

South Heartland District Health Department

Public Health in Action

March-April 2023





At the Revive Ministries, Inc. *Spring New Growth Experience 2023:* SHDHD's Tam Pauley staffs a table with drug overdose prevention information, resources, and medication disposal kits.



SHDHD's Jean Korth, right, with Clay County Health Director Donna Jenson showing off the electronic communications board SHDHD had installed to display health information and events. There are boards installed at Sutton Pharmacy, Superior Pharmacy, Webster County Courthouse, Head Start in Hastings, Catholic Social Services in Hastings and at the SHDHD office in Hastings.



SHDHD's Zelda Anderson prepares our booth for one of 5 School Health Fairs @ the YMCA, measuring height and weight on 342 students and providing them with wellness information.



Some members of a workgroup for the Transforming Diabetes Coalition in Hastings review accomplishments over the past 8 months. This group is working on a promotion to raise awareness about prediabetes and encourage risk assessment and screening.



A physical therapist from Superior Physical Therapy works with Stepping On participants to teach them Heal-to-Toe Standing, one of the 4 daily exercises participants learn to help improve their balance.



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Above: South Heartland Staff fill up a row – taking care of business before a keynote presentation at the Nebraska Public Health Conference, April 4-5, in Lincoln.



Above: Julia Sarmiento, Heidi Davis and Jean Korth at one of the breakout sessions.

Left: SHDHD Team... on the road to PH Modernization!



Incident Command System (ICS) for Public Health: SHDHD team training on ICS with Sharon Medcalf (Dept of Epidemiology, Center for Biosecurity, Biopreparedness, and Emerging Infectious Diseases, UNMC College of Public Health) based on an anthrax bioterrorism scenario.

CDC: Anthrax is a Tier 1 biological agent. If anthrax spores were released into the air, people could breathe them in and get sick with anthrax. Inhalation anthrax is the most serious form and can kill quickly if not treated immediately. If the attack were not detected by one of the monitoring systems in place in the United States, it might go unnoticed until doctors begin to see unusual patterns of illness among sick people showing up at emergency rooms.









Echohawk Lefthand, new administrator of the Nebraska DHHS Office of Health Disparities and Health Equity (OHDHE), visited South Heartland to learn about our local minority health activities and to tell us about new OHDHE initiatives and priorities.



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Board honors efforts of two local individuals with Public Health Awards presented at the Board of Health meeting, March 1, 2023 in Hastings.



Thomas Choquette, pharmacist and owner of Bert's Pharmacy in Hastings, NE, was honored with the 2023 Public Health Leadership award for his extraordinary leadership and dedication to public health, especially in the area of access to health care. Tom was recognized at the South Heartland District Health Department's Public Health Awards presentation following the Board of Health meeting on Wednesday, March 1, in Hastings.

Pictured from Left: Tom Choquette, Board President Nanette Shackelford of Clay Center, Board Vice President Sandra (Sam) Nejezchleb of Glenvil.



Deena Burbach, clinic manager of Mary Lanning's Community Health Center in Hastings, NE, was honored with the 2023 Public Health Leadership Award for her extraordinary leadership and dedication to public health, especially in the areas of promoting access to health care, preventing disease, and addressing health disparities in underserved populations. Deena was recognized at the South Heartland District Health Department's Public Health Awards presentation following the Board of Health meeting on Wednesday, March 1, in Hastings.

Pictured from Left: Deena Burbach; Board President Nanette Shackelford of Clay Center.

Board of Health meeting, March 1, 2023 in Hastings.



Lindsay Waechter-Mead (left) is recognized for her six years of service in the veterinarian appointment to the Board of Health.



Hastings Police Chief Adam Story (center) discusses with the Board the status of fentanyl and other illegal drug traffic/use in the community.