

### **South Heartland District Health Department**

## Public Health in Action

May-June 2023





SHDHD staff Julia Sarmiento and Liz Chamberlain, along with staff from Central District Health Department, are trained on how to check cholesterol (Cholestech training provided by NE DHHS).



Above: Jayson Stoddard, HMS 7<sup>th</sup> grade science teacher and coordinator of the HMS garden, was guest presenter for a minority health Garden Night educational event in April, organized by minority health advisory group members. Participants also received seedlings, seed packets, and garden tools.



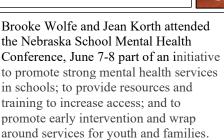
SHDHD Site Visit: Leadership Team - Kelly Derby, Michele Bever, Brooke Wolfe (remote) and Janis Johnson (taking the picture) - meet with Brianna Cochran (right), program coordinator in the Office of Community Health and Organizational Advancement, Division of Public Health, NE Dept of Health & Human Services.



From Left: SHDHD's M. Bever, B. Wolfe, and J. Johnson join NALHD's Melanie Chapman at the Nebraska Governmental Public Health System Retreat on May 16 in Lincoln.



Above and Right:
Zayra Navarrete, Bilingual
Central Navigator for the
Community IMPACT Network
(United Way of Southcentral
Nebraska), discusses stress and
mental wellness, and shares
selfcare kits and mental health
resources at a meeting of
SHDHD's minority health
advisory group.





May-June 2023



#### **South Heartland District Health Department**

## Public Health in Action





# Strategy Planning

Prevention	Treatment	Recovery
Medical provider education	Opioid Use Disorder	Wrap-around services
Support and training for non-opioid pain treatment	Medications	Supportive services
Best practices for prescribers	Telemedicine	Peer support
Fund media campaigns	Mobile interventions	Social and legal services
Drug take-back disposal	Co-occurring	Transportation
Fund prevention programs n schools	Workforce initiatives	Faith-and community- based services
Create community-based education	Address needs of people involved in criminal justice	Recovery high schools

Director Michele Bever attended an Opioid Summit organized by Region 3 Behavioral Services for stakeholders to learn about risk factors and best practice interventions. Attendees also discussed current and desired community strategies to address substance misuse concerns. Opioid settlement funds will be available to communities and organizations through a grant process being set up by Region 3.

### The Pair of ACEs **Adverse Childhood Experiences** Maternal Physical & Depression **Emotional Neglect Emotional &** Sexual Abuse Divorce **Mental Illness** Substance Abuse Incarceration **Domestic Violence** Homelessness Adverse Community Environments Poverty **Violence** Discrimination **Poor Housing** Quality & Community Lack of Opportunity, Economic Affordability Disruption **Mobility & Social Capital**

Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. Academic Pediatrics. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.acap.2016.12.011



### **South Heartland District Health Department**

## Public Health in Action



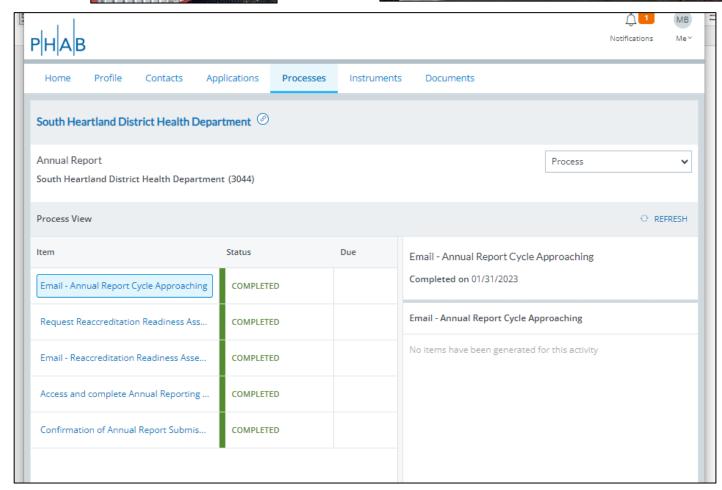




Left: Liz Chamberlain and Pam Stomer add a timely message to the signboard at the health department.

Below: A duck nests in one of the flower pots in the front of our offices.





In preparation for reaccreditation Janis Johnson, our Standards & Performance Manager, led staff in a "reflection" of Domain 9 of the Standards & Measures (Performance Management and Quality Improvement). Janis summarized the results this reflection for SHDHD's third annual accreditation report to the Public Health Accreditation Board (PHAB) and submitted