

***Our Vision: Healthy People in Healthy Communities***  
**Adams, Clay, Nuckolls and Webster Counties**

For Immediate Release: April 5, 2020  
For more information contact: Michele Bever, PhD, MPH, Executive Director  
402-462-6211 / 1-877-238-7595

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**Three New COVID-19 Cases in Adams County**

**Hastings, Neb** – Three additional lab-confirmed cases of COVID-19 were identified in Adams County bringing the total number of cases in the South Heartland District to eleven (11).

One case is an Adams County female in her 40s who is home isolated and being actively monitored. She is a healthcare worker linked to the Emerald Nursing & Rehabilitation Lakeview in Hall County, where positive cases have already been announced by Central District Health Department (CDHD).

The second case is an Adams County child with contact to a confirmed case who works at JBS Swift & Company in Grand Island, where positive cases have already been announced by the CDHD. The family is quarantined and being actively monitored.

The third case is a male in his 50s who is home isolated and being monitored. Contact investigation is ongoing.

South Heartland District Health Department’s investigations are ongoing for these cases to identify people who may have been exposed so that they may take next steps and prevent further spread.

SHDHD continues to encourage social distancing and prevention practices, as at least five of the eleven SHDHD cases were exposed through community spread.

“Community spread is when the source of the exposure is unknown – and this can happen easily when the majority of COVID-19 illness is mild to moderate, with few symptoms. Because of this, we can unknowingly be infected and unintentionally pass the virus to our family, friends, co-workers and others,” said Michele Bever, Executive Director for SHDHD. “We encourage everyone to do their part to protect each other, especially those who are more vulnerable, and to help keep the cases numbers low in our counties.”

The Centers for Disease Control and Prevention now recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) especially in areas of significant community-based transmission.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>

Governor Pete Ricketts issued a state directed health measure for South Heartland counties (Adams, Clay, Nuckolls and Webster) on March 31, 2020 to help assure social distancing and reduce in-person contact. These measures will be in effect at least until May 11.

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