6 - 11.9)	+	301	14.8%	(11.0 - 19.5)	6,607	10.1%	(9.3 - 11.1)	NS	350	15.5%	(11.8 - 20.2)	8,525	12.3%	(11.3 - 13.3)	NS	No
2017	631	12.5%	(10.2 - 15.3)	15,306	11.0%	(10.4 - 11.7)	NS	315	12.9%	(9.7 - 16.9)	6,951	10.0%	(9.1 - 10.9)	NS	316	12.2%	(9.1 - 16.2)	8,348	12.0%	(11.1 - 13.0)	NS	No
2018	598	15.1%	(12.3 - 18.3)	14,589	11.3%	(10.7 - 12.0)	+	246	14.0%	(10.2 - 19.0)	6,538	10.2%	(9.4 - 11.2)	NS	352	16.1%	(12.5 - 20.6)	8,037	12.4%	(11.5 - 13.4)	NS	No
Up-to-date on colon cancer screening, 50-75 year olds ^a																						
2011																						
2012	310	59.9%	(53.1 - 66.4)	9,022	61.1%	(59.6 - 62.5)	NS	121	63.2%*	(52.3 - 72.9)	3,733	58.4%	(56.1 - 60.6)	NS	189	57.1%	(48.4 - 65.3)	5,289	63.6%	(61.7 - 65.4)	NS	No
2013	315	61.0%	(54.6 - 67.0)	7,979	62.8%	(61.1 - 64.4)	NS	133	58.3%	(48.5 - 67.6)	3,275	61.0%	(58.5 - 63.6)	NS	182	63.2%	(54.8 - 70.8)	4,704	64.4%	(62.2 - 66.6)	NS	No
2014	468	62.8%	(57.7 - 67.7)	10,646	64.1%	(62.8 - 65.5)	NS	200	59.6%	(51.7 - 67.0)	4,681	63.0%	(61.0 - 65.1)	NS	268	65.8%	(59.0 - 72.0)	5,965	65.2%	(63.4 - 67.0)	NS	No
2015	325	72.1%	(65.9 - 77.5)	8,007	65.2%	(63.6 - 66.7)	NS	144	68.4%	(58.8 - 76.7)	3,446	63.7%	(61.3 - 66.1)	NS	181	76.0%	(68.6 - 82.2)	4,561	66.6%	(64.6 - 68.5)	+	No
2016	314	63.5%	(57.1 - 69.4)	7,036	66.0%	(64.3 - 67.6)	NS	149	59.9%	(50.3 - 68.7)	3,073	65.2%	(62.8 - 67.6)	NS	165	67.5%	(59.4 - 74.6)	3,963	66.7%	(64.5 - 68.9)	NS	No
2017	295	68.8%	(62.8 - 74.2)	6,807	68.3%	(66.6 - 70.0)	NS	149	71.8%	(63.6 - 78.8)	3,085	67.4%	(64.8 - 69.9)	NS	146	65.8%	(56.9 - 73.6)	3,720	69.2%	(66.9 - 71.4)	NS	No
2018	283	63.5%	(56.8 - 69.6)	6,702	68.7%	(67.1 - 70.3)	NS															

Indicators	Overall					Men					Women					LHD Gender Diff. ^o						
	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b		95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)			n ^a	mean or % ^b	95% C.I. ^c (Low - High)			
Up-to-date on breast cancer screening, female 50-74 year olds ^a																						
2011																						
2012	180	75.8%	(67.3 - 82.7)	5,200	74.9%	(73.2 - 76.5)	NS				180	75.8%	(67.3 - 82.7)	5,200	74.9%	(73.2 - 76.5)	NS					
2013																						
2014	265	71.7%	(65.1 - 77.4)	5,904	76.1%	(74.5 - 77.7)	NS				265	71.7%	(65.1 - 77.4)	5,904	76.1%	(74.5 - 77.7)	NS					
2015																						
2016	164	69.0%	(60.8 - 76.2)	3,914	73.4%	(71.3 - 75.4)	NS				164	69.0%	(60.8 - 76.2)	3,914	73.4%	(71.3 - 75.4)	NS					
2017																						
2018	157	73.1%	(64.0 - 80.7)	3,637	75.4%	(73.3 - 77.3)	NS				157	73.1%	(64.0 - 80.7)	3,637	75.4%	(73.3 - 77.3)	NS					
Up-to-date on cervical cancer screening, female 21-65 year olds ^a																						
2011																						
2012	128	85.6%	(75.9 - 91.8)	5,055	83.9%	(82.5 - 85.2)	NS				128	85.6%	(75.9 - 91.8)	5,055	83.9%	(82.5 - 85.2)	NS					
2013																						
2014	241	79.3%	(72.8 - 84.5)	5,779	81.7%	(80.0 - 83.3)	NS				241	79.3%	(72.8 - 84.5)	5,779	81.7%	(80.0 - 83.3)	NS					
2015																						
2016	165	80.8%	(72.9 - 86.7)	3,814	77.7%	(75.5 - 79.8)	NS				165	80.8%	(72.9 - 86.7)	3,814	77.7%	(75.5 - 79.8)	NS					
2017																						
2018	147	78.4%	(69.2 - 85.5)	3,466	80.9%	(79.0 - 82.7)	NS				147	78.4%	(69.2 - 85.5)	3,466	80.9%	(79.0 - 82.7)	NS					
Arthritis																						
Ever told they have arthritis																						
2011	870	26.2%	(23.1 - 29.6)	25,285	23.4%	(22.8 - 24.1)	NS	337	21.7%	(17.4 - 26.8)	10,184	20.1%	(19.2 - 21.1)	NS	533	30.4%	(26.2 - 35.1)	15,101	26.6%	(25.7 - 27.6)	NS	No
2012	601	30.6%	(26.4 - 35.3)	19,089	24.6%	(23.8 - 25.4)	+	235	29.3%	(23.0 - 36.6)	7,839	21.5%	(20.3 - 22.6)	+	366	31.9%	(26.4 - 37.9)	11,250	27.7%	(26.6 - 28.8)	NS	No
2013	619	28.5%	(24.4 - 32.9)	17,017	24.7%	(23.8 - 25.7)	NS	268	26.6%	(20.7 - 33.5)	6,925	21.6%	(20.2 - 23.0)	NS	351	30.3%	(25.1 - 36.2)	10,092	27.8%	(26.5 - 29.2)	NS	No
2014	939	30.9%	(27.7 - 34.4)	22,307	24.6%	(23.8 - 25.4)	+	415	29.7%	(25.0 - 34.9)	9,560	21.6%	(20.5 - 22.8)	+	524	32.1%	(27.8 - 36.8)	12,747	27.4%	(26.3 - 28.6)	NS	No
2015	691	29.8%	(26.1 - 33.9)	17,472	23.4%	(22.6 - 24.3)	+	305	29.7%	(24.3 - 35.7)	7,540	19.7%	(18.5 - 20.9)	+	386	30.0%	(24.9 - 35.7)	9,932	27.1%	(25.9 - 28.4)	NS	No
2016	649	26.5%	(23.0 - 30.3)	15,137	24.6%	(23.6 - 25.6)	NS	301	23.7%	(18.9 - 29.4)	6,622	21.7%	(20.3 - 23.2)	NS	348	29.2%	(24.2 - 34.7)	8,515	27.4%	(26.0 - 28.8)	NS	No
2017	632	29.2%	(25.5 - 33.2)	15,285	24.0%	(23.0 - 25.0)	+	317	25.6%	(20.9 - 31.0)	6,939	20.6%	(19.3 - 22.0)	NS	315	32.8%	(27.3 - 38.9)	8,339	27.3%	(25.9 - 28.7)	NS	No
2018	599	27.9%	(24.2 - 31.9)	14,575	25.2%	(24.2 - 26.2)	NS	246	22.1%	(17.4 - 27.6)	6,537	21.3%	(19.9 - 22.6)	NS	353	33.6%	(28.1 - 39.6)	8,024	29.1%	(27.7 - 30.5)	NS	Yes
Currently have activity limitations due to arthritis, among those ever told they have arthritis ^a																						
2011	289	47.6%	(40.9 - 54.3)	7,973	45.2%	(43.6 - 46.8)	NS	90	55.2%*	(43.6 - 66.2)	2,711	42.6%	(40.0 - 45.2)	NS	199	42.4%	(34.7 - 50.5)	5,262	47.1%	(45.1 - 49.2)	NS	No
2012																						
2013	206	45.2%	(37.0 - 53.6)	5,460	42.4%	(40.3 - 44.6)	NS	80	49.4%*	(36.2 - 62.7)	1,861	41.0%	(37.4 - 44.6)	NS	126	41.6%*	(32.0 - 51.9)	3,599	43.5%	(40.8 - 46.2)	NS	No
2014																						
2015	231	39.8%	(32.4 - 47.7)	5,146	44.0%	(41.9 - 46.1)	NS	96	39.1%*	(28.6 - 50.7)	1,852	41.9%	(38.6 - 45.3)	NS	135	40.4%*	(30.5 - 51.2)	3,294	45.5%	(42.9 - 48.1)	NS	No
2016																						
2017	212	45.9%	(38.6 - 53.4)	4,782	46.2%	(44.0 - 48.4)	NS	99	47.4%*	(37.0 - 58.1)	1,885	41.1%	(37.8 - 44.5)	NS	113	44.7%*	(34.8 - 55.0)	2,895	50.0%	(47.1 - 52.9)	NS	No
2018																						
Asthma																						
Ever told they have asthma																						
2011	873	10.6%	(8.2 - 13.5)	25,327	11.5%	(10.9 - 12.1)	NS	339	9.4%	(6.5 - 13.5)	10,194	10.5%	(9.6 - 11.3)	NS	534	11.7%	(8.3 - 16.2)	15,133	12.4%	(11.6 - 13.3)	NS	No
2012	604	11.5%	(8.5 - 15.4)	19,105	10.8%	(10.2 - 11.5)	NS	236	8.6%	(5.1 - 14.1)	7,847	9.7%	(8.8 - 10.7)	NS	368	14.3%	(9.8 - 20.4)	11,258	11.9%	(11.1 - 12.9)	NS	No
2013	622	12.4%	(9.4 - 16.2)	17,068	11.2%	(10.5 - 12.0)	NS	268	13.1%	(8.3 - 20.0)	6,946	9.6%	(8.6 - 10.8)	NS	354	11.8%	(8.6 - 15.9)	10,122	12.8%	(11.7 - 13.9)	NS	No
2014	940	12.7%	(10.4 - 15.4)	22,355	12.2%	(11.5 - 13.0)	NS	416	12.1%	(9.0 - 16.2)	9,583	10.8%	(9.8 - 11.9)	NS	524	13.2%	(10.1 - 17.2)	12,772	13.6%	(12.6 - 14.7)	NS	No
2015	691	13.4%	(10.5 - 16.8)	17,492	12.1%	(11.3 - 12.9)	NS	305	11.5%	(7.8 - 16.7)	7,554	10.7%	(9.6 - 12.0)	NS	386	15.2%	(11.2 - 20.3)	9,938	13.4%	(12.3 - 14.5)	NS	No
2016	652	12.0%	(9.3 - 15.3)	15,144	12.4%	(11.5 - 13.4)	NS	302	9.9%	(6.5 - 14.9)	6,622	10.4%	(9.2 - 11.8)	NS	350	14.0%	(10.2 - 18.8)	8,522	14.3%	(13.1 - 15.7)	NS	No
2017	631	16.7%	(13.2 - 20.8)	15,312	12.0%	(11.2 - 12.9)	+	315	12.3%	(8.3 - 17.8)	6,951	10.5%	(9.4 - 11.8)	NS	316	21.0%	(15.7 - 27.4)	8,354	13.5%	(12.4 - 14.7)	+	No
2018	598	14.3%	(11.1 - 18.2)	14,597	13.2%	(12.3 - 14.1)	NS	245	10.9%	(6.9 - 16.8)	6,541	11.0%	(9.9 - 12.3)	NS	353	17.7%	(13.1 - 23.4)	8,042	15.3%	(14.0 - 16.6)	NS	No
Currently have asthma																						
2011	871	7.0%	(5.0 - 9.6)	25,257	7.3%	(6.9 - 7.8)	NS	339	5.3%	(3.3 - 8.6)	10,170	6.0%	(5.4 - 6.7)	NS	532	8.5%	(5.5 - 12.8)	15,087	8.6%	(8.0 - 9.4)	NS	No
2012	603	8.0%	(5.6 - 11.4)	19,053	7.4%	(6.9 - 7.9)	NS	236	5.3%*	(2.9 - 9.5)	7,832	6.1%	(5.4 - 6.9)	NS	367	10.7%	(6.8 - 16.3)	11,221	8.7%	(7.9 - 9.4)	NS	No
2013	620	9.1%	(6.6 - 12.5)	17,024	7.3%	(6.7 - 8.0)	NS	268	9.3%	(5.5 - 15.4)	6,930	5.5%	(4.8 - 6.4)	NS	352	8.9%	(6.1 - 12.7)	10,094	9.1%	(8.2 - 10.0)	NS	No
2014	937	9.1%	(7.1 - 11.5)	22,289	7.7%	(7.2 - 8.3)	NS	415	7.5%	(5.1 - 10.7)	9,562	6.2%	(5.5 - 7.0)	NS	522	10.8%	(7.7 - 14.4)	12,727	9.2%	(8.4 - 10.1)	NS	No
2015	687	7.8%	(5.7 - 10.4)	17,435	7.2%	(6.6 - 7.8)	NS	304	5.6%	(3.4 - 9.0)	7,533	5.4%	(4.7 - 6.2)	NS	383	9.9%	(6.8 - 14.3)	9,902	8.9%	(8.0 - 9.9)	NS	No
2016	651	8.5%	(6.2 - 11.6)	15,116	8.3%	(7.5 - 9.1)	NS	301	6.1%	(3.4 - 10.6)	6,609	6.1%	(5.2 - 7.1)	NS	350	11.0%	(7.6 - 15.6)	8,507	10.4%	(9.3 - 11.6)	NS	No
2017	631	12.9%	(9.8 - 16.9)	15,264	8.2%	(7.5 - 8.9)	+	315	8.9%	(5.4 - 14.2)	6,927	6.1%	(5.3 - 7.0)	NS	316	16.9%	(12.0 - 23.3)	8,330	10.3%	(9.2 - 11.4)	+	No
2018	595	9.8%	(7.2 - 13.2)	14,559	8.9%	(8.1 - 9.6)	NS	243	5.1%*	(2.6 - 9.6)	6,526	6.3%	(5.4 - 7.2)	NS	352	14.5%	(10.3 - 20.1)	8,019	11.4%	(10.3 - 12.6)	NS	Yes

Indicators	Overall					Men					Women					LHD Gender Diff. ^o						
	South Heartland			State of NE		Sig ^d	South Heartland			State of NE		Sig ^d	South Heartland				State of NE		Sig ^d			
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b		95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)
Chronic Obstructive Pulmonary Disease (COPD)																						
Ever told they have COPD																						
2011	866	5.6%	(4.1 - 7.5)	25,280	5.0%	(4.6 - 5.3)	NS	335	5.9%	(3.8 - 9.1)	10,171	4.4%	(3.9 - 4.9)	NS	531	5.3%	(3.5 - 7.8)	15,109	5.5%	(5.0 - 6.0)	NS	No
2012	601	5.4%	(3.8 - 7.8)	19,075	5.3%	(4.9 - 5.8)	NS	234	5.6%	(3.3 - 9.2)	7,832	4.7%	(4.1 - 5.3)	NS	367	5.3%	(3.1 - 8.9)	11,243	6.0%	(5.4 - 6.6)	NS	No
2013	622	7.5%	(5.1 - 10.7)	17,035	5.3%	(4.9 - 5.8)	NS	268	10.3%	(6.3 - 16.5)	6,932	4.8%	(4.2 - 5.5)	+	354	4.7%	(2.9 - 7.7)	10,103	5.8%	(5.2 - 6.6)	NS	No
2014	935	7.8%	(6.1 - 9.8)	22,313	5.8%	(5.3 - 6.2)	NS	413	6.7%	(4.6 - 9.7)	9,555	5.5%	(4.9 - 6.2)	NS	522	8.8%	(6.4 - 12.0)	12,758	6.1%	(5.5 - 6.7)	NS	No
2015	690	6.8%	(5.2 - 9.0)	17,466	5.4%	(5.0 - 5.9)	NS	304	7.7%	(5.2 - 11.3)	7,536	4.8%	(4.2 - 5.4)	NS	386	5.9%	(4.0 - 8.7)	9,930	6.1%	(5.5 - 6.7)	NS	No
2016	648	6.3%	(4.5 - 8.8)	15,119	5.8%	(5.3 - 6.4)	NS	301	6.9%	(4.2 - 11.3)	6,612	5.1%	(4.4 - 6.0)	NS	347	5.7%	(3.7 - 8.7)	8,507	6.5%	(5.7 - 7.4)	NS	No
2017	629	5.8%	(4.2 - 7.8)	15,296	5.7%	(5.2 - 6.2)	NS	316	6.3%	(4.1 - 9.6)	6,941	4.9%	(4.3 - 5.7)	NS	313	5.2%	(3.3 - 8.2)	8,348	6.5%	(5.7 - 7.3)	NS	No
2018	599	7.2%	(5.1 - 10.2)	14,572	6.3%	(5.8 - 6.9)	NS	246	7.0%	(4.0 - 12.0)	6,534	6.1%	(5.4 - 7.0)	NS	353	7.4%	(4.7 - 11.5)	8,024	6.5%	(5.7 - 7.3)	NS	No
Kidney Disease																						
Ever told they have kidney disease																						
2011	873	2.1%	(1.4 - 3.2)	25,345	2.2%	(2.0 - 2.4)	NS	340	1.6%*	(0.8 - 3.1)	10,208	2.1%	(1.8 - 2.5)	NS	533	2.6%	(1.6 - 4.4)	15,137	2.2%	(2.0 - 2.5)	NS	No
2012	604	4.3%	(2.7 - 6.6)	19,122	2.4%	(2.2 - 2.7)	+	235	3.6%*	(1.9 - 6.9)	7,850	2.2%	(1.8 - 2.6)	NS	369	4.9%	(2.7 - 8.6)	11,272	2.7%	(2.3 - 3.1)	NS	No
2013	623	1.5%*	(0.8 - 2.9)	17,080	2.0%	(1.8 - 2.3)	NS	269	1.2%*	(0.3 - 4.1)	6,953	1.9%	(1.5 - 2.4)	NS	354	1.7%*	(0.8 - 3.6)	10,127	2.1%	(1.8 - 2.6)	NS	No
2014	937	3.3%	(2.3 - 4.6)	22,362	2.1%	(1.9 - 2.4)	NS	415	1.9%*	(1.0 - 3.8)	9,586	2.0%	(1.7 - 2.4)	NS	522	4.6%	(3.0 - 6.9)	12,776	2.3%	(2.0 - 2.6)	+	No
2015	692	3.2%	(2.0 - 5.0)	17,502	2.4%	(2.1 - 2.7)	NS	306	1.7%*	(0.6 - 4.7)	7,550	2.2%	(1.8 - 2.7)	NS	386	4.7%	(2.8 - 7.7)	9,952	2.5%	(2.1 - 2.9)	NS	No
2016	650	2.4%	(1.5 - 3.8)	15,150	2.8%	(2.4 - 3.2)	NS	302	1.6%*	(0.7 - 4.0)	6,624	2.2%	(1.8 - 2.8)	NS	348	3.1%	(1.8 - 5.3)	8,526	3.5%	(2.8 - 4.0)	NS	No
2017	633	4.9%	(3.0 - 7.7)	15,295	2.9%	(2.5 - 3.3)	NS	318	3.7%*	(1.9 - 7.1)	6,944	2.2%	(1.8 - 2.7)	NS	315	6.0%*	(3.2 - 11.0)	8,344	3.5%	(3.0 - 4.2)	NS	No
2018	598	3.5%	(2.3 - 5.5)	14,588	2.7%	(2.3 - 3.1)	NS	246	3.9%*	(2.0 - 7.3)	6,540	2.5%	(2.1 - 3.1)	NS	352	3.2%*	(1.7 - 5.8)	8,034	2.8%	(2.4 - 3.4)	NS	No
Tobacco & E-Cigarettes																						
Current cigarette smoking ^a																						
2011	874	16.3%	(13.3 - 19.8)	25,324	20.0%	(19.3 - 20.7)	NS	340	18.4%	(13.7 - 24.2)	10,189	22.1%	(21.0 - 23.3)	NS	534	14.4%	(10.8 - 18.8)	15,135	17.9%	(17.0 - 18.9)	NS	No
2012	602	17.9%	(13.7 - 23.1)	18,985	19.7%	(18.9 - 20.6)	NS	237	20.6%	(14.2 - 28.9)	7,801	21.4%	(20.1 - 22.7)	NS	365	15.3%	(10.3 - 22.0)	11,184	18.1%	(17.0 - 19.2)	NS	No
2013	607	16.3%	(12.6 - 20.9)	16,687	18.5%	(17.5 - 19.5)	NS	261	20.7%	(14.5 - 28.7)	6,790	19.8%	(18.3 - 21.4)	NS	346	12.3%	(8.6 - 17.1)	9,897	17.2%	(15.9 - 18.5)	NS	No
2014	918	16.8%	(13.9 - 20.1)	21,729	17.3%	(16.5 - 18.2)	NS	405	17.7%	(13.6 - 22.7)	9,311	18.5%	(17.3 - 19.9)	NS	513	15.8%	(12.0 - 20.6)	12,418	16.2%	(15.1 - 17.3)	NS	No
2015	679	16.3%	(13.1 - 20.2)	17,079	17.1%	(16.2 - 18.1)	NS	298	17.3%	(12.7 - 23.0)	7,355	18.4%	(17.0 - 19.9)	NS	381	15.4%	(11.1 - 21.1)	9,724	15.8%	(14.7 - 17.1)	NS	No
2016	632	18.0%	(14.7 - 21.7)	14,790	17.0%	(16.0 - 18.1)	NS	293	20.7%	(15.8 - 26.6)	6,463	18.6%	(17.1 - 20.3)	NS	339	15.3%	(11.4 - 20.1)	8,327	15.4%	(14.1 - 16.8)	NS	No
2017	611	14.3%	(11.4 - 17.7)	14,849	15.4%	(14.5 - 16.4)	NS	307	17.3%	(12.9 - 22.7)	6,729	16.4%	(15.0 - 17.8)	NS	304	11.3%	(7.8 - 15.9)	8,114	14.5%	(13.2 - 15.8)	NS	No
2018	580	16.4%	(12.9 - 20.7)	14,140	16.0%	(15.0 - 16.9)	NS	235	15.1%	(10.4 - 21.5)	6,342	17.5%	(16.2 - 19.0)	NS	345	17.7%	(12.9 - 23.8)	7,788	14.5%	(13.2 - 15.8)	NS	No
Attempted to quit smoking in past year, among current cigarette smokers																						
2011	119	47.9%*	(37.1 - 58.9)	4,195	55.6%	(53.5 - 57.7)	NS	54	49.4%*	(34.1 - 64.9)	1,914	53.4%	(50.4 - 56.3)	NS	65	46.0%*	(31.7 - 61.0)	2,281	58.3%	(55.4 - 61.2)	NS	No
2012	77	55.5%*	(40.7 - 69.4)	3,023	57.1%	(54.7 - 59.6)	NS	--	--	--	1,406	55.2%	(51.7 - 58.7)	NS	--	--	--	1,617	59.3%	(55.9 - 62.7)	NS	No
2013	85	62.9%*	(49.7 - 74.4)	2,546	57.1%	(54.1 - 60.2)	NS	--	--	--	1,147	55.9%	(51.5 - 60.3)	NS	--	--	--	1,399	58.5%	(54.3 - 62.6)	NS	No
2014	124	63.2%*	(52.5 - 72.8)	3,241	58.2%	(55.5 - 60.9)	NS	58	69.9%*	(56.3 - 80.8)	1,489	57.9%	(54.0 - 61.8)	NS	66	55.9%*	(40.3 - 70.4)	1,752	58.5%	(54.6 - 62.2)	NS	No
2015	94	57.6%*	(45.6 - 68.7)	2,476	59.1%	(56.1 - 62.0)	NS	--	--	--	1,145	59.2%	(54.8 - 63.5)	NS	--	--	--	1,331	58.9%	(54.8 - 62.9)	NS	No
2016	106	59.8%*	(49.3 - 69.4)	2,181	54.6%	(51.2 - 58.0)	NS	56	60.9%*	(46.4 - 73.7)	1,049	52.7%	(47.9 - 57.5)	NS	50	58.3%*	(43.2 - 71.9)	1,132	56.9%	(52.1 - 61.5)	NS	No
2017	86	53.9%*	(41.9 - 65.4)	2,047	55.6%	(52.2 - 58.9)	NS	51	54.8%*	(39.3 - 69.5)	975	55.8%	(51.1 - 60.5)	NS	--	--	--	1,072	55.3%	(50.5 - 59.9)	NS	No
2018	77	49.2%*	(36.3 - 62.2)	1,911	58.3%	(55.0 - 61.5)	NS	--	--	--	964	55.8%	(51.3 - 60.3)	NS	--	--	--	946	61.1%	(56.3 - 65.6)	NS	No
Current smokeless tobacco use ^a																						
2011	874	5.6%	(3.6 - 8.7)	25,406	5.6%	(5.2 - 6.0)	NS	340	10.8%	(6.9 - 16.6)	10,231	10.5%	(9.7 - 11.4)	NS	534	0.8%*	(0.2 - 3.0)	15,175	0.8%	(0.6 - 1.0)	NS	Yes
2012	604	9.9%	(6.5 - 14.6)	19,041	5.1%	(4.6 - 5.6)	+	236	19.4%	(13.0 - 28.1)	7,828	9.5%	(8.7 - 10.5)	+	368	0.7%*	(0.2 - 2.2)	11,213	0.8%	(0.6 - 1.2)	NS	Yes
2013	608	3.8%	(2.3 - 6.3)	16,732	5.3%	(4.7 - 5.9)	NS	261	6.9%	(4.0 - 11.6)	6,813	10.1%	(9.0 - 11.2)	NS	347	1.0%*	(0.2 - 3.9)	9,919	0.7%	(0.5 - 0.9)	NS	Yes
2014	919	6.3%	(4.6 - 8.6)	21,797	4.7%	(4.2 - 5.1)	NS	405	10.9%	(7.7 - 15.1)	9,340	8.5%	(7.7 - 9.3)	NS	514	1.7%*	(0.8 - 3.9)	12,457	1.0%	(0.7 - 1.3)	NS	Yes
2015	680	6.2%	(4.3 - 8.8)	17,123	5.5%	(4.9 - 6.1)	NS	298	11.8%	(8.2 - 16.7)	7,372	9.9%	(8.9 - 11.1)	NS	382	0.7%*	(0.2 - 2.6)	9,751	1.1%	(0.8 - 1.6)	NS	Yes
2016	635	6.1%	(4.3 - 8.6)	14,830	5.7%	(5.1 - 6.2)	NS	294	11.0%	(7.6 - 15.7)	6,478	10.5%	(9.5 - 11.7)	NS	341	1.2%*	(0.4 - 3.8)	8,352	0.9%	(0.6 - 1.3)	NS	Yes
2017	615	4.8%	(3.3 - 7.0)	14,875	5.3%	(4.8 - 5.9)	NS	310	8.9%	(6.0 - 13.0)	6,740	9.8%	(8.9 - 10.9)	NS	305	0.7%*	(0.2 - 2.7)	8,129	0.9%	(0.6 - 1.3)	NS	Yes
2018	580	8.3%	(5.8 - 11.8)	14,158	5.2%	(4.7 - 5.8)	NS	237	15.7%	(10.8 - 22.2)	6,344	9.1%	(8.2 - 10.2)	+	343	0.9%*	(0.3 - 3.0)	7,804	1.4%	(1.0 - 1.9)	NS	Yes

Indicators	Overall									Men									Women									LHD Gender Diff. ^o
	South Heartland			State of NE			Sig ^d	South Heartland			State of NE			Sig ^d	South Heartland			State of NE			Sig ^d							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)								
Nutrition																												
Consumed sugar-sweetened beverages 1 or more times per day in past 30 days																												
2011																												
2012																												
2013	275	28.4%	(22.4 - 35.2)	7,822	28.5%	(26.8 - 30.3)	NS	118	37.2%*	(27.7 - 47.9)	3,164	35.8%	(33.1 - 38.5)	NS	157	19.6%	(13.1 - 28.4)	4,658	21.7%	(19.7 - 24.0)	NS	No						
2014																												
2015																												
2016																												
2017																												
2018																												
Currently watching or reducing sodium or salt intake																												
2011																												
2012																												
2013	277	56.1%	(49.2 - 62.7)	7,818	46.3%	(44.6 - 48.1)	+	119	54.2%*	(43.9 - 64.2)	3,165	43.4%	(40.8 - 46.0)	NS	158	57.9%	(48.8 - 66.4)	4,653	49.1%	(46.7 - 51.5)	NS	No						
2014																												
2015	310	47.3%	(40.3 - 54.4)	7,892	46.8%	(45.0 - 48.5)	NS	145	48.8%*	(38.2 - 59.4)	3,436	46.0%	(43.4 - 48.6)	NS	165	46.0%	(36.8 - 55.5)	4,456	47.5%	(45.2 - 49.9)	NS	No						
2016																												
2017																												
2018	264	47.2%	(40.2 - 54.4)	6,616	44.0%	(42.3 - 45.8)	NS	104	38.9%*	(29.1 - 49.8)	2,950	43.0%	(40.4 - 45.6)	NS	160	53.8%	(44.2 - 63.0)	3,663	45.0%	(42.6 - 47.4)	NS	No						
Median times per day consumed fruits [#]																												
2011																												
2012																												
2013																												
2014																												
2015																												
2016																												
2017	591	1.0	(0.0 - 1.0)	14,259	1.0	(0.0 - 1.0)	NS	297	1.0	(0.0 - 0.9)	6,436	1.0	(0.0 - 1.0)	NS	294	1.0	(0.0 - 1.0)	7,817	1.1	(0.0 - 1.1)	NS	No						
2018																												
Consumed fruits less than 1 time per day [#]																												
2011																												
2012																												
2013																												
2014																												
2015																												
2016																												
2017	591	36.8%	(32.3 - 41.5)	14,259	36.9%	(35.6 - 38.1)	NS	297	40.2%	(33.8 - 47.0)	6,436	42.0%	(40.1 - 43.8)	NS	294	33.4%	(27.2 - 40.1)	7,817	31.9%	(30.2 - 33.6)	NS	No						
2018																												
Median times per day consumed vegetables [#]																												
2011																												
2012																												
2013																												
2014																												
2015																												
2016																												
2017	581	1.7	(0.0 - 1.6)	14,023	1.7	(0.0 - 1.6)	NS	291	1.7	(0.0 - 1.5)	6,314	1.6	(0.0 - 1.6)	NS	290	1.7	(0.1 - 1.6)	7,703	1.7	(0.0 - 1.7)	NS	No						
2018																												
Consumed vegetables less than 1 time per day [#]																												
2011																												
2012																												
2013																												
2014																												
2015																												
2016																												
2017	581	19.7%	(15.9 - 24.1)	14,023	20.0%	(18.9 - 21.1)	NS	291	18.6%	(13.7 - 24.9)	6,314	21.9%	(20.3 - 23.5)	NS	290	20.7%	(15.4 - 27.3)	7,703	18.1%	(16.7 - 19.6)	NS	No						
2018																												

Indicators	Overall								Men								Women								LHD Gender Diff. ^o
	South Heartland				State of NE				South Heartland				State of NE				South Heartland				State of NE				
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d					
Physical Activity																									
No leisure-time physical activity in past 30 days ^a																									
2011	829	29.2%	(25.5 - 33.2)	NS	24,433	26.3%	(25.5 - 27.1)	NS	319	34.7%	(28.7 - 41.3)	+	9,795	27.2%	(26.0 - 28.5)	NS	510	24.2%	(20.0 - 29.0)	NS	14,638	25.4%	(24.3 - 26.5)	NS	No
2012	606	24.0%	(19.7 - 28.9)	NS	19,153	21.0%	(20.2 - 21.9)	NS	237	27.8%	(21.0 - 35.7)	NS	7,865	20.4%	(19.3 - 21.7)	NS	369	20.3%	(15.3 - 26.4)	NS	11,288	21.6%	(20.5 - 22.8)	NS	No
2013	582	29.5%	(24.6 - 34.9)	NS	16,158	25.3%	(24.2 - 26.4)	NS	246	35.2%	(27.1 - 44.3)	NS	6,567	26.3%	(24.7 - 28.1)	NS	336	24.3%	(19.3 - 30.1)	NS	9,591	24.3%	(22.9 - 25.8)	NS	No
2014	940	26.1%	(23.0 - 29.4)	+	22,397	21.3%	(20.4 - 22.1)	+	415	28.2%	(23.5 - 33.4)	+	9,599	21.2%	(20.0 - 22.5)	+	525	24.0%	(20.1 - 28.5)	NS	12,798	21.4%	(20.2 - 22.5)	NS	No
2015	652	23.4%	(19.7 - 27.6)	NS	16,319	25.3%	(24.3 - 26.4)	NS	286	24.1%	(18.8 - 30.4)	NS	6,997	25.3%	(23.8 - 26.9)	NS	366	22.7%	(17.8 - 28.4)	NS	9,322	25.4%	(24.0 - 26.8)	NS	No
2016	650	26.3%	(22.6 - 30.4)	NS	15,169	22.4%	(21.4 - 23.5)	NS	302	25.0%	(19.9 - 31.0)	NS	6,633	20.7%	(19.3 - 22.3)	NS	348	27.6%	(22.5 - 33.3)	NS	8,536	24.1%	(22.7 - 25.6)	NS	No
2017	587	32.6%	(28.3 - 37.2)	+	14,296	25.4%	(24.3 - 26.8)	+	291	34.7%	(28.5 - 41.4)	+	6,456	25.7%	(24.2 - 27.4)	NS	296	30.6%	(24.9 - 37.0)	NS	7,835	25.0%	(23.5 - 26.5)	NS	No
2018	599	26.5%	(22.6 - 30.9)	NS	14,615	23.8%	(22.8 - 24.8)	NS	246	24.5%	(19.1 - 30.8)	NS	6,549	23.1%	(21.7 - 24.6)	NS	353	28.6%	(23.1 - 34.7)	NS	8,053	24.3%	(22.9 - 25.8)	NS	No
Met aerobic physical activity recommendation ^a																									
2011	799	49.1%	(44.7 - 53.5)	NS	23,735	49.0%	(48.0 - 49.9)	NS	307	46.8%	(40.0 - 53.8)	NS	9,544	47.2%	(45.8 - 48.6)	NS	492	51.1%	(45.5 - 56.8)	NS	14,191	50.6%	(49.4 - 51.9)	NS	No
2012																									
2013	560	46.2%	(40.8 - 51.7)	NS	15,730	50.1%	(48.8 - 51.4)	NS	237	40.4%	(32.6 - 48.8)	NS	6,416	48.8%	(46.9 - 50.7)	NS	323	51.6%	(44.6 - 58.6)	NS	9,314	51.4%	(49.7 - 53.1)	NS	No
2014																									
2015	641	53.1%	(48.4 - 57.9)	NS	15,878	51.3%	(50.0 - 52.5)	NS	280	52.4%	(45.5 - 59.1)	NS	6,832	51.1%	(49.2 - 53.0)	NS	361	53.9%	(47.3 - 60.4)	NS	9,046	51.4%	(49.8 - 53.1)	NS	No
2016																									
2017	566	46.1%	(41.3 - 50.9)	NS	13,922	49.4%	(48.1 - 50.7)	NS	284	43.8%	(37.3 - 50.6)	NS	6,309	48.8%	(46.9 - 50.7)	NS	282	48.3%	(41.5 - 55.1)	NS	7,613	49.9%	(48.1 - 51.7)	NS	No
2018																									
Met muscle strengthening recommendation ^a																									
2011	819	24.2%	(20.5 - 28.4)	NS	24,204	28.1%	(27.3 - 29.0)	NS	314	22.7%	(17.2 - 29.3)	-	9,697	32.0%	(30.6 - 33.4)	-	505	25.6%	(20.7 - 31.1)	NS	14,507	24.5%	(23.4 - 25.6)	NS	No
2012																									
2013	577	22.7%	(18.5 - 27.6)	NS	16,021	28.4%	(27.2 - 29.6)	NS	242	21.4%	(15.4 - 29.1)	-	6,499	31.0%	(29.2 - 32.8)	-	335	23.9%	(18.3 - 30.4)	NS	9,522	26.0%	(24.5 - 27.6)	NS	No
2014																									
2015	638	25.7%	(21.4 - 30.4)	NS	16,117	31.2%	(30.1 - 32.5)	NS	281	29.8%	(23.7 - 36.8)	NS	6,893	34.9%	(33.1 - 36.8)	NS	357	21.5%	(16.0 - 28.3)	NS	9,224	27.7%	(26.2 - 29.3)	NS	No
2016																									
2017	576	20.9%	(17.2 - 25.1)	-	14,103	29.8%	(28.6 - 31.1)	-	286	24.1%	(18.8 - 30.4)	NS	6,366	32.2%	(30.4 - 34.0)	NS	290	17.8%	(13.1 - 23.6)	NS	7,732	27.5%	(25.9 - 29.2)	-	No
2018																									
Met both aerobic physical activity and muscle strengthening recommendations ^a																									
2011	794	17.4%	(14.0 - 21.4)	NS	23,567	19.0%	(18.2 - 19.8)	NS	305	16.8%	(11.8 - 23.3)	NS	9,477	19.7%	(18.5 - 20.9)	NS	489	18.0%	(13.7 - 23.3)	NS	14,090	18.4%	(17.4 - 19.4)	NS	No
2012																									
2013	560	14.1%	(10.6 - 18.3)	NS	15,635	18.8%	(17.8 - 19.9)	NS	237	11.6%	(7.2 - 18.2)	NS	6,366	19.4%	(17.9 - 21.0)	NS	323	16.3%	(11.6 - 22.5)	NS	9,269	18.2%	(16.8 - 19.6)	NS	No
2014																									
2015	629	18.7%	(14.9 - 23.3)	NS	15,724	21.8%	(20.7 - 22.9)	NS	276	21.2%	(15.6 - 28.0)	NS	6,757	23.3%	(21.6 - 25.1)	NS	353	16.3%	(11.5 - 22.7)	NS	8,967	20.3%	(18.9 - 21.7)	NS	No
2016																									
2017	559	14.3%	(11.3 - 17.8)	-	13,779	19.1%	(18.0 - 20.1)	-	280	15.8%	(11.7 - 20.9)	NS	6,239	19.7%	(18.3 - 21.3)	NS	279	12.8%	(8.8 - 18.2)	NS	7,540	18.4%	(17.0 - 19.9)	NS	No
2018																									
Walk for at least 10 minutes at a time for any reason during a usual week																									
2011																									
2012																									
2013																									
2014																									
2015	312	87.4%	(82.3 - 91.2)	NS	7,895	84.6%	(83.3 - 85.8)	NS	146	86.4%	(77.8 - 92.0)	NS	3,442	84.2%	(82.2 - 86.0)	NS	166	88.3%	(81.4 - 92.9)	NS	4,453	85.1%	(83.4 - 86.6)	NS	No
2016																									
2017	280	82.0%	(76.3 - 86.5)	NS	6,914	84.8%	(83.5 - 86.0)	NS	147	83.7%	(75.2 - 89.7)	NS	3,134	84.0%	(82.0 - 85.8)	NS	133	79.7%	(71.5 - 86.0)	NS	3,778	85.6%	(83.9 - 87.2)	NS	No
2018																									
Have access to safe places to walk in their neighborhood																									
2011																									
2012																									
2013																									
2014																									
2015	310	85.1%	(79.8 - 89.2)	NS	7,893	88.4%	(87.2 - 89.4)	NS	144	89.4%	(82.6 - 93.8)	NS	3,439	88.8%	(87.2 - 90.3)	NS	166	81.3%	(72.9 - 87.5)	NS	4,454	87.9%	(86.3 - 89.3)	NS	No
2016																									
2017	282	86.9%	(81.7 - 90.8)	NS	6,927	88.3%	(87.3 - 89.2)	NS	147	89.2%	(81.7 - 93.8)	NS	3,137	89.2%	(87.7 - 90.5)	NS	135	84.1%	(75.7 - 89.9)	NS	3,788	87.4%	(85.9 - 88.7)	NS	No
2018																									

Indicators	Overall							Men							Women							LHD Gender Diff. ^o
	South Heartland			State of NE			Sig ^d	South Heartland			State of NE			Sig ^d	South Heartland			State of NE			Sig ^d	
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		
Injury																						
Always wear a seatbelt when driving or riding in a car ^h																						
2011	822	62.8%	(58.4 - 67.0)	24,208	71.3%	(70.5 - 72.1)	-	315	50.7%	(43.9 - 57.4)	9,683	63.7%	(62.4 - 65.0)	-	507	73.5%	(68.1 - 78.3)	14,525	78.6%	(77.5 - 79.5)	NS	Yes
2012	598	60.6%	(55.0 - 66.0)	18,851	69.7%	(68.7 - 70.6)	-	232	46.6%	(38.4 - 54.9)	7,731	61.7%	(60.2 - 63.2)	-	366	74.1%	(67.1 - 80.1)	11,120	77.3%	(76.1 - 78.4)	NS	Yes
2013	577	65.7%	(60.5 - 70.6)	16,053	74.1%	(73.0 - 75.2)	-	244	50.2%	(41.8 - 58.6)	6,520	67.0%	(65.3 - 68.7)	-	333	80.0%	(74.2 - 84.8)	9,533	80.8%	(79.5 - 82.1)	NS	Yes
2014	912	59.0%	(55.1 - 62.8)	21,599	72.4%	(71.5 - 73.3)	-	401	50.8%	(45.1 - 56.4)	9,241	64.7%	(63.2 - 66.2)	-	511	67.1%	(61.7 - 72.0)	12,358	79.8%	(78.7 - 80.9)	-	Yes
2015	640	62.5%	(57.6 - 67.2)	16,136	75.4%	(74.4 - 76.4)	-	279	55.3%	(48.3 - 62.1)	6,900	68.2%	(66.5 - 69.9)	-	361	69.7%	(62.9 - 75.7)	9,236	82.3%	(81.1 - 83.4)	-	Yes
2016	626	65.9%	(61.3 - 70.2)	14,628	73.8%	(72.7 - 74.9)	-	291	58.3%	(51.6 - 64.7)	6,370	66.8%	(65.0 - 68.5)	-	335	73.4%	(66.9 - 79.0)	8,258	80.6%	(79.2 - 81.8)	-	Yes
2017	580	65.1%	(60.3 - 69.5)	14,160	76.3%	(75.2 - 77.3)	-	287	58.3%	(51.5 - 64.9)	6,393	70.4%	(68.8 - 72.0)	-	293	71.5%	(64.9 - 77.3)	7,762	82.0%	(80.7 - 83.3)	-	Yes
2018	575	66.4%	(61.6 - 70.9)	13,968	75.2%	(74.1 - 76.2)	-	235	57.2%	(49.8 - 64.3)	6,256	69.0%	(67.4 - 70.6)	-	340	75.6%	(69.5 - 80.9)	7,702	81.1%	(79.8 - 82.4)	NS	Yes
Texted while driving in past 30 days																						
2011																						
2012	286	21.0%	(15.4 - 28.0)	11,451	26.8%	(25.6 - 27.9)	NS	116	26.9%*	(17.7 - 38.8)	4,757	29.2%	(27.5 - 31.0)	NS	170	15.9%	(10.2 - 24.1)	6,694	24.4%	(22.8 - 26.0)	NS	No
2013																						
2014																						
2015	310	22.7%	(16.9 - 29.7)	7,620	24.9%	(23.3 - 26.6)	NS	125	23.6%*	(15.5 - 34.1)	3,209	27.6%	(25.0 - 30.3)	NS	185	21.8%*	(14.1 - 32.2)	4,411	22.3%	(20.3 - 24.4)	NS	No
2016																						
2017	262	28.2%	(22.1 - 35.3)	6,452	26.6%	(24.9 - 28.4)	NS	125	33.4%*	(24.3 - 44.0)	2,894	29.9%	(27.4 - 32.6)	NS	137	22.5%	(15.2 - 32.1)	3,555	23.4%	(21.2 - 25.8)	NS	No
2018																						
Talked on a cell phone while driving in past 30 days																						
2011																						
2012	287	60.7%	(53.9 - 67.1)	11,424	69.1%	(68.0 - 70.2)	-	116	66.5%*	(56.3 - 75.4)	4,742	71.5%	(69.9 - 73.2)	NS	171	55.8%	(46.9 - 64.3)	6,682	66.7%	(65.2 - 68.2)	-	No
2013																						
2014																						
2015	304	67.6%	(60.8 - 73.7)	7,604	67.0%	(65.3 - 68.6)	NS	122	75.8%	(65.9 - 83.6)	3,203	71.0%	(68.5 - 73.3)	NS	182	59.6%	(50.3 - 68.3)	4,401	63.1%	(60.8 - 65.2)	NS	No
2016																						
2017	263	66.2%	(59.8 - 72.0)	6,436	66.5%	(64.8 - 68.2)	NS	127	69.0%	(59.5 - 77.2)	2,888	71.2%	(68.7 - 73.6)	NS	136	63.0%	(54.1 - 71.1)	3,545	61.9%	(59.5 - 64.3)	NS	No
2018																						
Had a fall in past year, aged 45 years and older																						
2011																						
2012	480	30.1%	(25.4 - 35.1)	13,738	28.8%	(27.7 - 29.9)	NS	180	27.8%	(20.8 - 35.9)	5,384	26.9%	(25.3 - 28.5)	NS	300	32.1%	(26.2 - 38.6)	8,354	30.5%	(29.1 - 31.9)	NS	No
2013																						
2014	665	29.7%	(25.9 - 33.7)	15,671	26.1%	(25.1 - 27.1)	NS	279	32.1%	(26.2 - 38.5)	6,513	24.5%	(23.0 - 26.1)	+	386	27.5%	(22.9 - 32.6)	9,158	27.6%	(26.2 - 29.0)	NS	No
2015																						
2016	446	25.9%	(21.7 - 30.5)	10,369	29.0%	(27.7 - 30.3)	NS	206	23.3%	(17.6 - 30.1)	4,333	28.1%	(26.2 - 30.1)	NS	240	28.5%	(22.8 - 35.0)	6,036	29.7%	(28.0 - 31.5)	NS	No
2017																						
2018	418	22.2%	(18.1 - 26.9)	9,873	25.3%	(24.0 - 26.5)	NS	161	19.5%	(14.0 - 26.4)	4,281	23.3%	(21.5 - 25.1)	NS	257	24.6%	(19.0 - 31.2)	5,586	27.1%	(25.4 - 28.9)	NS	No
Injured due to a fall in past year, aged 45 years and older																						
2011																						
2012	479	11.8%	(8.7 - 15.7)	13,719	9.9%	(9.2 - 10.6)	NS	179	8.9%	(5.0 - 15.4)	5,377	7.7%	(6.7 - 8.7)	NS	300	14.2%	(10.1 - 19.8)	8,342	11.8%	(10.9 - 12.9)	NS	No
2013																						
2014	664	11.5%	(9.0 - 14.6)	15,647	8.8%	(8.2 - 9.5)	NS	278	12.1%	(8.3 - 17.3)	6,502	6.8%	(6.0 - 7.7)	+	386	10.9%	(7.9 - 15.0)	9,145	10.6%	(9.7 - 11.6)	NS	No
2015																						
2016	446	8.8%	(6.3 - 12.0)	10,367	10.1%	(9.3 - 11.0)	NS	206	8.9%	(5.4 - 14.1)	4,333	7.8%	(6.8 - 9.0)	NS	240	8.7%	(5.7 - 13.1)	6,034	12.2%	(11.0 - 13.6)	NS	No
2017																						
2018																						
Mental Health																						
Ever told they have depression																						
2011	870	19.6%	(16.5 - 23.2)	25,333	16.8%	(16.2 - 17.5)	NS	338	13.9%	(10.0 - 18.9)	10,198	11.5%	(10.7 - 12.4)	NS	532	25.0%	(20.4 - 30.2)	15,135	22.0%	(21.0 - 23.0)	NS	Yes
2012	605	13.8%	(10.4 - 18.1)	19,115	16.7%	(16.0 - 17.5)	NS	237	8.9%	(5.6 - 13.9)	7,853	12.4%	(11.4 - 13.5)	NS	368	18.6%	(13.2 - 25.5)	11,262	20.9%	(19.8 - 22.1)	NS	No
2013	623	18.5%	(14.6 - 23.1)	17,065	18.2%	(17.3 - 19.2)	NS	269	15.0%	(9.9 - 22.2)	6,940	12.9%	(11.6 - 14.2)	NS	354	21.9%	(16.6 - 28.2)	10,125	23.4%	(22.0 - 24.8)	NS	No
2014	937	20.7%	(17.8 - 23.9)	22,346	17.7%	(16.9 - 18.6)	NS	416	14.7%	(11.1 - 19.1)	9,582	13.0%	(11.8 - 14.2)	NS	521	26.5%	(22.2 - 31.4)	12,764	22.3%	(21.1 - 23.5)	NS	Yes
2015	691	19.1%	(15.7 - 23.2)	17,485	17.5%	(16.7 - 18.5)	NS	303	12.1%	(8.4 - 17.2)	7,534	12.4%	(11.3 - 13.7)	NS	388	25.9%	(20.5 - 32.2)	9,951	22.5%	(21.2 - 23.8)	NS	Yes
2016	651	20.5%	(17.1 - 24.4)	15,138	17.8%	(16.8 - 18.8)	NS	307	17.4%	(12.9 - 23.1)	6,609	12.1%	(10.9 - 13.4)	NS	349	23.5%	(18.7 - 29.1)	8,529	23.4%	(21.8 - 25.0)	NS	No
2017	633	22.3%	(18.7 - 26.4)	15,299	19.4%	(18.5 - 20.5)	NS	317	15.8%	(11.5 - 21.2)	6,937	13.0%	(11.8 - 14.2)	NS	316	28.8%	(23.2 - 35.0)	8,355	25.8%	(24.3 - 27.3)	NS	Yes
2018	598	18.3%	(15.0 - 22.2)	14,608	17.3%	(16.3 - 18.3)	NS	246	12.3%	(8.3 - 18.0)	6,549	11.5%	(10.3 - 12.8)	NS	352	24.3%	(19.4 - 30.0)	8,045	22.9%	(21.5 - 24.5)	NS	Yes

Indicators	Overall					Men					Women					LHD Gender Diff. ^o							
	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d								
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b		95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)									
Had all permanent teeth extracted due to tooth decay or gum disease, aged 65 years and older																							
2011																							
2012	254	15.2%	(10.4 - 21.8)	6,502	13.4%	(12.3 - 14.5)	NS	89	13.5%*	(6.6 - 25.4)	2,313	12.0%	(10.3 - 13.9)	NS	165	16.8%	(10.9 - 25.1)	4,189	14.4%	(13.0 - 16.0)	NS	No	
2013																							
2014	325	15.3%	(11.5 - 20.0)	7,657	14.1%	(13.0 - 15.2)	NS	136	9.5%	(5.4 - 16.1)	3,010	14.4%	(12.8 - 16.3)	NS	189	20.5%	(14.9 - 27.6)	4,647	13.8%	(12.5 - 15.2)	NS	No	
2015																							
2016	229	14.9%	(10.2 - 21.2)	5,179	13.2%	(11.9 - 14.6)	NS	104	15.9%*	(8.9 - 26.8)	1,993	10.6%	(9.0 - 12.5)	NS	125	13.8%	(8.6 - 21.5)	3,186	15.3%	(13.5 - 17.3)	NS	No	
2017																							
2018	237	14.4%	(9.7 - 21.0)	5,274	12.3%	(11.1 - 13.6)	NS	93	19.6%*	(11.6 - 31.1)	2,202	11.4%	(9.7 - 13.3)	NS	144	9.1%	(5.2 - 15.5)	3,070	13.1%	(11.4 - 14.9)	NS	No	
Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds ^a																							
2011																							
2012	108	14.0%*	(7.3 - 25.3)	3,149	11.3%	(9.9 - 12.8)	NS	**	**	**	**	1,268	9.3%	(7.5 - 11.4)		65	11.5%*	(5.4 - 22.7)	1,881	13.1%	(11.1 - 15.3)	NS	
2013																							
2014	184	12.4%	(8.0 - 18.8)	4,089	10.9%	(9.6 - 12.3)	NS	86	7.3%*	(3.3 - 15.3)	1,804	12.0%	(9.9 - 14.4)	NS	98	17.7%*	(10.5 - 28.3)	2,285	9.8%	(8.3 - 11.7)	NS	No	
2015																							
2016	129	12.2%	(7.4 - 19.4)	2,815	10.4%	(9.0 - 12.0)	NS	64	8.2%*	(3.4 - 18.4)	1,168	8.8%	(6.9 - 11.2)	NS	65	16.6%*	(9.0 - 28.7)	1,647	11.8%	(9.9 - 14.1)	NS	No	
2017																							
2018	126	11.2%*	(6.0 - 19.9)	2,948	9.3%	(7.9 - 10.8)	NS	57	15.7%*	(7.5 - 30.1)	1,319	9.2%	(7.4 - 11.4)	NS	69	6.0%*	(2.2 - 15.5)	1,629	9.3%	(7.5 - 11.5)	NS	No	
Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016	589	63.4%	(58.5 - 67.9)	13,764	67.4%	(66.1 - 68.6)	NS	267	57.1%	(49.9 - 64.0)	6,092	63.9%	(62.0 - 65.8)	NS	322	69.2%	(62.9 - 74.9)	7,672	70.8%	(69.1 - 72.5)	NS	No	
2017																							
2018	550	60.5%	(55.4 - 65.4)	13,356	65.8%	(64.6 - 67.0)	NS	222	58.4%	(50.6 - 65.8)	6,015	61.2%	(59.3 - 63.0)	NS	328	62.6%	(55.9 - 68.8)	7,328	70.3%	(68.7 - 72.0)	NS	No	
Eye Care Access and Utilization																							
No health insurance coverage for eye care, aged 40 years and older																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016	109	50.8%*	(39.4 - 62.2)	2,824	42.1%	(39.4 - 44.8)	NS	51	56.4%*	(39.9 - 71.6)	1,204	42.5%	(38.4 - 46.8)	NS	58	45.9%*	(30.8 - 61.8)	1,620	41.6%	(38.2 - 45.2)	NS	No	
2017	451	49.2%	(44.1 - 54.4)	10,552	43.6%	(42.1 - 45.0)	NS	222	47.6%	(40.5 - 54.8)	4,602	44.1%	(41.9 - 46.2)	NS	229	50.7%	(43.3 - 58.1)	5,945	43.1%	(41.2 - 45.0)	NS	No	
2018	431	53.1%	(47.5 - 58.5)	10,057	43.6%	(42.2 - 45.0)	+	170	51.2%	(42.9 - 59.4)	4,350	43.0%	(40.9 - 45.1)	NS	261	54.8%	(47.4 - 62.0)	5,702	44.1%	(42.2 - 46.0)	+	No	
Had eye exam by doctor or eye care provider in past year, aged 40 years and older																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016	111	66.1%*	(54.9 - 75.7)	2,863	61.4%	(58.6 - 64.1)	NS	51	65.5%*	(49.3 - 78.7)	1,220	58.2%	(53.9 - 62.4)	NS	60	66.6%*	(50.6 - 79.5)	1,643	64.2%	(60.6 - 67.7)	NS	No	
2017	458	60.3%	(55.1 - 65.3)	10,704	61.4%	(59.9 - 62.8)	NS	225	56.7%	(49.4 - 63.6)	4,670	57.9%	(55.7 - 60.0)	NS	233	63.6%	(56.1 - 70.5)	6,029	64.5%	(62.6 - 66.4)	NS	No	
2018	439	62.4%	(56.9 - 67.6)	10,199	62.1%	(60.7 - 63.6)	NS	171	62.8%	(54.3 - 70.6)	4,413	59.6%	(57.4 - 61.7)	NS	268	62.1%	(54.8 - 68.8)	5,780	64.5%	(62.6 - 66.3)	NS	No	
Social Context																							
Housing insecurity in past year, among those who own or rent their home ^a																							
2011																							
2012	264	26.7%	(19.8 - 34.9)	6,089	26.6%	(25.0 - 28.3)	NS	99	26.2%*	(16.4 - 39.1)	2,481	24.7%	(22.3 - 27.3)	NS	165	27.1%*	(18.2 - 38.4)	3,608	28.5%	(26.3 - 30.8)	NS	No	
2013	261	26.1%	(20.1 - 33.2)	7,324	28.8%	(27.1 - 30.5)	NS	111	25.3%*	(16.5 - 36.7)	2,961	25.0%	(22.5 - 27.7)	NS	150	26.9%	(19.3 - 36.1)	4,363	32.3%	(30.0 - 34.7)	NS	No	
2014																							
2015	301	23.7%	(17.7 - 30.9)	7,461	28.5%	(26.8 - 30.2)	NS	120	22.6%*	(14.1 - 34.2)	3,109	26.6%	(24.2 - 29.2)	NS	181	24.7%	(17.0 - 34.5)	4,352	30.3%	(28.1 - 32.5)	NS	No	
2016																							
2017																							
2018																							

Indicators	Overall							Men							Women							LHD Gender Diff. ^e
	South Heartland			State of NE			Sig ^d	South Heartland			State of NE			Sig ^d	South Heartland			State of NE			Sig ^d	
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		
Food insecurity in past year^a																						
2011																						
2012	297	18.6%	(12.9 - 26.2)	6,621	17.6%	(16.2 - 19.0)	NS	111	12.8%*	(6.2 - 24.6)	2,684	13.9%	(12.1 - 16.0)	NS	186	23.8%*	(15.6 - 34.5)	3,937	21.1%	(19.1 - 23.2)	NS	No
2013	276	16.2%	(11.5 - 22.5)	7,828	19.0%	(17.6 - 20.6)	NS	119	11.0%*	(5.4 - 21.1)	3,159	15.4%	(13.4 - 17.7)	NS	157	21.5%	(14.7 - 30.3)	4,669	22.5%	(20.5 - 24.6)	NS	No
2014																						
2015	321	16.5%	(11.6 - 23.0)	7,918	21.0%	(19.5 - 22.5)	NS	130	15.9%*	(8.7 - 27.3)	3,309	17.9%	(15.8 - 20.2)	NS	191	17.1%	(11.3 - 25.0)	4,609	24.0%	(22.1 - 26.1)	NS	No
2016																						
2017																						
2018																						
Caregiving																						
Provided regular care/assistance in past month to friend or family member with health issue																						
2011																						
2012																						
2013																						
2014																						
2015	309	27.0%	(21.0 - 33.9)	7,883	24.7%	(23.2 - 26.2)	NS	144	20.0%	(13.1 - 29.2)	3,434	21.1%	(19.1 - 23.4)	NS	165	33.1%*	(24.4 - 43.1)	4,449	28.0%	(25.9 - 30.2)	NS	No
2016																						
2017																						
2018																						
Cognitive Decline																						
Experienced more or worsening confusion or memory loss in past year, aged 45 years and older																						
2011																						
2012																						
2013																						
2014																						
2015	225	10.5%	(6.7 - 16.1)	5,767	9.4%	(8.4 - 10.5)	NS	108	7.2%*	(3.5 - 14.4)	2,436	10.2%	(8.7 - 12.0)	NS	117	13.7%	(7.9 - 22.8)	3,331	8.6%	(7.3 - 10.2)	NS	No
2016																						
2017																						
2018																						
Inadequate Sleep																						
Get less than 7 hours of sleep per day																						
2011																						
2012																						
2013	618	29.6%	(24.7 - 35.0)	16,972	31.8%	(30.6 - 33.0)	NS	269	35.1%	(27.2 - 43.9)	6,927	32.6%	(30.8 - 34.4)	NS	349	24.1%	(18.9 - 30.3)	10,045	31.0%	(29.5 - 32.6)	NS	No
2014	932	29.6%	(26.0 - 33.3)	22,172	30.0%	(29.0 - 31.0)	NS	412	29.2%	(24.2 - 34.8)	9,527	30.7%	(29.2 - 32.2)	NS	520	29.9%	(25.1 - 35.2)	12,645	29.4%	(28.1 - 30.7)	NS	No
2015																						
2016	649	28.0%	(24.2 - 32.2)	15,097	29.6%	(28.4 - 30.8)	NS	301	28.1%	(22.8 - 34.2)	6,610	29.7%	(27.9 - 31.5)	NS	348	28.0%	(22.7 - 33.9)	8,487	29.5%	(27.9 - 31.2)	NS	No
2017																						
2018	596	30.5%	(26.2 - 35.1)	14,535	31.6%	(30.4 - 32.8)	NS	245	27.7%	(21.7 - 34.6)	6,516	32.3%	(30.6 - 34.1)	NS	351	33.3%	(27.5 - 39.6)	8,006	30.9%	(29.3 - 32.5)	NS	No
Average hours of sleep per day																						
2011																						
2012																						
2013	618	7.2	(7.1 - 7.4)	16,972	7.1	(7.0 - 7.1)	NS	269	7.1	(6.9 - 7.3)	6,927	7.0	(7.0 - 7.1)	NS	349	7.3	(7.1 - 7.5)	10,045	7.1	(7.0 - 7.1)	NS	No
2014	932	7.1	(7.0 - 7.2)	22,172	7.1	(7.0 - 7.1)	NS	412	7.1	(7.0 - 7.3)	9,527	7.0	(7.0 - 7.1)	NS	520	7.1	(7.0 - 7.3)	12,645	7.1	(7.1 - 7.1)	NS	No
2015																						
2016	649	7.1	(7.0 - 7.2)	15,097	7.1	(7.1 - 7.1)	NS	301	7.2	(7.0 - 7.4)	6,610	7.1	(7.0 - 7.2)	NS	348	7.0	(6.9 - 7.2)	8,487	7.1	(7.1 - 7.2)	NS	No
2017																						
2018	596	7.0	(6.9 - 7.1)	14,535	7.1	(7.0 - 7.1)	NS	245	7.0	(6.9 - 7.2)	6,516	7.0	(7.0 - 7.1)	NS	351	7.0	(6.8 - 7.2)	8,006	7.1	(7.0 - 7.1)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^o							
	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d								
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b		95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)			n ^a	mean or % ^b	95% C.I. ^c (Low - High)				
Occupational Safety and Health																							
Work-related injury or illness in past year, among employed or recently out of work																							
2011																							
2012																							
2013	182	7.2%*	(3.7 - 13.5)	4,952	4.8%	(3.9 - 5.8)	NS	77	11.8%*	(5.6 - 23.4)	2,246	6.1%	(4.8 - 7.7)	NS	105	2.3%* (0.6 - 8.1)	2,706	3.3%	(2.2 - 4.9)	NS	No		
2014	281	5.8%*	(3.1 - 10.7)	6,966	4.9%	(4.1 - 5.9)	NS	149	6.6%*	(3.0 - 14.0)	3,403	5.4%	(4.4 - 6.7)	NS	132	4.7%* (1.6 - 13.0)	3,563	4.3%	(3.1 - 6.0)	NS	No		
2015	215	7.6%*	(3.5 - 16.0)	5,434	5.7%	(4.7 - 6.8)	NS	114	14.8%*	(6.8 - 29.4)	2,727	7.1%	(5.6 - 9.0)	NS	101	0.3%* (0.0 - 2.3)	2,707	3.9%	(2.9 - 5.3)	-	Yes		
2016	89	2.0%*	(0.4 - 9.5)	2,213	4.3%	(3.2 - 5.8)	NS	**	**	**	**	1,091	5.5%	(3.8 - 7.9)	**	**	**	**	1,122	3.0%	(1.8 - 4.8)		
2017	204	2.7%*	(1.3 - 5.7)	4,448	4.8%	(3.9 - 5.9)	NS	118	3.3%*	(1.3 - 7.9)	2,326	5.7%	(4.4 - 7.5)	NS	86	1.8%* (0.4 - 6.9)	2,122	3.5%	(2.5 - 5.0)	NS	No		
2018																							
Health Literacy																							
Very easy to get needed advice or information about health or medical topics																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016	558	73.7%	(68.9 - 78.0)	13,023	73.6%	(72.3 - 74.8)	NS	251	68.9%	(61.1 - 75.7)	5,525	71.0%	(69.0 - 72.9)	NS	307	78.1%	(72.3 - 83.0)	7,498	75.9%	(74.3 - 77.5)	NS	No	
2017	510	71.1%	(66.3 - 75.5)	12,368	74.7%	(73.4 - 75.9)	NS	252	65.9%	(58.6 - 72.5)	5,429	73.2%	(71.3 - 74.9)	NS	258	76.0%	(69.5 - 81.4)	6,935	76.0%	(74.4 - 77.6)	NS	No	
2018	493	74.0%	(69.0 - 78.4)	12,041	75.3%	(74.1 - 76.5)	NS	193	71.8%	(63.7 - 78.8)	5,208	73.1%	(71.2 - 74.8)	NS	300	76.0%	(69.8 - 81.3)	6,826	77.3%	(75.7 - 78.8)	NS	No	
Very easy to understand information that medical professions tell you																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016	603	57.1%	(52.3 - 61.7)	14,129	59.1%	(57.8 - 60.4)	NS	279	50.6%	(43.7 - 57.4)	6,127	55.8%	(53.8 - 57.8)	NS	324	63.5%	(57.0 - 69.6)	8,002	62.2%	(60.5 - 64.0)	NS	No	
2017	551	53.4%	(48.5 - 58.3)	13,583	59.6%	(58.2 - 60.8)	NS	271	51.9%	(44.9 - 58.8)	6,099	56.4%	(54.5 - 58.3)	NS	280	54.8%	(47.9 - 61.6)	7,479	62.6%	(60.8 - 64.3)	NS	No	
2018	560	56.8%	(51.8 - 61.7)	13,319	61.2%	(60.0 - 62.5)	NS	228	50.5%	(43.1 - 57.9)	5,923	57.8%	(55.9 - 59.6)	NS	332	63.1%	(56.5 - 69.2)	7,387	64.6%	(62.9 - 66.2)	NS	No	
Very easy to understand written health information																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016	546	51.2%	(46.1 - 56.3)	12,945	59.7%	(58.3 - 61.0)	-	249	43.4%	(36.3 - 50.7)	5,491	55.1%	(53.0 - 57.2)	-	297	58.6%	(51.5 - 65.4)	7,454	63.9%	(62.1 - 65.7)	NS	Yes	
2017	493	53.5%	(48.3 - 58.6)	12,370	59.6%	(58.3 - 61.0)	NS	232	48.6%	(41.1 - 56.1)	5,422	55.0%	(53.0 - 57.0)	NS	261	57.8%	(50.7 - 64.6)	6,944	63.9%	(62.1 - 65.7)	NS	No	
2018	484	60.3%	(54.9 - 65.4)	11,984	62.7%	(61.4 - 64.0)	NS	188	49.4%	(41.4 - 57.6)	5,174	58.7%	(56.7 - 60.7)	NS	296	69.7%	(63.0 - 75.7)	6,804	66.4%	(64.7 - 68.1)	NS	Yes	

Note: South Heartland District Health Department includes the four county LHD region of Adams, Clay, Nuckolls, and Webster Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due to differences in the software used, how the statistical analysis code was written, or suppression rules; these results were analyzed using SAS and SAS-callable SUDAAN software

^a Non-weighted sample size among adults 18 and older (unless different age group noted)

^b Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

^c Low and High are the lower and upper limits of the 95% confidence interval, respectively

^d Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

^e Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; Note: small sample size for males or females can make interpreting significance difficult due to large confidence intervals

^f Reflects a Nebraska Healthy People 2020 (HP2020) measure

* Unstable estimate, use data with caution; relative standard error ≥ 30% or confidence interval half-width ≥ 10.0

** Data suppressed due to sample size < 50 respondents

^g Data are not comparable to earlier years due to changes in question wording

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); November 2019