

Our Vision: Healthy People in Healthy Communities
Adams, Clay, Nuckolls and Webster Counties

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Four new COVID-19 cases, new SHDHD total is 126

Hastings, Neb – Four new lab-confirmed cases of COVID-19 were reported to the South Heartland District today. This brings the total number of cases in the 4-county health district to 126, including 119 in Adams County, four (4) in Clay County, three (3) in Webster County, and zero (0) in Nuckolls County.

Adams County:

- 2 females (1 in her 40s, 1 in her 60s)
- 2 males (1 in his 60s, 1 in his 80s)

SHDHD continues to conduct contact investigations for positive individuals who live in South Heartland counties. As a reminder, persons who test negative on a given day are not protected from COVID-19 exposure the following days, so continued practice of social distancing and prevention is necessary.

More widespread testing is critical for reducing the spread of COVID-19 disease. South Heartland was notified today that the Nebraska Department of Health and Human Services (DHHS) is providing a National Guard COVID testing team as a resource to the health district again next week on Monday and Tuesday. This will again be a limited testing event (not open to the general public) because there will be a limited number of tests available. The health department is planning to focus on local critical infrastructure sectors, such as healthcare and long term care workers, first responders, and industry/worksites, as well as vulnerable/at risk populations.

This week the Governor rolled out the TestNebraska program, an initiative to increase the rate of COVID-19 testing so Nebraskans can have better access to testing and help curb the spread of COVID-19. SHDHD is encouraging South Heartland residents to take the first step by going to testnebraska.com website to complete a health assessment to determine your current risk for COVID-19.

In the meantime, it is especially important to practice prevention and social distancing everywhere we need to go. This is another important reason SHDHD recommends people wear masks at work or in public places where it is difficult to socially distance from others. This includes but is not limited to workplaces, grocery stores, pharmacies, and doctor's offices.

South Heartland District case counts by county are updated daily on SHDHD's COVID webpage: <https://southheartlandhealth.org/public-health-data/corona-virus.html>. The Nebraska Department of Health and Human Services (DHHS) provides daily updates to Nebraska's coronavirus COVID-19 cases on their Data Dashboard at <http://dhhs.ne.gov/Pages/Coronavirus>.

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