

BRFSS Detailed Summary Table for South Heartland District Health Department Adults 18 and Older, 2011-2015

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	South Heartland			State of NE			South Heartland			State of NE			South Heartland			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
General Health Status																						
<i>General health fair or poor</i>																						
2011	872	17.3%	(14.4 - 20.7)	25,347	14.3%	(13.7 - 14.9)	NS	338	17.8%	(13.7 - 22.9)	10,198	14.8%	(13.9 - 15.7)	NS	534	16.8%	(13.0 - 21.5)	15,149	13.9%	(13.1 - 14.7)	NS	No
2012	605	13.8%	(10.6 - 17.8)	19,132	14.4%	(13.7 - 15.2)	NS	236	11.2%	(7.5 - 16.3)	7,855	14.6%	(13.5 - 15.7)	NS	369	16.3%	(11.4 - 22.6)	11,277	14.3%	(13.4 - 15.2)	NS	No
2013	621	16.8%	(13.3 - 20.9)	17,106	13.9%	(13.1 - 14.8)	NS	267	18.1%	(12.7 - 25.2)	6,963	13.4%	(12.2 - 14.7)	NS	354	15.4%	(11.6 - 20.2)	10,143	14.4%	(13.3 - 15.6)	NS	No
2014	936	14.5%	(12.2 - 17.1)	22,370	13.2%	(12.5 - 13.9)	NS	413	14.2%	(11.0 - 18.2)	9,585	13.5%	(12.4 - 14.5)	NS	523	14.7%	(11.6 - 18.5)	12,785	12.9%	(12.0 - 13.8)	NS	No
2015	694	15.2%	(12.2 - 18.9)	17,539	13.9%	(13.1 - 14.8)	NS	306	18.0%	(13.2 - 24.0)	7,564	13.7%	(12.5 - 14.9)	NS	388	12.5%	(9.2 - 16.8)	9,975	14.2%	(13.1 - 15.3)	NS	No
<i>Average number of days physical health was not good in past 30 days</i>																						
2011	860	3.1	(2.6 - 3.7)	24,901	3.2	(3.0 - 3.3)	NS	337	3.1	(2.2 - 4.0)	10,067	2.9	(2.7 - 3.1)	NS	523	3.2	(2.5 - 3.8)	14,834	3.4	(3.2 - 3.6)	NS	No
2012	599	3.5	(2.7 - 4.4)	18,819	3.2	(3.1 - 3.4)	NS	235	3.0	(1.8 - 4.1)	7,759	2.9	(2.7 - 3.1)	NS	364	4.1	(2.9 - 5.2)	11,060	3.6	(3.4 - 3.8)	NS	No
2013	610	3.6	(2.8 - 4.5)	16,808	3.1	(2.9 - 3.3)	NS	264	3.8	(2.4 - 5.2)	6,877	2.8	(2.5 - 3.0)	NS	346	3.4	(2.5 - 4.4)	9,931	3.4	(3.2 - 3.7)	NS	No
2014	913	3.4	(2.8 - 4.1)	22,024	3.0	(2.9 - 3.1)	NS	401	3.6	(2.6 - 4.6)	9,464	2.8	(2.6 - 3.0)	NS	512	3.3	(2.5 - 4.1)	12,560	3.2	(3.0 - 3.4)	NS	No
2015	683	3.1	(2.4 - 3.7)	17,315	3.1	(3.0 - 3.3)	NS	301	3.3	(2.3 - 4.3)	7,476	2.8	(2.6 - 3.0)	NS	382	2.8	(2.1 - 3.5)	9,839	3.5	(3.3 - 3.7)	NS	No
<i>Physical health was not good on 14 or more of the past 30 days</i>																						
2011	860	10.1%	(8.2 - 12.6)	24,901	9.6%	(9.1 - 10.1)	NS	337	10.4%	(7.4 - 14.2)	10,067	9.0%	(8.3 - 9.8)	NS	523	9.9%	(7.5 - 13.2)	14,834	10.1%	(9.4 - 10.8)	NS	No
2012	599	11.2%	(8.2 - 15.2)	18,819	9.8%	(9.2 - 10.4)	NS	235	9.9%	(5.8 - 16.4)	7,759	8.6%	(7.8 - 9.5)	NS	364	12.6%	(8.6 - 18.0)	11,060	11.0%	(10.1 - 11.8)	NS	No
2013	610	10.8%	(8.1 - 14.3)	16,808	9.2%	(8.5 - 9.9)	NS	264	11.1%	(6.9 - 17.3)	6,877	7.9%	(7.0 - 8.9)	NS	346	10.6%	(7.5 - 14.7)	9,931	10.4%	(9.4 - 11.5)	NS	No
2014	913	10.4%	(8.2 - 13.0)	22,024	9.0%	(8.4 - 9.6)	NS	401	11.1%	(7.9 - 15.4)	9,464	8.3%	(7.4 - 9.1)	NS	512	9.7%	(7.1 - 13.0)	12,560	9.7%	(9.0 - 10.5)	NS	No
2015	683	9.5%	(7.3 - 12.3)	17,315	9.6%	(9.0 - 10.3)	NS	301	10.5%	(7.2 - 15.1)	7,476	8.6%	(7.7 - 9.6)	NS	382	8.5%	(5.9 - 12.1)	9,839	10.7%	(9.8 - 11.6)	NS	No
<i>Average number of days mental health was not good in past 30 days</i>																						
2011	858	3.4	(2.7 - 4.0)	25,036	3.1	(2.9 - 3.2)	NS	332	2.9	(2.1 - 3.8)	10,097	2.5	(2.3 - 2.7)	NS	526	3.8	(2.9 - 4.7)	14,939	3.6	(3.4 - 3.8)	NS	No
2012	592	2.5	(1.8 - 3.2)	18,935	3.0	(2.9 - 3.2)	NS	231	1.7	(0.8 - 2.5)	7,786	2.6	(2.4 - 2.8)	NS	361	3.4	(2.3 - 4.5)	11,149	3.5	(3.3 - 3.7)	NS	No
2013	615	2.7	(1.9 - 3.6)	16,889	3.0	(2.8 - 3.1)	NS	266	2.8	(1.6 - 4.1)	6,889	2.3	(2.1 - 2.6)	NS	349	2.7	(1.6 - 3.7)	10,000	3.5	(3.3 - 3.8)	NS	No
2014	919	2.7	(2.2 - 3.2)	22,132	2.8	(2.6 - 2.9)	NS	402	2.0	(1.4 - 2.7)	9,483	2.3	(2.1 - 2.5)	NS	517	3.3	(2.5 - 4.1)	12,649	3.3	(3.1 - 3.5)	NS	No
2015	690	2.5	(1.8 - 3.1)	17,369	2.9	(2.7 - 3.1)	NS	304	2.2	(1.3 - 3.1)	7,491	2.3	(2.1 - 2.6)	NS	386	2.7	(1.9 - 3.6)	9,878	3.5	(3.2 - 3.7)	NS	No
<i>Mental health was not good on 14 or more of the past 30 days (i.e., frequent mental distress)</i>																						
2011	858	11.0%	(8.6 - 14.0)	25,036	9.2%	(8.7 - 9.7)	NS	332	9.4%	(6.2 - 14.0)	10,097	7.7%	(7.0 - 8.4)	NS	526	12.5%	(9.2 - 16.9)	14,939	10.7%	(9.9 - 11.5)	NS	No
2012	592	7.2%	(4.8 - 10.7)	18,935	9.0%	(8.4 - 9.7)	NS	231	5.0%	(2.4 - 10.3)	7,786	7.4%	(6.6 - 8.3)	NS	361	9.4%	(5.9 - 14.7)	11,149	10.6%	(9.7 - 11.5)	NS	No
2013	615	9.0%	(6.1 - 13.0)	16,889	8.9%	(8.2 - 9.6)	NS	266	9.2%	(5.1 - 16.1)	6,889	6.8%	(5.9 - 7.9)	NS	349	8.8%	(5.3 - 14.1)	10,000	10.9%	(9.8 - 12.0)	NS	No
2014	919	8.1%	(6.3 - 10.5)	22,132	8.2%	(7.6 - 8.8)	NS	402	5.5%	(3.3 - 8.9)	9,483	6.4%	(5.6 - 7.3)	NS	517	10.7%	(7.9 - 14.3)	12,649	9.9%	(9.0 - 10.8)	NS	No
2015	690	7.2%	(5.0 - 10.2)	17,369	8.9%	(8.2 - 9.6)	NS	304	6.1%	(3.5 - 10.5)	7,491	6.9%	(6.0 - 7.9)	NS	386	8.3%	(5.2 - 13.0)	9,878	10.8%	(9.8 - 11.9)	NS	No
<i>Average days poor physical or mental health limited usual activities in past 30 days</i>																						
2011	864	1.6	(1.2 - 1.9)	25,183	1.9	(1.8 - 2.0)	NS	336	1.5	(1.0 - 2.0)	10,136	1.7	(1.6 - 1.9)	NS	528	1.6	(1.2 - 2.1)	15,047	2.0	(1.9 - 2.1)	NS	No
2012	601	1.8	(1.1 - 2.4)	19,022	2.0	(1.8 - 2.1)	NS	236	0.9	(0.4 - 1.5)	7,819	1.7	(1.5 - 1.9)	-	365	2.5	(1.5 - 3.6)	11,203	2.2	(2.0 - 2.4)	NS	No
2013	619	2.2	(1.6 - 2.9)	16,986	1.9	(1.7 - 2.0)	NS	269	2.4	(1.3 - 3.6)	6,936	1.7	(1.5 - 1.9)	NS	350	2.1	(1.3 - 2.8)	10,050	2.0	(1.9 - 2.2)	NS	No
2014	932	1.9	(1.5 - 2.4)	22,228	1.8	(1.7 - 1.9)	NS	410	2.1	(1.3 - 2.8)	9,541	1.6	(1.5 - 1.8)	NS	522	1.8	(1.3 - 2.4)	12,687	1.9	(1.8 - 2.1)	NS	No
2015	689	1.8	(1.3 - 2.3)	17,430	1.9	(1.7 - 2.0)	NS	303	2.3	(1.4 - 3.2)	7,529	1.6	(1.4 - 1.8)	NS	386	1.3	(0.9 - 1.8)	9,901	2.1	(1.9 - 2.3)	-	No
<i>Poor physical or mental health limited usual activities on 14 or more of the past 30 days</i>																						
2011	864	4.4%	(3.3 - 6.0)	25,183	5.8%	(5.4 - 6.2)	NS	336	3.9%	(2.4 - 6.3)	10,136	5.4%	(4.8 - 6.0)	NS	528	4.9%	(3.3 - 7.3)	15,047	6.2%	(5.7 - 6.8)	NS	No
2012	601	5.6%	(3.6 - 8.6)	19,022	6.4%	(5.9 - 6.9)	NS	236	2.6%	(1.2 - 5.7)	7,819	5.3%	(4.7 - 6.0)	NS	365	8.4%	(5.0 - 13.7)	11,203	7.4%	(6.7 - 8.2)	NS	No
2013	619	7.1%	(4.9 - 10.1)	16,986	5.8%	(5.3 - 6.4)	NS	269	8.1%	(4.6 - 13.9)	6,936	5.2%	(4.4 - 6.1)	NS	350	6.1%	(4.0 - 9.1)	10,050	6.5%	(5.7 - 7.3)	NS	No
2014	932	6.4%	(4.8 - 8.5)	22,228	5.8%	(5.4 - 6.4)	NS	410	6.9%	(4.5 - 10.5)	9,541	5.3%	(4.6 - 6.1)	NS	522	5.9%	(4.0 - 8.6)	12,687	6.4%	(5.7 - 7.1)	NS	No
2015	689	6.3%	(4.5 - 8.8)	17,430	5.9%	(5.4 - 6.4)	NS	303	8.1%	(5.1 - 12.6)	7,529	5.1%	(4.5 - 5.9)	NS	386	4.6%	(2.8 - 7.3)	9,901	6.6%	(6.0 - 7.3)	NS	No
Health Care Access and Utilization																						
<i>No health care coverage, 18-64 year olds</i>																						
2011	530	19.1%	(15.0 - 23.9)	16,614	19.1%	(18.3 - 20.0)	NS	223	23.2%	(16.8 - 31.1)	7,107	22.0%	(20.7 - 23.4)	NS	307	15.0%	(10.5 - 20.9)	9,507	16.2%	(15.2 - 17.3)	NS	No
2012	344	19.3%	(13.9 - 26.1)	12,310	18.0%	(17.0 - 19.0)	NS	146	16.9%	(10.1 - 26.9)	5,450	20.3%	(18.8 - 21.8)	NS	198	21.7%	(14.2 - 31.8)	6,860	15.7%	(14.5 - 17.0)	NS	No
2013	387	18.0%	(13.1 - 24.3)	10,939	17.6%	(16.4 - 18.9)	NS	172	18.9%	(11.6 - 29.4)	4,720	18.4%	(16.6 - 20.4)	NS	215	17.1%	(11.5 - 24.7)	6,219	16.9%	(15.3 - 18.5)	NS	No
2014	596	13.3%	(10.3 - 17.0)	14,323	15.3%	(14.3 - 16.4)	NS	269	14.1%	(9.7 - 19.9)	6,443	17.0%	(15.4 - 18.7)	NS	327	12.5%	(8.9 - 17.5)	7,880	13.5%	(12.3 - 14.9)	NS	No
2015	430	14.6%	(10.9 - 19.3)	11,342	14.4%	(13.3 - 15.5)	NS	200	10.5%	(6.7 - 15.9)	5,187	15.4%	(13.8 - 17.1)	NS	230	18.6%	(12.7 - 26.5)	6,155	13.4%	(12.0 - 14.9)	NS	No
<i>Has health care coverage, 18-64 year olds^a</i>																						
2011	530	80.9%	(76.1 - 85.0)	16,614	80.9%	(80.0 - 81.7)	NS	223	76.8%	(68.9 - 83.2)	7,107	78.0%	(76.6 - 79.3)	NS	307	85.0%	(79.1 - 89.5)	9,507	83.8%	(82.7 - 84.8)	NS	No
2012	344	80.7%	(73.9 - 86.1)	12,310	82.0%	(81.0 - 83.0)	NS	146	83.1%	(73.1 - 89.9)	5,450	79.7%	(78.2 - 81.2)	NS	198	78.3%	(68.2 - 85.8)	6,860	84.3%	(83.0 - 85.5)	NS	No
2013	387	82.0%	(75.7 - 86.9)	10,939	82.4%	(81.1 - 83.6)	NS	172	81.1%	(70.6 - 88.4)	4,720	81.6%	(79.6 - 83.4)	NS	215	82.9%	(75.3 - 88.5)	6,219	83.1%	(81.5 - 84.7)	NS	No
2014	596	86.7%	(83.0 - 89.7)	14,323	84.7%	(83.6 - 85.7)	NS	269	85.9%	(80.1 - 90.3)	6,443	83.0%	(81.3 - 84.6)	NS	327	87.5%	(82.5 - 91.1)	7,880	86.5%	(85.1 - 87.7)	NS	No
2015	430	85.4%	(80.7 - 89.1)	11,342	85.6%	(84.5 - 86.7)	NS	200	89.5%	(84.1 - 93.3)	5,187	84.6%	(82.9 - 86.2)	NS	230	81.4%	(73.5 - 87.3)	6,155	86.6%	(85.1 - 88.0)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^e							
	South Heartland		State of NE			South Heartland		State of NE			South Heartland		State of NE										
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d								
No personal doctor or health care provider																							
2011	870	15.3%	(12.0 - 19.3)	25,340	18.4%	(17.6 - 19.1)	NS	336	20.9%	(15.6 - 27.4)	10,192	25.1%	(23.8 - 26.3)	NS	534	10.2%	(6.5 - 15.5)	15,148	12.0%	(11.1 - 12.8)	NS	Yes	
2012	604	11.8%	(8.2 - 16.8)	19,132	17.2%	(16.4 - 18.1)	NS	235	13.3%	(8.0 - 21.3)	7,847	23.7%	(22.3 - 25.1)	-	369	10.4%	(6.0 - 17.4)	11,285	11.0%	(10.1 - 12.0)	NS	No	
2013	622	19.5%	(14.6 - 25.5)	17,093	20.9%	(19.8 - 22.0)	NS	268	27.6%	(19.7 - 37.1)	6,956	27.5%	(25.7 - 29.4)	NS	354	11.5%	(6.7 - 19.1)	10,137	14.4%	(13.2 - 15.7)	NS	Yes	
2014	940	18.3%	(15.3 - 21.6)	22,354	20.2%	(19.2 - 21.2)	NS	416	25.4%	(20.6 - 30.9)	9,569	27.0%	(25.5 - 28.5)	NS	524	11.3%	(8.4 - 15.1)	12,785	13.6%	(12.5 - 14.8)	NS	Yes	
2015	692	14.8%	(11.4 - 18.8)	17,509	19.7%	(18.7 - 20.8)	NS	304	15.8%	(11.2 - 21.9)	7,542	25.7%	(24.1 - 27.5)	-	388	13.7%	(9.3 - 19.7)	9,967	13.9%	(12.7 - 15.2)	NS	No	
Has a personal doctor or health care provider (one or more than one)^f																							
2011	870	84.7%	(80.7 - 88.0)	25,340	81.6%	(80.9 - 82.4)	NS	336	79.1%	(72.6 - 84.4)	10,192	74.9%	(73.7 - 76.2)	NS	534	89.8%	(84.5 - 93.5)	15,148	88.0%	(87.2 - 88.9)	NS	Yes	
2012	604	88.2%	(83.2 - 91.8)	19,132	82.8%	(81.9 - 83.6)	NS	235	86.7%	(78.7 - 92.0)	7,847	76.3%	(74.9 - 77.7)	+	369	89.6%	(82.6 - 94.0)	11,285	89.0%	(88.0 - 89.9)	NS	No	
2013	622	80.5%	(74.5 - 85.4)	17,093	79.1%	(78.0 - 80.2)	NS	268	72.4%	(62.9 - 80.3)	6,956	72.5%	(70.6 - 74.3)	NS	354	88.5%	(80.9 - 93.3)	10,137	85.6%	(84.3 - 86.6)	NS	Yes	
2014	940	81.7%	(78.4 - 84.7)	22,354	79.8%	(78.8 - 80.8)	NS	416	74.6%	(69.1 - 79.4)	9,569	73.0%	(71.5 - 74.5)	NS	524	88.7%	(84.9 - 91.6)	12,785	86.4%	(85.2 - 87.5)	NS	Yes	
2015	692	85.2%	(81.2 - 88.6)	17,509	80.3%	(79.2 - 81.3)	NS	304	84.2%	(78.1 - 88.8)	7,542	74.3%	(72.5 - 75.9)	+	388	86.3%	(80.3 - 90.7)	9,967	86.1%	(84.8 - 87.3)	NS	No	
Has a personal doctor or health care provider (one or more than one), aged 65 years and older^f																							
2011	341	94.2%	(90.0 - 96.7)	8,584	95.7%	(95.1 - 96.2)	NS	114	90.5%	(82.6 - 95.1)	3,033	94.4%	(93.4 - 95.3)	NS	227	96.8%	(91.0 - 98.9)	5,551	96.6%	(95.9 - 97.1)	NS	No	
2012	258	96.1%	(93.1 - 97.8)	6,711	95.6%	(94.7 - 96.3)	NS	90	97.0%	(90.9 - 99.0)	2,368	93.6%	(91.9 - 95.0)	NS	168	95.3%	(91.3 - 97.5)	4,343	97.1%	(96.3 - 97.7)	NS	No	
2013	230	93.7%	(89.1 - 96.4)	6,015	93.9%	(92.9 - 94.8)	NS	94	92.3%	(84.3 - 96.4)	2,188	92.3%	(90.4 - 93.8)	NS	136	94.9%	(88.2 - 97.9)	3,827	95.2%	(93.9 - 96.2)	NS	No	
2014	331	92.9%	(88.8 - 95.5)	7,833	95.1%	(94.4 - 95.7)	NS	139	89.5%	(82.0 - 94.1)	3,057	93.5%	(92.2 - 94.6)	NS	192	95.9%	(91.2 - 98.2)	4,776	96.4%	(95.7 - 96.9)	NS	No	
2015	259	97.3%	(93.2 - 98.9)	6,022	94.8%	(93.9 - 95.5)	NS	102	97.5%	(90.5 - 99.4)	2,297	93.6%	(92.1 - 94.8)	NS	157	97.1%	(90.0 - 99.2)	3,725	95.7%	(94.6 - 96.6)	NS	No	
Needed to see a doctor but could not due to cost in past year^g																							
2011	873	11.7%	(9.1 - 14.9)	25,350	12.5%	(11.9 - 13.2)	NS	340	9.7%	(6.3 - 14.4)	10,203	10.7%	(9.9 - 11.6)	NS	533	13.6%	(9.9 - 18.4)	15,147	14.2%	(13.4 - 15.2)	NS	No	
2012	603	9.5%	(6.5 - 13.5)	19,144	12.8%	(12.1 - 13.6)	NS	235	5.3%	(2.8 - 9.7)	7,859	11.1%	(10.0 - 12.2)	-	368	13.5%	(8.7 - 20.4)	11,285	14.4%	(13.4 - 15.5)	NS	No	
2013	623	8.7%	(6.3 - 11.9)	17,103	13.0%	(12.1 - 13.9)	-	269	6.7%	(4.0 - 11.3)	6,963	10.9%	(9.7 - 12.2)	NS	354	10.6%	(7.1 - 15.7)	10,140	15.0%	(13.8 - 16.4)	NS	No	
2014	936	11.2%	(9.0 - 13.9)	22,359	11.8%	(11.1 - 12.6)	NS	413	9.8%	(6.9 - 13.9)	9,588	10.2%	(9.1 - 11.3)	NS	523	12.5%	(9.4 - 16.3)	12,771	13.4%	(12.4 - 14.6)	NS	No	
2015	691	8.7%	(6.3 - 12.0)	17,522	11.5%	(10.7 - 12.3)	NS	304	8.1%	(5.1 - 12.8)	7,559	9.8%	(8.7 - 11.1)	NS	387	9.3%	(5.8 - 14.5)	9,963	13.1%	(12.0 - 14.3)	NS	No	
Had a routine checkup in past year																							
2011	862	56.9%	(52.6 - 61.1)	24,983	57.7%	(56.8 - 58.7)	NS	335	50.5%	(43.9 - 57.0)	10,049	50.6%	(49.2 - 52.0)	NS	527	62.9%	(57.3 - 68.1)	14,934	64.6%	(63.4 - 65.8)	NS	Yes	
2012	603	63.0%	(57.6 - 68.2)	18,929	60.4%	(59.4 - 61.4)	NS	237	63.3%	(54.8 - 71.0)	7,789	55.0%	(53.5 - 56.6)	NS	366	62.8%	(55.6 - 69.5)	11,140	65.6%	(64.3 - 66.9)	NS	No	
2013	616	61.8%	(56.2 - 67.1)	16,919	61.6%	(60.4 - 62.8)	NS	264	54.7%	(46.2 - 63.0)	6,899	56.2%	(54.3 - 58.1)	NS	352	68.5%	(61.6 - 74.7)	10,020	66.8%	(65.3 - 68.4)	NS	No	
2014	927	64.2%	(60.4 - 67.9)	22,090	63.3%	(62.3 - 64.4)	NS	411	59.6%	(53.9 - 65.1)	9,488	57.7%	(56.1 - 59.3)	NS	516	68.7%	(63.5 - 73.4)	12,602	68.8%	(67.4 - 70.2)	NS	No	
2015	685	69.3%	(64.8 - 73.6)	17,331	63.9%	(62.8 - 65.1)	NS	302	68.1%	(61.7 - 73.9)	7,470	58.7%	(56.9 - 60.5)	+	383	70.5%	(63.8 - 76.5)	9,861	69.1%	(67.5 - 70.6)	NS	No	
Heart Disease and Stroke																							
Ever told they had a heart attack																							
2011	874	4.6%	(3.4 - 6.3)	25,292	4.3%	(4.0 - 4.7)	NS	340	6.9%	(4.6 - 10.1)	10,194	5.7%	(5.2 - 6.3)	NS	534	2.5%	(1.5 - 4.1)	15,098	2.9%	(2.6 - 3.3)	NS	Yes	
2012	604	5.3%	(3.5 - 8.1)	19,102	4.1%	(3.7 - 4.4)	NS	235	7.7%	(4.6 - 12.7)	7,842	5.3%	(4.8 - 6.0)	NS	369	3.0%	(1.4 - 6.5)	11,260	2.9%	(2.5 - 3.2)	NS	No	
2013	623	7.6%	(5.2 - 11.1)	17,035	4.0%	(3.6 - 4.4)	+	269	10.2%	(6.1 - 16.6)	6,925	5.2%	(4.6 - 5.9)	+	354	5.1%	(3.0 - 8.0)	10,110	2.9%	(2.4 - 3.4)	NS	No	
2014	937	5.3%	(3.9 - 7.1)	22,309	3.8%	(3.5 - 4.2)	NS	412	8.5%	(6.0 - 11.8)	9,541	5.1%	(4.6 - 5.6)	+	525	2.2%	(1.3 - 3.7)	12,768	2.6%	(2.3 - 3.0)	NS	Yes	
2015	692	5.1%	(3.6 - 7.2)	17,455	3.9%	(3.5 - 4.3)	NS	304	7.7%	(5.1 - 11.6)	7,530	5.3%	(4.7 - 6.0)	NS	388	2.6%	(1.5 - 4.6)	9,925	2.5%	(2.2 - 2.9)	NS	Yes	
Ever told they have coronary heart disease																							
2011	864	4.1%	(3.1 - 5.6)	25,121	3.9%	(3.6 - 4.2)	NS	337	5.5%	(3.6 - 8.1)	10,110	4.8%	(4.4 - 5.3)	NS	527	2.9%	(1.9 - 4.5)	15,011	3.1%	(2.7 - 3.4)	NS	No	
2012	596	5.4%	(3.7 - 7.8)	18,988	3.9%	(3.6 - 4.3)	NS	232	9.0%	(5.8 - 13.7)	7,796	4.9%	(4.4 - 5.5)	+	364	1.9%	(1.0 - 3.6)	11,192	3.0%	(2.6 - 3.4)	NS	Yes	
2013	616	5.7%	(4.1 - 7.8)	16,942	4.1%	(3.7 - 4.5)	NS	266	6.7%	(4.3 - 10.3)	6,884	5.1%	(4.5 - 5.8)	NS	350	4.6%	(2.8 - 7.5)	10,058	3.0%	(2.6 - 3.6)	NS	No	
2014	931	6.0%	(4.6 - 7.8)	22,202	3.9%	(3.6 - 4.3)	+	410	7.8%	(5.6 - 10.9)	9,509	4.8%	(4.3 - 5.4)	+	521	4.3%	(2.9 - 6.3)	12,693	3.1%	(2.7 - 3.5)	NS	No	
2015	685	6.2%	(4.5 - 8.6)	17,403	4.0%	(3.6 - 4.3)	+	303	9.3%	(6.2 - 13.7)	7,503	5.0%	(4.4 - 5.7)	+	382	3.2%	(2.0 - 5.3)	9,900	2.9%	(2.6 - 3.3)	NS	Yes	
Ever told they had a heart attack or coronary heart disease																							
2011	866	6.5%	(5.0 - 8.4)	25,158	6.4%	(6.0 - 6.7)	NS	338	9.2%	(6.6 - 12.7)	10,143	8.0%	(7.4 - 8.7)	NS	528	3.9%	(2.6 - 5.8)	15,015	4.8%	(4.4 - 5.2)	NS	Yes	
2012	597	8.7%	(6.3 - 11.9)	18,998	6.2%	(5.8 - 6.6)	NS	232	13.1%	(8.9 - 18.8)	7,806	7.8%	(7.1 - 8.5)	+	365	4.5%	(2.5 - 7.9)	11,192	4.6%	(4.2 - 5.1)	NS	Yes	
2013	618	9.5%	(6.9 - 13.0)	16,935	6.2%	(5.7 - 6.7)	+	267	12.6%	(8.1 - 19.0)	6,882	7.7%	(7.0 - 8.6)	NS	351	6.5%	(4.2 - 10.1)	10,053	4.7%	(4.1 - 5.3)	NS	No	
2014	929	8.1%	(6.4 - 10.1)	22,180	6.0%	(5.6 - 6.4)	+	408	11.0%	(8.2 - 14.6)	9,493	7.4%	(6.8 - 8.1)	+	521	5.3%	(3.7 - 7.4)	12,687	4.6%	(4.1 - 5.0)	NS	Yes	
2015	685	8.3%	(6.3 - 10.8)	17,383	5.8%	(5.4 - 6.3)	NS	302	12.2%	(8.7 - 16.8)	7,503	7.5%	(6.7 - 8.3)	+	383	4.4%	(2.9 - 6.7)	9,880	4.3%	(3.9 - 4.8)	NS	Yes	
Ever told they had a stroke																							
2011	873	3.2%	(2.2 - 4.6)	25,355	2.8%	(2.4 - 2.9)	NS	340	4.2%	(2.6 - 6.9)	10,209	2.4%	(2.1 - 2.8)	NS	533	2.2%	(1.4 - 3.5)	15,146	2.8%	(2.5 - 3.2)	NS	No	
2012	606	3.4%	(2.0 - 5.5)	19,118	2.4%	(2.2 - 2.7)	NS	237	2.3%	(0.9 - 5.8)	7,851	2.7%	(2.3 - 3.1)	NS	369	4.4%	(2.4 - 7.8)	11,267	2.2%	(1.9 - 2.6)	NS	No	
2013	622	5.8%	(3.8 - 8.7)	17,080	2.5%	(2.2 - 2.8)	+	269	7.5%	(4.2 - 12.9)	6,954												

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	South Heartland			State of NE			South Heartland			State of NE			South Heartland			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Blood Pressure and Cholesterol																						
<u>Had blood pressure checked in past year</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	278	85.0%	(78.8 - 89.6)	7,804	84.6%	(83.1 - 86.0)	NS	120	80.9%	(70.5 - 88.2)	3,150	81.2%	(78.8 - 83.4)	NS	158	89.0%	(81.6 - 93.7)	4,654	87.8%	(85.8 - 89.5)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	311	91.4%	(86.4 - 94.7)	7,947	88.0%	(86.6 - 89.2)	NS	145	93.7%	(88.0 - 96.8)	3,461	85.2%	(83.1 - 87.1)	+	166	89.4%	(80.8 - 94.4)	4,486	90.6%	(88.8 - 92.2)	NS	No
<u>Ever told they have high blood pressure (excluding pregnancy)^a</u>																						
2011	871	35.7%	(31.8 - 39.7)	25,356	28.5%	(27.8 - 29.3)	+	339	39.4%	(33.3 - 45.8)	10,212	30.3%	(29.1 - 31.5)	+	532	32.2%	(27.5 - 37.3)	15,144	26.9%	(25.9 - 27.9)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	621	35.9%	(31.3 - 40.8)	17,085	30.3%	(29.2 - 31.4)	NS	268	38.2%	(31.0 - 45.8)	6,956	32.5%	(30.8 - 34.1)	NS	353	33.7%	(28.1 - 39.9)	10,129	28.2%	(26.9 - 29.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	693	34.6%	(30.5 - 38.8)	17,515	29.9%	(28.9 - 30.9)	NS	306	41.1%	(34.8 - 47.6)	7,546	32.6%	(31.1 - 34.2)	+	387	28.1%	(23.4 - 33.4)	9,969	27.2%	(26.0 - 28.5)	NS	Yes
<u>Currently taking blood pressure medication, among those ever told they have high BP</u>																						
2011	361	70.9%	(63.2 - 77.6)	9,505	77.9%	(76.5 - 79.2)	NS	152	64.7%	(53.7 - 74.3)	3,877	72.0%	(69.8 - 74.1)	NS	209	78.2%	(67.0 - 86.3)	5,628	84.2%	(82.5 - 85.7)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	262	78.4%	(71.0 - 84.4)	6,747	78.5%	(76.6 - 80.3)	NS	120	77.0%	(66.2 - 85.2)	2,828	73.1%	(70.2 - 75.9)	NS	142	80.0%	(68.8 - 87.8)	3,919	84.5%	(82.3 - 86.4)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	277	87.9%	(82.0 - 92.1)	6,685	77.8%	(75.9 - 79.6)	+	130	83.8%	(74.4 - 90.1)	3,016	73.0%	(70.1 - 75.7)	NS	147	93.8%	(87.5 - 97.1)	3,669	83.4%	(80.9 - 85.6)	+	No
<u>Had cholesterol checked in past 5 years^a</u>																						
2011	839	73.7%	(69.2 - 77.7)	24,606	71.8%	(71.0 - 72.7)	NS	324	66.1%	(59.0 - 72.5)	9,923	67.9%	(66.6 - 69.3)	NS	515	80.6%	(75.1 - 85.1)	14,683	75.6%	(74.5 - 76.7)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	603	74.7%	(68.7 - 79.9)	16,649	74.0%	(72.8 - 75.2)	NS	258	72.7%	(63.2 - 80.6)	6,804	71.1%	(69.2 - 72.9)	NS	345	76.7%	(68.9 - 83.0)	9,845	76.9%	(75.3 - 78.4)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	678	76.0%	(71.3 - 80.2)	16,986	75.1%	(73.9 - 76.2)	NS	301	78.7%	(72.4 - 84.0)	7,354	71.8%	(70.0 - 73.5)	NS	377	73.3%	(66.1 - 79.4)	9,632	78.2%	(76.8 - 79.7)	NS	No
<u>Ever told they have high cholesterol, among those who have ever had it checked^a</u>																						
2011	755	41.4%	(37.3 - 45.6)	20,831	38.3%	(37.3 - 39.3)	NS	272	46.3%	(39.6 - 53.2)	8,015	40.6%	(39.1 - 42.1)	NS	483	37.6%	(32.7 - 42.7)	12,816	36.3%	(35.1 - 37.6)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	532	43.2%	(38.1 - 48.4)	14,365	37.4%	(36.1 - 38.6)	NS	222	43.8%	(36.0 - 52.0)	5,672	40.0%	(38.0 - 41.9)	NS	310	42.5%	(36.3 - 49.0)	8,693	35.0%	(33.5 - 36.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	582	39.0%	(34.5 - 43.7)	14,651	35.1%	(34.0 - 36.3)	NS	259	44.4%	(37.5 - 51.5)	6,128	37.5%	(35.7 - 39.4)	NS	323	33.2%	(27.8 - 39.1)	8,523	33.0%	(31.5 - 34.5)	NS	No
Diabetes																						
<u>Ever told they have diabetes (excluding pregnancy)^a</u>																						
2011	874	7.8%	(6.2 - 9.9)	25,393	8.4%	(7.9 - 8.8)	NS	340	9.1%	(6.5 - 12.6)	10,222	8.6%	(7.9 - 9.3)	NS	534	6.6%	(4.8 - 9.1)	15,171	8.2%	(7.6 - 8.8)	NS	No
2012	606	9.4%	(6.7 - 12.9)	19,156	8.1%	(7.6 - 8.6)	NS	237	8.3%	(5.1 - 13.1)	7,861	8.3%	(7.6 - 9.1)	NS	369	10.4%	(6.6 - 16.1)	11,295	7.9%	(7.3 - 8.5)	NS	No
2013	622	11.8%	(9.2 - 15.0)	17,110	9.2%	(8.5 - 9.9)	NS	268	13.1%	(9.1 - 18.4)	6,968	10.1%	(9.0 - 11.2)	NS	354	10.5%	(7.5 - 14.6)	10,142	8.3%	(7.5 - 9.2)	NS	No
2014	940	10.8%	(8.8 - 13.1)	22,388	9.2%	(8.6 - 9.7)	NS	416	11.4%	(8.6 - 15.1)	9,598	9.7%	(8.9 - 10.6)	NS	524	10.2%	(7.7 - 13.4)	12,790	8.6%	(7.9 - 9.3)	NS	No
2015	694	9.2%	(7.1 - 11.9)	17,547	8.8%	(8.2 - 9.4)	NS	306	10.0%	(6.9 - 14.3)	7,565	9.0%	(8.2 - 9.9)	NS	388	8.4%	(5.8 - 11.9)	9,982	8.6%	(7.8 - 9.3)	NS	No
<u>Ever told they have pre-diabetes (excluding pregnancy)</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	327	6.1%	(3.8 - 9.6)	8,549	5.5%	(4.8 - 6.3)	NS	139	7.3%	(3.9 - 13.3)	3,452	5.9%	(4.8 - 7.2)	NS	188	4.8%	(2.5 - 9.1)	5,097	5.1%	(4.1 - 6.2)	NS	No
2014	490	6.5%	(4.4 - 9.4)	11,165	5.8%	(5.1 - 6.5)	NS	212	9.6%	(6.0 - 15.2)	4,723	5.8%	(4.8 - 6.9)	NS	278	3.6%	(2.0 - 6.1)	6,442	5.7%	(4.9 - 6.7)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cancer																						
<u>Ever told they have skin cancer</u>																						
2011	870	7.5%	(6.0 - 9.4)	25,359	5.6%	(5.3 - 6.0)	NS	340	9.0%	(6.5 - 12.2)	10,205	6.3%	(5.8 - 6.8)	NS	530	6.1%	(4.4 - 8.5)	15,154	5.0%	(4.6 - 5.5)	NS	No
2012	604	9.3%	(7.1 - 12.1)	19,133	5.6%	(5.2 - 6.0)	+	236	11.0%	(7.6 - 15.7)	7,859	5.8%	(5.3 - 6.4)	+	368	7.7%	(5.1 - 11.4)	11,274	5.4%	(4.9 - 6.0)	NS	No
2013	620	7.7%	(5.7 - 10.4)	17,087	5.9%	(5.5 - 6.3)	NS	267	7.6%	(5.1 - 11.2)	6,956	6.3%	(5.7 - 7.1)	NS	353	7.8%	(5.0 - 12.2)	10,131	5.4%	(4.9 - 6.0)	NS	No
2014	941	5.9%	(4.6 - 7.5)	22,370	5.7%	(5.4 - 6.1)	NS	416	6.0%	(4.1 - 8.6)	9,586	5.9%	(5.4 - 6.5)	NS	525	5.9%	(4.2 - 8.0)	12,784	5.6%	(5.1 - 6.1)	NS	No
2015	694	7.9%	(6.1 - 10.1)	17,512	6.0%	(5.6 - 6.4)	NS	306	7.8%	(5.4 - 11.1)	7,556	6.4%	(5.7 - 7.0)	NS	388	8.0%	(5.6 - 11.4)	9,956	5.6%	(5.1 - 6.2)	NS	No
<u>Ever told they have cancer other than skin cancer</u>																						
2011	871	8.4%	(6.6 - 10.7)	25,369	6.6%	(6.2 - 7.0)	NS	340	8.6%	(6.0 - 12.1)	10,219	5.0%	(4.6 - 5.5)	+	531	8.3%	(5.9 - 11.5)	15,150	8.1%	(7.5 - 8.6)	NS	No
2012	604	6.4%	(4.6 - 8.8)	19,136	6.5%	(6.0 - 6.9)	NS	236	5.3%	(3.1 - 8.8)	7,858	5.0%	(4.5 - 5.6)	NS	368	7.5%	(4.9 - 11.3)	11,278	7.9%	(7.2 - 8.5)	NS	No
2013	622	6.8%	(5.0 - 9.2)	17,104	6.8%	(6.3 - 7.3)	NS	269	5.4%	(3.3 - 8.7)	6,965	5.6%	(5.0 - 6.4)	NS	353	8.2%	(5.4 - 12.0)	10,139	8.0%	(7.3 - 8.8)	NS	No
2014	940	7.7%	(6.1 - 9.7)	22,380	6.1%	(5.7 - 6.5)	NS	416	7.3%	(5.1 - 10.3)	9,590	4.6%	(4.1 - 5.1)	+	524	8.1%	(6.0 - 11.0)	12,790	7.6%	(7.0 - 8.3)	NS	No
2015	690	7.5%	(5.7 - 9.8)	17,524	6.9%	(6.4 - 7.3)	NS	304	6.6%	(4.3 - 10.0)	7,557	5.2%	(4.6 - 5.8)	NS	386	8.5%	(6.0 - 11.9)	9,967	8.5%	(7.8 - 9.2)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	South Heartland			State of NE			South Heartland			State of NE			South Heartland			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		Sig ^d		
Ever told they have cancer (in any form)																						
2011	867	14.3%	(11.9 - 16.9)	25,315	11.2%	(10.7 - 11.7)	+	340	15.2%	(11.8 - 19.4)	10,192	10.1%	(9.5 - 10.8)	+	527	13.4%	(10.4 - 17.0)	15,123	12.2%	(11.5 - 12.9)	NS	No
2012	602	14.4%	(11.6 - 17.7)	19,100	10.8%	(10.3 - 11.4)	+	235	15.0%	(10.9 - 20.3)	7,846	9.6%	(8.9 - 10.4)	+	367	13.7%	(10.3 - 18.1)	11,254	11.9%	(11.2 - 12.7)	NS	No
2013	619	12.7%	(10.1 - 15.8)	17,062	11.4%	(10.8 - 12.1)	NS	267	11.7%	(8.4 - 16.1)	6,946	10.6%	(9.7 - 11.6)	NS	352	13.6%	(9.9 - 18.3)	10,116	12.3%	(11.4 - 13.2)	NS	No
2014	940	11.7%	(9.8 - 14.0)	22,338	10.7%	(10.2 - 11.2)	NS	416	11.1%	(8.4 - 14.4)	9,568	9.3%	(8.6 - 10.0)	NS	524	12.4%	(9.8 - 15.6)	12,770	12.1%	(11.4 - 12.9)	NS	No
2015	690	13.7%	(11.2 - 16.6)	17,481	11.6%	(11.0 - 12.2)	NS	304	12.5%	(9.2 - 16.7)	7,541	10.2%	(9.5 - 11.1)	NS	386	14.9%	(11.4 - 19.1)	9,940	12.9%	(12.1 - 13.8)	NS	No
Up-to-date on colon cancer screening, 50-75 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	310	59.9%	(53.1 - 66.4)	9,022	61.1%	(59.6 - 62.5)	NS	121	63.2%	(52.3 - 72.9)	3,733	58.4%	(56.1 - 60.6)	NS	189	57.1%	(48.4 - 65.3)	5,289	63.6%	(61.7 - 65.4)	NS	No
2013	315	61.0%	(54.6 - 67.0)	7,979	62.8%	(61.1 - 64.4)	NS	133	58.3%	(48.5 - 67.6)	3,275	61.0%	(58.5 - 63.6)	NS	182	63.2%	(54.8 - 70.8)	4,704	64.4%	(62.2 - 66.6)	NS	No
2014	468	62.8%	(57.7 - 67.7)	10,646	64.1%	(62.8 - 65.5)	NS	200	59.6%	(51.7 - 67.0)	4,681	63.0%	(61.0 - 65.1)	NS	268	65.8%	(59.0 - 72.0)	5,965	65.2%	(63.4 - 67.0)	NS	No
2015	325	72.1%	(65.9 - 77.5)	8,007	65.2%	(63.6 - 66.7)	NS	144	68.4%	(58.8 - 76.7)	3,446	63.7%	(61.3 - 66.1)	NS	181	76.0%	(68.6 - 82.2)	4,561	66.6%	(64.6 - 68.5)	+	No
Up-to-date on breast cancer screening, female 50-74 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	180	75.8%	(67.3 - 82.7)	5,200	74.9%	(73.2 - 76.5)	NS	-	-	-	-	-	-	-	180	75.8%	(67.3 - 82.7)	5,200	74.9%	(73.2 - 76.5)	NS	NA
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	265	71.7%	(65.1 - 77.4)	5,904	76.1%	(74.5 - 77.7)	NS	-	-	-	-	-	-	-	265	71.7%	(65.1 - 77.4)	5,904	76.1%	(74.5 - 77.7)	NS	NA
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Up-to-date on cervical cancer screening, female 21-65 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	128	85.6%	(75.9 - 91.8)	5,055	83.9%	(82.5 - 85.2)	NS	-	-	-	-	-	-	-	128	85.6%	(75.9 - 91.8)	5,055	83.9%	(82.5 - 85.2)	NS	NA
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	241	79.3%	(72.8 - 84.5)	5,779	81.7%	(80.0 - 83.3)	NS	-	-	-	-	-	-	-	241	79.3%	(72.8 - 84.5)	5,779	81.7%	(80.0 - 83.3)	NS	NA
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Arthritis																						
Ever told they have arthritis																						
2011	870	26.2%	(23.1 - 29.6)	25,285	23.4%	(22.8 - 24.1)	NS	337	21.7%	(17.4 - 26.8)	10,184	20.1%	(19.2 - 21.1)	NS	533	30.4%	(26.2 - 35.1)	15,101	26.6%	(25.7 - 27.6)	NS	No
2012	601	30.6%	(26.4 - 35.3)	19,089	24.6%	(23.8 - 25.4)	+	235	29.3%	(23.0 - 36.6)	7,839	21.5%	(20.3 - 22.6)	+	366	31.9%	(26.4 - 37.9)	11,250	27.7%	(26.6 - 28.8)	NS	No
2013	619	28.5%	(24.4 - 32.9)	17,017	24.7%	(23.8 - 25.7)	NS	268	26.6%	(20.2 - 33.5)	6,925	21.6%	(20.2 - 23.0)	NS	351	30.3%	(25.1 - 36.2)	10,092	27.8%	(26.5 - 29.2)	NS	No
2014	939	30.9%	(27.7 - 34.4)	22,307	24.6%	(23.8 - 25.4)	+	415	29.7%	(25.0 - 34.9)	9,560	21.6%	(20.5 - 22.8)	+	524	32.1%	(27.8 - 36.8)	12,747	27.4%	(26.3 - 28.6)	NS	No
2015	691	29.8%	(26.1 - 33.9)	17,472	23.4%	(22.6 - 24.3)	+	305	29.7%	(24.3 - 35.7)	7,540	19.7%	(18.5 - 20.9)	+	386	30.0%	(24.9 - 35.7)	9,932	27.1%	(25.9 - 28.4)	NS	No
Currently have activity limitations due to arthritis, among those ever told they have arthritis^a																						
2011	289	47.6%	(40.9 - 54.3)	7,973	45.2%	(43.6 - 46.8)	NS	90	55.2%	(43.6 - 66.2)	2,711	42.6%	(40.0 - 45.2)	NS	199	42.4%	(34.7 - 50.5)	5,262	47.1%	(45.1 - 49.2)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	206	45.2%	(37.0 - 53.6)	5,460	42.4%	(40.3 - 44.6)	NS	80	49.4%	(36.2 - 62.7)	1,861	41.0%	(37.4 - 44.6)	NS	126	41.6%	(32.0 - 51.9)	3,599	43.5%	(40.8 - 46.2)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	231	39.8%	(32.4 - 47.7)	5,146	44.0%	(41.9 - 46.1)	NS	96	39.1%	(28.6 - 50.7)	1,852	41.9%	(38.6 - 45.3)	NS	135	40.4%	(30.5 - 51.2)	3,294	45.5%	(42.9 - 48.1)	NS	No
Asthma																						
Ever told they have asthma																						
2011	873	10.6%	(8.2 - 13.5)	25,327	11.5%	(10.9 - 12.1)	NS	339	9.4%	(6.5 - 13.5)	10,194	10.5%	(9.6 - 11.3)	NS	534	11.7%	(8.3 - 16.2)	15,133	12.4%	(11.6 - 13.3)	NS	No
2012	604	11.5%	(8.5 - 15.4)	19,105	10.8%	(10.2 - 11.5)	NS	236	8.6%	(5.1 - 14.1)	7,847	9.7%	(8.8 - 10.7)	NS	368	14.3%	(9.8 - 20.4)	11,258	11.9%	(11.1 - 12.9)	NS	No
2013	622	12.4%	(9.4 - 16.2)	17,068	11.2%	(10.5 - 12.0)	NS	268	13.1%	(8.3 - 20.0)	6,946	9.6%	(8.6 - 10.8)	NS	354	11.8%	(8.6 - 15.9)	10,122	12.8%	(11.7 - 13.9)	NS	No
2014	940	12.7%	(10.4 - 15.4)	22,355	12.2%	(11.5 - 13.0)	NS	416	12.1%	(9.0 - 16.2)	9,583	10.8%	(9.8 - 11.9)	NS	524	13.2%	(10.1 - 17.2)	12,772	13.6%	(12.6 - 14.7)	NS	No
2015	691	13.4%	(10.5 - 16.8)	17,492	12.1%	(11.3 - 12.9)	NS	305	11.5%	(7.8 - 16.7)	7,554	10.7%	(9.6 - 12.0)	NS	386	15.2%	(11.2 - 20.3)	9,938	13.4%	(12.3 - 14.5)	NS	No
Currently have asthma																						
2011	871	7.0%	(5.0 - 9.6)	25,257	7.3%	(6.9 - 7.8)	NS	339	5.3%	(3.3 - 8.6)	10,170	6.0%	(5.4 - 6.7)	NS	532	8.5%	(5.5 - 12.8)	15,087	8.6%	(8.0 - 9.4)	NS	No
2012	603	8.0%	(5.6 - 11.4)	19,053	7.4%	(6.9 - 7.9)	NS	236	5.3%	(2.9 - 9.5)	7,832	6.1%	(5.4 - 6.9)	NS	367	10.7%	(6.8 - 16.3)	11,221	8.7%	(7.9 - 9.4)	NS	No
2013	620	9.1%	(6.6 - 12.5)	17,024	7.3%	(6.7 - 8.0)	NS	268	9.3%	(5.5 - 15.4)	6,930	5.5%	(4.8 - 6.4)	NS	352	8.9%	(6.1 - 12.7)	10,094	9.1%	(8.2 - 10.0)	NS	No
2014	937	9.1%	(7.1 - 11.5)	22,289	7.7%	(7.2 - 8.3)	NS	415	7.5%	(5.1 - 10.7)	9,562	6.2%	(5.5 - 7.0)	NS	522	10.6%	(7.7 - 14.4)	12,727	9.2%	(8.4 - 10.1)	NS	No
2015	687	7.8%	(5.7 - 10.4)	17,435	7.2%	(6.6 - 7.8)	NS	304	5.6%	(3.4 - 9.0)	7,533	5.4%	(4.7 - 6.2)	NS	383	9.9%	(6.8 - 14.3)	9,902	8.9%	(8.0 - 9.9)	NS	No
Chronic Obstructive Pulmonary Disease (COPD)																						
Ever told they have COPD																						
2011	866	5.6%	(4.1 - 7.5)	25,280	5.0%	(4.6 - 5.3)	NS	335	5.9%	(3.8 - 9.1)	10,171	4.4%	(3.9 - 4.9)	NS	531	5.3%	(3.5 - 7.8)	15,109	5.5%	(5.0 - 6.0)	NS	No
2012	601	5.4%	(3.8 - 7.8)	19,075	5.3%	(4.9 - 5.8)	NS	234	5.6%	(3.3 - 9.2)	7,832	4.7%	(4.1 - 5.3)	NS	367	5.3%	(3.1 - 8.9)	11,243	6.0%	(5.4 - 6.6)	NS	No
2013	622	7.5%	(5.1 - 10.7)	17,035	5.3%	(4.9 - 5.8)	NS	268	10.3%	(6.3 - 16.5)	6,932	4.8%	(4.2 - 5.5)	+	354	4.7%	(2.9 - 7.7)	10,103	5.8%	(5.2 - 6.6)	NS	No
2014	935	7.8%	(6.1 - 9.8)	22,313	5.8%	(5.3 - 6.2)	NS	413	6.7%	(4.6 - 9.7)	9,555	5.5%	(4.9 - 6.2)	NS	522	8.8%	(6.4 - 12.0)	12,758	6.1%	(5.5 - 6.7)	NS	No
2015	690	6.8%	(5.2 - 9.0)	17,466	5.4%	(5.0 - 5.9)	NS	304	7.7%	(5.2 - 11.3)	7,536	4.8%	(4.2 - 5.4)	NS	386	5.9%	(4.0 - 8.7)	9,930	6.1%	(5.5 - 6.7)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^e						
	South Heartland		State of NE			South Heartland		State of NE			South Heartland		State of NE									
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d							
Kidney Disease																						
Ever told they have kidney disease																						
2011	873	2.1%	(1.4 - 3.2)	25,345	2.2%	(2.0 - 2.4)	NS	340	1.6%	(0.8 - 3.1)	10,208	2.1%	(1.8 - 2.5)	NS	533	2.6%	(1.6 - 4.4)	15,137	2.2%	(2.0 - 2.5)	NS	No
2012	604	4.3%	(2.7 - 6.6)	19,122	2.4%	(2.2 - 2.7)	+	235	3.6%	(1.9 - 6.9)	7,850	2.2%	(1.8 - 2.6)	NS	369	4.9%	(2.7 - 8.6)	11,272	2.7%	(2.3 - 3.1)	NS	No
2013	623	1.5%	(0.8 - 2.9)	17,080	2.0%	(1.8 - 2.3)	NS	269	1.2%	(0.3 - 4.1)	6,953	1.9%	(1.5 - 2.4)	NS	354	1.7%	(0.8 - 3.6)	10,127	2.1%	(1.8 - 2.6)	NS	No
2014	937	3.3%	(2.3 - 4.6)	22,362	2.1%	(1.9 - 2.4)	NS	415	1.9%	(1.0 - 3.8)	9,586	2.0%	(1.7 - 2.4)	NS	522	4.6%	(3.0 - 6.9)	12,776	2.3%	(2.0 - 2.6)	+	No
2015	692	3.2%	(2.0 - 5.0)	17,502	2.4%	(2.1 - 2.7)	NS	306	1.7%	(0.6 - 4.7)	7,550	2.2%	(1.8 - 2.7)	NS	386	4.7%	(2.8 - 7.7)	9,952	2.5%	(2.1 - 2.9)	NS	No
Tobacco																						
Current cigarette smoking ⁴																						
2011	874	16.3%	(13.3 - 19.8)	25,324	20.0%	(19.3 - 20.7)	NS	340	18.4%	(13.7 - 24.2)	10,189	22.1%	(21.0 - 23.3)	NS	534	14.4%	(10.8 - 18.8)	15,135	17.9%	(17.0 - 18.9)	NS	No
2012	602	17.9%	(13.7 - 23.1)	18,985	19.7%	(18.9 - 20.6)	NS	237	20.6%	(14.2 - 28.9)	7,801	21.4%	(20.1 - 22.7)	NS	365	15.3%	(10.3 - 22.0)	11,184	18.1%	(17.0 - 19.2)	NS	No
2013	607	16.3%	(12.6 - 20.9)	16,687	18.5%	(17.5 - 19.5)	NS	261	20.7%	(14.5 - 28.7)	6,790	19.8%	(18.3 - 21.4)	NS	346	12.3%	(8.6 - 17.1)	9,897	17.2%	(15.9 - 18.5)	NS	No
2014	918	16.8%	(13.9 - 20.1)	21,729	17.3%	(16.5 - 18.2)	NS	405	17.7%	(13.6 - 22.7)	9,311	18.5%	(17.3 - 19.9)	NS	513	15.8%	(12.0 - 20.6)	12,418	16.2%	(15.1 - 17.3)	NS	No
2015	679	16.3%	(13.1 - 20.2)	17,079	17.1%	(16.2 - 18.1)	NS	298	17.3%	(12.7 - 23.0)	7,355	18.4%	(17.0 - 19.9)	NS	381	15.4%	(11.1 - 21.1)	9,724	15.8%	(14.7 - 17.1)	NS	No
Attempted to quit smoking in past year, among current cigarette smokers																						
2011	119	47.9%	(37.1 - 58.9)	4,195	55.6%	(53.5 - 57.7)	NS	54	49.4%	(34.1 - 64.9)	1,914	53.4%	(50.4 - 56.3)	NS	65	46.0%	(31.7 - 61.0)	2,281	58.3%	(55.4 - 61.2)	NS	No
2012	77	55.5%	(40.7 - 69.4)	3,023	57.1%	(54.7 - 59.6)	NS	34	-*	-* - *	1,406	55.2%	(51.7 - 58.7)	NA	43	-*	-* - *	1,617	59.3%	(55.9 - 62.7)	NA	NA
2013	85	62.9%	(49.7 - 74.4)	2,546	57.1%	(54.1 - 60.2)	NS	44	-*	-* - *	1,147	55.9%	(51.5 - 60.3)	NA	41	-*	-* - *	1,399	58.5%	(54.3 - 62.6)	NA	NA
2014	124	63.2%	(52.5 - 72.8)	3,241	58.2%	(55.5 - 60.9)	NS	58	69.9%	(56.3 - 80.8)	1,489	57.9%	(54.0 - 61.8)	NS	66	55.9%	(40.3 - 70.4)	1,752	58.5%	(54.6 - 62.2)	NS	No
2015	94	57.6%	(45.6 - 68.7)	2,476	59.1%	(56.1 - 62.0)	NS	47	-*	-* - *	1,145	59.2%	(54.8 - 63.5)	NA	47	-*	-* - *	1,331	58.9%	(54.8 - 62.9)	NA	NA
Current smokeless tobacco use ⁴																						
2011	874	5.6%	(3.6 - 8.7)	25,406	5.6%	(5.2 - 6.0)	NS	340	10.8%	(6.9 - 16.6)	10,231	10.5%	(9.7 - 11.4)	NS	534	0.8%	(0.2 - 3.0)	15,175	0.8%	(0.6 - 1.0)	NS	Yes
2012	604	9.9%	(6.5 - 14.6)	19,041	5.1%	(4.6 - 5.6)	+	236	19.4%	(13.0 - 28.1)	7,828	9.5%	(8.7 - 10.5)	+	368	0.7%	(0.2 - 2.2)	11,213	0.8%	(0.6 - 1.2)	NS	Yes
2013	608	3.8%	(2.3 - 6.3)	16,732	5.3%	(4.7 - 5.9)	NS	261	6.9%	(4.0 - 11.6)	6,813	10.1%	(9.0 - 11.2)	NS	347	1.0%	(0.2 - 3.9)	9,919	0.7%	(0.5 - 0.9)	NS	Yes
2014	919	6.3%	(4.6 - 8.6)	21,797	4.7%	(4.2 - 5.1)	NS	405	10.9%	(7.7 - 15.1)	9,340	8.5%	(7.7 - 9.3)	NS	514	1.7%	(0.8 - 3.9)	12,457	1.0%	(0.7 - 1.3)	NS	Yes
2015	680	6.2%	(4.3 - 8.8)	17,123	5.5%	(4.9 - 6.1)	NS	298	11.8%	(8.2 - 16.7)	7,372	9.9%	(8.9 - 11.1)	NS	382	0.7%	(0.2 - 2.6)	9,751	1.1%	(0.8 - 1.6)	NS	Yes
Has rule not allowing smoking anywhere inside their home																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	276	90.7%	(85.4 - 94.2)	7,750	88.7%	(87.4 - 89.8)	NS	118	92.4%	(86.3 - 95.9)	3,121	88.3%	(86.2 - 90.0)	NS	158	89.0%	(79.5 - 94.4)	4,629	89.1%	(87.5 - 90.5)	NS	No
2014	465	87.9%	(83.6 - 91.1)	10,582	89.0%	(87.9 - 90.0)	NS	197	85.9%	(79.1 - 90.7)	4,448	87.9%	(86.1 - 89.5)	NS	268	89.7%	(83.7 - 93.6)	6,134	90.0%	(88.6 - 91.2)	NS	No
2015	317	92.4%	(87.8 - 95.4)	7,816	90.1%	(88.9 - 91.1)	NS	129	92.8%	(85.7 - 96.5)	3,261	89.2%	(87.2 - 90.9)	NS	188	92.1%	(84.7 - 96.1)	4,555	90.9%	(89.6 - 92.1)	NS	No
Overweight and Obesity																						
Obese (BMI=30+) ⁴																						
2011	845	29.6%	(25.8 - 33.6)	24,366	28.4%	(27.6 - 29.2)	NS	339	33.2%	(27.3 - 39.6)	10,102	29.2%	(28.0 - 30.4)	NS	506	26.0%	(21.4 - 31.1)	14,264	27.6%	(26.5 - 28.8)	NS	No
2012	588	30.6%	(26.0 - 35.6)	18,385	28.6%	(27.7 - 29.6)	NS	235	27.1%	(20.8 - 34.5)	7,781	29.2%	(27.9 - 30.6)	NS	353	34.1%	(27.7 - 41.0)	10,604	28.1%	(26.8 - 29.3)	NS	No
2013	581	26.3%	(22.2 - 30.9)	16,250	29.6%	(28.4 - 30.7)	NS	263	25.3%	(19.5 - 32.1)	6,860	30.8%	(29.1 - 32.5)	NS	318	27.4%	(21.9 - 33.7)	9,390	28.4%	(26.9 - 29.9)	NS	No
2014	898	34.6%	(31.1 - 38.4)	21,130	30.2%	(29.2 - 31.3)	NS	413	37.4%	(32.3 - 42.9)	9,399	31.7%	(30.2 - 33.2)	NS	485	31.7%	(26.8 - 36.9)	11,731	28.7%	(27.4 - 30.1)	NS	No
2015	655	34.4%	(30.2 - 38.9)	16,265	31.4%	(30.3 - 32.5)	NS	298	38.5%	(32.3 - 45.1)	7,323	32.9%	(31.3 - 34.6)	NS	357	30.1%	(24.6 - 36.1)	8,942	29.8%	(28.3 - 31.3)	NS	No
Obese (BMI=30+), among disabled ⁴																						
2011	251	42.5%	(35.0 - 50.3)	6,765	39.6%	(37.9 - 41.3)	NS	93	47.9%	(36.0 - 60.1)	2,498	38.2%	(35.5 - 40.9)	NS	158	37.4%	(28.8 - 46.8)	4,267	40.8%	(38.6 - 43.0)	NS	No
2012	158	42.1%	(32.2 - 52.6)	4,729	40.7%	(38.5 - 42.8)	NS	53	35.9%	(21.5 - 53.4)	1,836	38.9%	(35.6 - 42.2)	NS	105	47.2%	(34.6 - 60.1)	2,893	42.3%	(39.6 - 45.1)	NS	No
2013	133	35.2%	(26.1 - 45.7)	4,010	42.7%	(40.1 - 45.3)	NS	64	28.6%	(17.3 - 43.5)	1,630	42.4%	(38.5 - 46.3)	NS	69	44.3%	(31.5 - 57.8)	2,380	43.0%	(39.7 - 46.4)	NS	No
2014	233	44.3%	(37.1 - 51.7)	5,202	40.6%	(38.4 - 42.9)	NS	100	40.7%	(30.3 - 52.0)	2,119	39.4%	(36.1 - 42.9)	NS	133	48.1%	(38.7 - 57.6)	3,083	41.8%	(38.9 - 44.6)	NS	No
2015	157	42.5%	(33.6 - 51.9)	3,995	43.0%	(40.6 - 45.5)	NS	71	47.9%	(35.2 - 60.8)	1,649	43.0%	(39.4 - 46.8)	NS	86	36.2%	(25.2 - 49.0)	2,346	43.0%	(39.9 - 46.3)	NS	No
Overweight or Obese (BMI=25+)																						
2011	845	63.2%	(58.9 - 67.4)	24,366	64.9%	(64.0 - 65.8)	NS	339	70.1%	(63.4 - 76.0)	10,102	72.8%	(71.5 - 74.1)	NS	506	56.4%	(50.7 - 61.9)	14,264	56.8%	(55.5 - 58.1)	NS	Yes
2012	588	68.7%	(63.1 - 73.7)	18,385	65.0%	(64.0 - 66.0)	NS	235	72.5%	(63.8 - 79.8)	7,781	72.3%	(70.8 - 73.7)	NS	353	64.8%	(57.5 - 71.4)	10,604	57.6%	(56.2 - 59.0)	NS	No
2013	581	63.5%	(57.7 - 68.9)	16,250	65.5%	(64.2 - 66.7)	NS	263	65.9%	(56.8 - 73.9)	6,860	72.2%	(70.4 - 74.0)	NS	318	60.9%	(53.5 - 67.9)	9,390	58.5%	(56.8 - 60.2)	NS	No
2014	898	69.4%	(65.6 - 72.9)	21,130	66.7%	(65.6 - 67.8)	NS	413	75.1%	(69.9 - 79.6)	9,399	73.8%	(72.3 - 75.3)	NS	485	63.3%	(57.8 - 68.4)	11,731	59.2%	(57.7 - 60.7)	NS	Yes
2015	655	70.9%	(66.3 - 75.0)	16,265	67.0%	(65.8 - 68.2)	NS	298	79.4%	(73.2 - 84.5)	7,323	73.4%	(71.7 - 75.1)	NS	357	61.8%	(55.0 - 68.0)	8,942	60.2%	(58.6 - 61.9)	NS	Yes
Nutrition																						
Consumed sugar-sweetened beverages 1 or more times per day in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	275	28.4%	(22.4 - 35.2)	7,822	28.5%	(26.8 - 30.3)	NS	118	37.2%	(27.7 - 47.9)	3,164	35.8%	(33.1 - 38.5)	NS	157	19.6%	(13.1 - 28.4)	4,658	21.7%	(19.7 - 24.0)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Indicators	Overall					Men					Women					LHD Gender Diff. ^e						
	South Heartland		State of NE			South Heartland		State of NE			South Heartland		State of NE									
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d							
Currently watching or reducing sodium or salt intake																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	277	56.1%	(49.1 - 62.8)	7,818	46.3%	(44.6 - 48.1)	+	119	54.2%	(43.8 - 64.3)	3,165	43.4%	(40.8 - 46.0)	NS	158	57.9%	(48.5 - 66.7)	4,653	49.1%	(46.8 - 51.5)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	310	47.3%	(40.3 - 54.4)	7,892	46.8%	(45.0 - 48.5)	NS	145	48.8%	(38.2 - 59.4)	3,436	46.0%	(43.4 - 48.7)	NS	165	46.0%	(37.0 - 55.3)	4,456	47.5%	(45.2 - 49.8)	NS	No
Median times per day consumed fruits																						
2011	813	0.98	(0.96 - 1.01)	24,090	1.02	(1.02 - 1.04)	-	313	0.71	(0.57 - 0.91)	9,660	0.99	(0.99 - 1.00)	-	500	1.04	(0.99 - 1.14)	14,430	1.14	(1.13 - 1.14)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	577	0.98	(0.93 - 1.11)	15,949	1.00	(1.00 - 1.00)	NS	245	0.90	(0.66 - 0.98)	6,462	0.99	(0.99 - 1.00)	-	332	1.13	(0.98 - 1.41)	9,487	1.07	(1.06 - 1.14)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	650	1.00	(0.98 - 1.10)	16,135	1.00	(1.00 - 1.00)	NS	284	1.00	(0.95 - 1.09)	6,899	0.99	(0.98 - 1.00)	NS	366	1.03	(0.98 - 1.14)	9,236	1.03	(1.02 - 1.09)	NS	No
Consumed fruits less than 1 time per day																						
2011	813	44.4%	(40.1 - 48.8)	24,090	40.1%	(39.2 - 41.1)	NS	313	56.1%	(49.3 - 62.7)	9,660	46.2%	(44.8 - 47.6)	+	500	34.0%	(28.6 - 39.7)	14,430	34.3%	(33.1 - 35.6)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	577	41.4%	(36.0 - 47.0)	15,949	39.7%	(38.5 - 41.0)	NS	245	49.8%	(41.4 - 58.2)	6,462	45.4%	(43.4 - 47.3)	NS	332	33.6%	(27.0 - 40.8)	9,487	34.4%	(32.8 - 36.1)	NS	Yes
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	650	39.5%	(34.9 - 44.2)	16,135	41.1%	(39.9 - 42.4)	NS	284	41.3%	(34.8 - 48.1)	6,899	47.4%	(45.6 - 49.3)	NS	366	37.6%	(31.3 - 44.3)	9,236	35.1%	(33.5 - 36.7)	NS	No
Median times per day consumed vegetables																						
2011	808	1.44	(1.40 - 1.57)	23,785	1.46	(1.44 - 1.50)	NS	310	1.28	(1.15 - 1.43)	9,534	1.35	(1.33 - 1.41)	NS	498	1.59	(1.50 - 1.75)	14,251	1.57	(1.57 - 1.61)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	571	1.49	(1.34 - 1.59)	15,700	1.57	(1.55 - 1.58)	NS	242	1.18	(1.04 - 1.31)	6,373	1.43	(1.42 - 1.50)	-	329	1.72	(1.58 - 2.10)	9,327	1.70	(1.66 - 1.73)	NS	Yes
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	635	1.50	(1.42 - 1.64)	15,850	1.53	(1.50 - 1.58)	NS	275	1.46	(1.33 - 1.59)	6,786	1.42	(1.40 - 1.46)	NS	360	1.57	(1.42 - 1.78)	9,064	1.62	(1.58 - 1.69)	NS	No
Consumed vegetables less than 1 time per day																						
2011	808	27.1%	(23.3 - 31.3)	23,785	26.2%	(25.4 - 27.1)	NS	310	34.8%	(28.4 - 41.7)	9,534	29.7%	(28.4 - 31.0)	NS	498	20.1%	(16.1 - 24.8)	14,251	22.9%	(21.8 - 24.1)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	571	24.8%	(20.1 - 30.2)	15,700	23.3%	(22.2 - 24.4)	NS	242	32.3%	(24.3 - 41.4)	6,373	26.6%	(25.0 - 28.4)	NS	329	17.7%	(13.5 - 23.0)	9,327	20.1%	(18.7 - 21.6)	NS	Yes
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	635	24.2%	(20.2 - 28.7)	15,850	24.7%	(23.7 - 25.9)	NS	275	24.6%	(18.8 - 31.6)	6,786	28.3%	(26.6 - 30.0)	NS	360	23.8%	(18.5 - 29.9)	9,064	21.4%	(20.1 - 22.8)	NS	No
Physical Activity																						
No leisure-time physical activity in past 30 days^a																						
2011	829	29.2%	(25.5 - 33.2)	24,433	26.3%	(25.5 - 27.1)	NS	319	34.7%	(28.7 - 41.3)	9,795	27.2%	(26.0 - 28.5)	+	510	24.2%	(20.0 - 29.0)	14,638	25.4%	(24.3 - 26.5)	NS	No
2012	606	24.0%	(19.7 - 28.9)	19,153	21.0%	(20.2 - 21.9)	NS	237	27.8%	(21.0 - 35.7)	7,865	20.4%	(19.3 - 21.7)	NS	369	20.3%	(15.3 - 26.4)	11,288	21.6%	(20.5 - 22.8)	NS	No
2013	582	29.5%	(24.6 - 34.9)	16,158	25.3%	(24.2 - 26.4)	NS	246	35.2%	(27.1 - 44.3)	6,567	26.3%	(24.7 - 28.1)	NS	336	24.3%	(19.3 - 30.1)	9,591	24.3%	(22.9 - 25.8)	NS	No
2014	940	26.1%	(23.0 - 29.4)	22,397	21.3%	(20.4 - 22.1)	+	415	28.2%	(23.5 - 33.4)	9,599	21.2%	(20.0 - 22.5)	+	525	24.0%	(20.1 - 28.5)	12,798	21.4%	(20.2 - 22.5)	NS	No
2015	652	23.4%	(19.7 - 27.6)	16,319	25.3%	(24.3 - 26.4)	NS	286	24.1%	(18.8 - 30.4)	6,997	25.3%	(23.8 - 26.9)	NS	366	22.7%	(17.8 - 28.4)	9,322	25.4%	(24.0 - 26.8)	NS	No
Met aerobic physical activity recommendation^a																						
2011	799	49.1%	(44.7 - 53.5)	23,735	49.0%	(48.0 - 49.9)	NS	307	46.8%	(40.0 - 53.8)	9,544	47.2%	(45.8 - 48.6)	NS	492	51.1%	(45.5 - 56.8)	14,191	50.6%	(49.4 - 51.9)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	560	46.2%	(40.8 - 51.7)	15,730	50.1%	(48.8 - 51.4)	NS	237	40.4%	(32.6 - 48.8)	6,416	48.8%	(46.9 - 50.7)	NS	323	51.6%	(44.6 - 58.6)	9,314	51.4%	(49.7 - 53.1)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	641	53.1%	(48.4 - 57.9)	15,878	51.3%	(50.0 - 52.5)	NS	280	52.4%	(45.5 - 59.1)	6,832	51.1%	(49.2 - 53.0)	NS	361	53.9%	(47.3 - 60.4)	9,046	51.4%	(49.8 - 53.1)	NS	No
Met muscle strengthening recommendation^a																						
2011	819	24.2%	(20.5 - 28.4)	24,204	28.1%	(27.3 - 29.0)	NS	314	22.7%	(17.2 - 29.3)	9,697	32.0%	(30.6 - 33.4)	-	505	25.6%	(20.7 - 31.1)	14,507	24.5%	(23.4 - 25.6)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	577	22.7%	(18.5 - 27.6)	16,021	28.4%	(27.2 - 29.6)	NS	242	21.4%	(15.4 - 29.1)	6,499	31.0%	(29.2 - 32.8)	-	335	23.9%	(18.3 - 30.4)	9,522	26.0%	(24.5 - 27.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	638	25.7%	(21.4 - 30.4)	16,117	31.2%	(30.1 - 32.5)	NS	281	29.8%	(23.7 - 36.8)	6,893	34.9%	(33.1 - 36.8)	NS	357	21.5%	(16.0 - 28.3)	9,224	27.7%	(26.2 - 29.3)	NS	No
Met both aerobic physical activity and muscle strengthening recommendations^a																						
2011	794	17.4%	(14.0 - 21.4)	23,567	19.0%	(18.2 - 19.8)	NS	305	16.8%	(11.8 - 23.3)	9,477	19.7%	(18.5 - 20.9)	NS	489	18.0%	(13.7 - 23.3)	14,090	18.4%	(17.4 - 19.4)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	560	14.1%	(10.6 - 18.3)	15,635	18.8%	(17.8 - 19.9)	NS	237	11.6%	(7.2 - 18.2)	6,366	19.4%	(17.9 - 21.0)	NS	323	16.3%	(11.6 - 22.5)	9,269	18.2%	(16.8 - 19.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	629	18.7%	(14.9 - 23.3)	15,724	21.8%	(20.7 - 22.9)	NS	276	21.2%	(15.6 - 28.0)	6,757	23.3%	(21.6 - 25.1)	NS	353	16.3%	(11.5 - 22.7)	8,967	20.3%	(18.9 - 21.7)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^e								
	South Heartland			State of NE			Sig ^d	South Heartland			State of NE			Sig ^d	South Heartland			State of NE			Sig ^d			
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a		mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b		95% C.I. ^c (Low - High)	n ^a	mean or % ^b
Walk for at least 10 minutes at a time for any reason during a usual week																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	312	87.4%	(82.3 - 91.2)	7,895	84.6%	(83.3 - 85.8)	NS	146	86.4%	(77.8 - 92.0)	3,442	84.2%	(82.2 - 86.0)	NS	166	88.3%	(81.4 - 92.9)	4,453	85.1%	(83.4 - 86.6)	NS	-	No	
Have access to safe places to walk in their neighborhood																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	310	85.1%	(79.8 - 89.2)	7,893	88.4%	(87.2 - 89.4)	NS	144	89.4%	(82.6 - 93.8)	3,439	88.8%	(87.2 - 90.3)	NS	166	81.3%	(72.9 - 87.5)	4,454	87.9%	(86.3 - 89.3)	NS	-	No	
Injury																								
Always wear a seatbelt when driving or riding in a car[^]																								
2011	822	62.8%	(58.4 - 67.0)	24,208	71.3%	(70.5 - 72.1)	-	315	50.7%	(43.9 - 57.4)	9,683	63.7%	(62.4 - 65.0)	-	507	73.5%	(68.1 - 78.3)	14,525	78.6%	(77.5 - 79.5)	NS	-	Yes	
2012	598	60.6%	(55.0 - 66.0)	18,851	69.7%	(68.7 - 70.6)	-	232	46.6%	(38.4 - 54.9)	7,731	61.7%	(60.2 - 63.2)	-	366	74.1%	(67.1 - 80.1)	11,120	77.3%	(76.1 - 78.4)	NS	-	Yes	
2013	577	65.7%	(60.5 - 70.6)	16,053	74.1%	(73.0 - 75.2)	-	244	50.2%	(41.8 - 58.6)	6,520	67.0%	(65.3 - 68.7)	-	333	80.0%	(74.2 - 84.8)	9,533	80.8%	(79.5 - 82.1)	NS	-	Yes	
2014	912	59.0%	(55.1 - 62.8)	21,599	72.4%	(71.5 - 73.3)	-	401	50.8%	(45.1 - 56.4)	9,241	64.7%	(63.2 - 66.2)	-	511	67.1%	(61.7 - 72.0)	12,358	79.8%	(78.7 - 80.9)	-	-	Yes	
2015	640	62.5%	(57.6 - 67.2)	16,136	75.4%	(74.4 - 76.4)	-	279	55.3%	(48.3 - 62.1)	6,900	68.2%	(66.5 - 69.9)	-	361	69.7%	(62.9 - 75.7)	9,236	82.3%	(81.1 - 83.4)	-	-	Yes	
Texted while driving in past 30 days																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	286	21.0%	(15.4 - 28.0)	11,451	26.8%	(25.6 - 27.9)	NS	116	26.9%	(17.7 - 38.8)	4,757	29.2%	(27.5 - 31.0)	NS	170	15.9%	(10.2 - 24.1)	6,694	24.4%	(22.8 - 26.0)	NS	-	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	310	22.7%	(16.9 - 29.7)	7,620	24.9%	(23.3 - 26.6)	NS	125	23.6%	(15.5 - 34.1)	3,209	27.6%	(25.0 - 30.3)	NS	185	21.8%	(14.1 - 32.2)	4,411	22.3%	(20.3 - 24.4)	NS	-	No	
Talked on a cell phone while driving in past 30 days																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	287	60.7%	(53.9 - 67.1)	11,424	69.1%	(68.0 - 70.2)	-	116	66.5%	(56.3 - 75.4)	4,742	71.5%	(69.9 - 73.2)	NS	171	55.8%	(46.9 - 64.3)	6,682	66.7%	(65.2 - 68.2)	-	-	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	304	67.6%	(60.8 - 73.7)	7,604	67.0%	(65.3 - 68.6)	NS	122	75.8%	(65.9 - 83.6)	3,203	71.0%	(68.5 - 73.3)	NS	182	59.6%	(50.3 - 68.3)	4,401	63.1%	(60.8 - 65.2)	NS	-	No	
Had a fall in past year, aged 45 years and older																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	480	30.1%	(25.4 - 35.1)	13,738	28.8%	(27.7 - 29.9)	NS	180	27.8%	(20.8 - 35.9)	5,384	26.9%	(25.3 - 28.5)	NS	300	32.1%	(26.2 - 38.6)	8,354	30.5%	(29.1 - 31.9)	NS	-	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	665	29.7%	(25.9 - 33.7)	15,671	26.1%	(25.1 - 27.1)	NS	279	32.1%	(26.2 - 38.5)	6,513	24.5%	(23.0 - 26.1)	+	386	27.5%	(22.9 - 32.6)	9,158	27.6%	(26.2 - 29.0)	NS	-	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Injured due to a fall in past year, aged 45 years and older																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	479	11.8%	(8.7 - 15.7)	13,719	9.9%	(9.2 - 10.6)	NS	179	8.9%	(5.0 - 15.4)	5,377	7.7%	(6.7 - 8.7)	NS	300	14.2%	(10.1 - 19.8)	8,342	11.8%	(10.9 - 12.9)	NS	-	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	664	11.5%	(9.0 - 14.6)	15,647	8.8%	(8.2 - 9.5)	NS	278	12.1%	(8.3 - 17.3)	6,502	6.8%	(6.0 - 7.7)	+	386	10.9%	(7.9 - 15.0)	9,145	10.6%	(9.7 - 11.6)	NS	-	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Mental Health																								
Ever told they have depression																								
2011	870	19.6%	(16.5 - 23.2)	25,333	16.8%	(16.2 - 17.5)	NS	338	13.9%	(10.0 - 18.9)	10,198	11.5%	(10.7 - 12.4)	NS	532	25.0%	(20.4 - 30.2)	15,135	22.0%	(21.0 - 23.0)	NS	-	Yes	
2012	605	13.8%	(10.4 - 18.1)	19,115	16.7%	(16.0 - 17.5)	NS	237	8.9%	(5.6 - 13.9)	7,853	12.4%	(11.4 - 13.5)	NS	368	18.6%	(13.2 - 25.5)	11,262	20.9%	(19.8 - 22.1)	NS	-	No	
2013	623	18.5%	(14.6 - 23.1)	17,065	18.2%	(17.3 - 19.2)	NS	269	15.0%	(9.9 - 22.2)	6,940	12.9%	(11.6 - 14.2)	NS	354	21.9%	(16.6 - 28.2)	10,125	23.4%	(22.0 - 24.8)	NS	-	No	
2014	937	20.7%	(17.8 - 23.9)	22,346	17.7%	(16.9 - 18.6)	NS	416	14.7%	(11.1 - 19.1)	9,582	13.0%	(11.8 - 14.2)	NS	521	26.5%	(22.2 - 31.4)	12,764	22.3%	(21.1 - 23.5)	NS	-	Yes	
2015	691	19.1%	(15.7 - 23.2)	17,485	17.5%	(16.7 - 18.5)	NS	303	12.1%	(8.4 - 17.2)	7,534	12.4%	(11.3 - 13.7)	NS	388	25.9%	(20.5 - 32.2)	9,951	22.5%	(21.2 - 23.8)	NS	-	Yes	
Frequent Mental Distress in past 30 days																								
2011	858	11.0%	(8.6 - 14.0)	25,036	9.2%	(8.7 - 9.7)	NS	332	9.4%	(6.2 - 14.0)	10,097	7.7%	(7.0 - 8.4)	NS	526	12.5%	(9.2 - 16.9)	14,939	10.7%	(9.9 - 11.5)	NS	-	No	
2012	592	7.2%	(4.8 - 10.7)	18,935	9.0%	(8.4 - 9.7)	NS	231	5.0%	(2.4 - 10.3)	7,786	7.4%	(6.6 - 8.3)	NS	361	9.4%	(5.9 - 14.7)	11,149	10.6%	(9.7 - 11.5)	NS	-	No	
2013	615	9.0%	(6.1 - 13.0)	16,889	8.9%	(8.2 - 9.6)	NS	266	9.2%	(5.1 - 16.1)	6,889	6.8%	(5.9 - 7.9)	NS	349	8.8%	(5.3 - 14.1)	10,000	10.9%	(9.8 - 12.0)	NS	-	No	
2014	919	8.1%	(6.3 - 10.5)	22,132	8.2%	(7.6 - 8.8)	NS	402	5.5%	(3.3 - 8.9)	9,483	6.4%	(5.6 - 7.3)	NS	517	10.7%	(7.9 - 14.3)	12,649	9.9%	(9.0 - 10.8)	NS	-	No	
2015	690	7.2%	(5.0 - 10.2)	17,369	8.9%	(8.2 - 9.6)	NS	304	6.1%	(3.5 - 10.5)	7,491	6.9%	(6.0 - 7.9)	NS	386	8.3%	(5.2 - 13.0)	9,878	10.8%	(9.8 - 11.9)	NS	-	No	

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	South Heartland			State of NE			South Heartland			State of NE			South Heartland			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		Sig ^d		
Currently taking medication or receiving treatment for a mental health condition																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
2012	299	5.9%	(3.2 - 10.7)	6,643	11.0%	(10.0 - 12.1)	NS	112	2.9%	(1.3 - 6.7)	2,693	7.4%	(6.2 - 8.9)	NS	187	8.7%	(4.1 - 17.4)	3,950	14.5%	(12.9 - 16.2)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Symptoms of serious mental illness in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	293	1.7%	(0.6 - 4.6)	6,555	3.2%	(2.6 - 3.9)	NS	109	0.6%	(0.1 - 4.1)	2,657	2.5%	(1.8 - 3.7)	NS	184	2.7%	(0.9 - 8.2)	3,898	3.8%	(2.9 - 4.9)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Alcohol and Drug Use																						
Any alcohol consumption in past 30 days																						
2011	813	56.2%	(51.8 - 60.5)	24,051	61.8%	(60.9 - 62.7)	-	311	64.7%	(57.9 - 70.9)	9,597	67.7%	(66.4 - 69.1)	NS	502	48.6%	(43.1 - 54.2)	14,454	56.2%	(55.0 - 57.4)	-	Yes
2012	600	54.5%	(49.1 - 59.9)	18,891	61.3%	(60.3 - 62.3)	-	235	65.5%	(57.4 - 72.9)	7,749	68.7%	(67.2 - 70.1)	NS	365	43.9%	(37.0 - 51.1)	11,142	54.2%	(52.8 - 55.6)	-	Yes
2013	604	50.7%	(45.4 - 56.0)	16,614	57.5%	(56.2 - 58.7)	-	259	60.7%	(52.2 - 68.7)	6,754	63.3%	(61.4 - 65.2)	NS	345	41.4%	(35.1 - 48.1)	9,860	51.8%	(50.2 - 53.5)	-	Yes
2014	915	58.0%	(54.1 - 61.7)	21,612	59.2%	(58.1 - 60.3)	NS	402	66.3%	(60.8 - 71.4)	9,246	65.2%	(63.6 - 66.8)	NS	513	49.8%	(44.6 - 55.1)	12,366	53.4%	(52.0 - 54.9)	NS	Yes
2015	673	57.8%	(53.1 - 62.2)	16,939	57.6%	(56.4 - 58.8)	NS	294	64.1%	(57.5 - 70.3)	7,282	63.8%	(62.0 - 65.5)	NS	379	51.5%	(45.0 - 57.9)	9,657	51.6%	(50.0 - 53.2)	NS	No
Binge drank in past 30 days^a																						
2011	811	22.8%	(19.1 - 26.9)	23,948	22.7%	(21.9 - 23.5)	NS	309	31.9%	(25.7 - 38.9)	9,533	30.2%	(28.9 - 31.5)	NS	502	14.6%	(10.9 - 19.4)	14,415	15.7%	(14.7 - 16.7)	NS	Yes
2012	590	20.0%	(15.5 - 25.5)	18,742	22.1%	(21.3 - 23.0)	NS	229	30.6%	(22.9 - 39.5)	7,664	29.1%	(27.6 - 30.5)	NS	361	10.4%	(6.3 - 16.7)	11,078	15.5%	(14.5 - 16.6)	NS	Yes
2013	602	17.1%	(13.3 - 21.6)	16,500	20.0%	(19.0 - 21.1)	NS	258	24.1%	(17.7 - 31.8)	6,687	25.2%	(23.6 - 26.9)	NS	344	10.7%	(6.9 - 16.1)	9,813	15.0%	(13.8 - 16.4)	NS	Yes
2014	908	20.2%	(17.1 - 23.8)	21,443	20.3%	(19.4 - 21.3)	NS	399	28.5%	(23.5 - 34.2)	9,149	26.8%	(25.3 - 28.3)	NS	509	12.1%	(8.8 - 16.3)	12,294	14.1%	(13.0 - 15.3)	NS	Yes
2015	671	19.9%	(16.2 - 24.3)	16,832	19.5%	(18.5 - 20.5)	NS	294	24.2%	(18.7 - 30.8)	7,216	26.0%	(24.4 - 27.8)	NS	377	15.7%	(11.0 - 22.0)	9,616	13.1%	(12.0 - 14.3)	NS	No
Heavy drinking in past 30 days																						
2011	808	7.0%	(5.0 - 9.6)	23,906	7.5%	(7.0 - 8.1)	NS	307	9.6%	(6.1 - 14.8)	9,514	9.2%	(8.4 - 10.2)	NS	501	4.6%	(3.0 - 7.1)	14,392	5.9%	(5.2 - 6.6)	NS	No
2012	588	7.8%	(4.9 - 12.1)	18,738	7.2%	(6.6 - 7.7)	NS	227	9.1%	(4.9 - 16.3)	7,668	8.5%	(7.7 - 9.4)	NS	361	6.6%	(3.2 - 13.0)	11,070	5.9%	(5.3 - 6.6)	NS	No
2013	600	4.1%	(2.4 - 6.9)	16,513	6.8%	(6.2 - 7.5)	NS	258	5.8%	(3.1 - 10.7)	6,698	7.3%	(6.4 - 8.3)	NS	342	2.5%	(1.0 - 6.3)	9,815	6.3%	(5.5 - 7.2)	NS	No
2014	908	6.2%	(4.5 - 8.6)	21,447	6.4%	(5.9 - 7.0)	NS	396	8.0%	(5.1 - 12.3)	9,158	7.5%	(6.7 - 8.5)	NS	512	4.6%	(2.9 - 7.2)	12,289	5.3%	(4.7 - 6.1)	NS	No
2015	669	6.3%	(4.4 - 8.9)	16,815	5.7%	(5.1 - 6.4)	NS	293	7.1%	(4.4 - 11.4)	7,214	7.0%	(6.0 - 8.1)	NS	376	5.5%	(3.3 - 9.0)	9,601	4.6%	(3.9 - 5.3)	NS	No
Alcohol impaired driving in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	601	3.3%	(1.7 - 6.2)	18,895	3.4%	(3.1 - 3.8)	NS	234	6.3%	(3.2 - 12.1)	7,741	5.5%	(4.9 - 6.3)	NS	367	0.4%	(0.1 - 1.6)	11,154	1.4%	(1.1 - 1.8)	NS	Yes
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	912	2.7%	(1.7 - 4.3)	21,627	2.5%	(2.2 - 2.9)	NS	400	4.2%	(2.4 - 7.0)	9,242	4.2%	(3.5 - 4.9)	NS	512	1.3%	(0.5 - 3.4)	12,385	1.0%	(0.7 - 1.3)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Took pain medication prescribed by doctor in past year																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	295	32.9%	(26.8 - 39.6)	11,767	30.2%	(29.1 - 31.4)	NS	119	40.7%	(30.7 - 51.5)	4,835	27.3%	(25.7 - 29.0)	+	176	26.2%	(19.4 - 34.3)	6,932	33.0%	(31.5 - 34.6)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	318	28.9%	(23.3 - 35.3)	7,858	33.5%	(31.9 - 35.1)	NS	130	29.6%	(21.1 - 39.8)	3,283	28.9%	(26.6 - 31.4)	NS	188	28.2%	(21.2 - 36.5)	4,575	37.9%	(35.8 - 40.1)	NS	No
Had leftover pain meds after last filled script, among those who took pain meds in past year																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	96	47.7%	(36.0 - 59.7)	3,848	49.2%	(46.9 - 51.4)	NS	46	-*	-* - *	1,423	43.9%	(40.4 - 47.4)	NA	50	51.8%	(35.7 - 67.5)	2,425	53.4%	(50.5 - 56.3)	NS	NA
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	95	33.7%	(23.4 - 45.9)	2,684	45.7%	(42.8 - 48.7)	NS	41	-*	-* - *	995	42.6%	(37.9 - 47.4)	NA	54	35.5%	(22.4 - 51.3)	1,689	48.0%	(44.4 - 51.7)	NS	NA
Immunization and Infectious Disease																						
Had a flu vaccination in past year, aged 18 years and older																						
2011	816	49.1%	(44.8 - 53.4)	24,156	41.1%	(40.2 - 42.0)	+	311	46.2%	(39.7 - 52.9)	9,663	35.1%	(33.8 - 36.5)	+	505	51.6%	(46.0 - 57.2)	14,493	46.8%	(45.6 - 48.1)	NS	No
2012	600	43.0%	(37.8 - 48.4)	18,903	42.2%	(41.2 - 43.2)	NS	234	38.2%	(30.6 - 46.4)	7,754	36.8%	(35.4 - 38.2)	NS	366	47.7%	(40.8 - 54.7)	11,149	47.5%	(46.1 - 48.8)	NS	No
2013	576	43.0%	(37.9 - 48.3)	16,022	45.2%	(43.9 - 46.4)	NS	243	39.4%	(31.8 - 47.6)	6,506	41.2%	(39.4 - 43.1)	NS	333	46.4%	(39.7 - 53.2)	9,516	48.9%	(47.2 - 50.6)	NS	No
2014	913	43.1%	(39.4 - 46.9)	21,638	43.9%	(42.9 - 45.0)	NS	401	36.7%	(31.6 - 42.2)	9,262	38.8%	(37.3 - 40.4)	NS	512	49.3%	(44.1 - 54.5)	12,376	48.9%	(47.4 - 50.3)	NS	Yes
2015	641	42.0%	(37.5 - 46.6)	16,091	47.2%	(46.0 - 48.4)	NS	278	42.4%	(35.8 - 49.2)	6,883	40.8%	(39.0 - 42.6)	NS	363	41.6%	(35.6 - 47.9)	9,208	53.4%	(51.7 - 55.0)	-	No

Indicators	Overall						Men					Women					LHD Gender Diff. ^e					
	South Heartland			State of NE			South Heartland			State of NE		South Heartland			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d							
Had a flu vaccination in past year, aged 65 years and older^a																						
2011	323	74.0%	(68.4 - 78.9)	8,185	61.8%	(60.3 - 63.3)	+	107	75.7%	(66.0 - 83.2)	2,875	59.6%	(57.1 - 62.1)	+	216	72.8%	(65.8 - 78.8)	5,310	63.4%	(61.5 - 65.3)	+	No
2012	255	60.8%	(53.2 - 67.9)	6,625	62.9%	(61.2 - 64.6)	NS	88	59.1%	(46.3 - 70.8)	2,327	60.9%	(58.1 - 63.6)	NS	167	62.3%	(53.5 - 70.3)	4,298	64.4%	(62.4 - 66.5)	NS	No
2013	218	67.5%	(59.7 - 74.4)	5,652	66.2%	(64.2 - 68.1)	NS	90	64.2%	(51.6 - 75.2)	2,067	67.6%	(64.4 - 70.6)	NS	128	70.3%	(60.9 - 78.3)	3,585	65.0%	(62.6 - 67.4)	NS	No
2014	325	64.4%	(58.5 - 69.9)	7,610	64.7%	(63.2 - 66.2)	NS	134	61.4%	(52.0 - 70.0)	2,971	65.9%	(63.5 - 68.3)	NS	191	67.0%	(59.5 - 73.8)	4,639	63.8%	(61.8 - 65.7)	NS	No
2015	241	63.0%	(56.0 - 69.5)	5,578	65.2%	(63.4 - 67.0)	NS	95	67.3%	(56.3 - 76.7)	2,119	64.1%	(61.1 - 66.9)	NS	146	59.0%	(49.9 - 67.6)	3,459	66.1%	(63.9 - 68.2)	NS	No
Ever had a pneumonia vaccination, aged 65 years and older^a																						
2011	316	70.5%	(64.4 - 75.9)	7,997	70.3%	(68.8 - 71.7)	NS	104	66.2%	(55.7 - 75.4)	2,772	66.7%	(64.2 - 69.1)	NS	212	73.5%	(66.1 - 79.7)	5,225	72.9%	(71.2 - 74.5)	NS	No
2012	251	68.7%	(61.1 - 75.5)	6,413	70.0%	(68.4 - 71.6)	NS	85	60.0%	(46.9 - 71.7)	2,225	66.9%	(64.1 - 69.6)	NS	166	76.3%	(68.1 - 82.9)	4,188	72.3%	(70.3 - 74.1)	NS	No
2013	211	76.4%	(69.2 - 82.3)	5,478	71.7%	(69.8 - 73.4)	NS	84	73.9%	(61.8 - 83.1)	1,970	71.5%	(68.5 - 74.3)	NS	127	78.5%	(69.4 - 85.5)	3,508	71.8%	(69.4 - 74.0)	NS	No
2014	314	74.5%	(68.9 - 79.4)	7,372	72.3%	(70.9 - 73.7)	NS	132	70.8%	(61.7 - 78.5)	2,849	70.3%	(67.9 - 72.5)	NS	182	77.9%	(70.8 - 83.7)	4,523	73.9%	(72.1 - 75.7)	NS	No
2015	235	73.2%	(66.1 - 79.2)	5,452	73.8%	(72.1 - 75.4)	NS	92	68.4%	(57.0 - 77.9)	2,056	70.3%	(67.4 - 73.0)	NS	143	77.5%	(68.6 - 84.4)	3,396	76.5%	(74.5 - 78.4)	NS	No
Had a tetanus vaccination since 2005																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	532	56.3%	(50.4 - 61.9)	14,650	60.2%	(58.9 - 61.5)	NS	222	58.8%	(49.3 - 67.7)	6,015	63.1%	(61.1 - 65.0)	NS	310	53.9%	(46.7 - 60.9)	8,635	57.4%	(55.6 - 59.1)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ever had a shingles vaccination, aged 50 years and older																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	611	32.9%	(28.9 - 37.1)	14,246	27.9%	(26.9 - 28.9)	NS	253	34.7%	(28.5 - 41.4)	5,892	25.7%	(24.2 - 27.3)	+	358	31.3%	(26.4 - 36.6)	8,354	29.8%	(28.4 - 31.3)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ever been tested for HIV, 18-64 year olds (excluding blood donation)																						
2011	485	25.1%	(20.7 - 30.0)	15,561	30.8%	(29.7 - 31.8)	NS	198	21.2%	(15.3 - 28.7)	6,612	28.4%	(27.0 - 29.9)	NS	287	28.6%	(22.6 - 35.4)	8,949	33.1%	(31.7 - 34.6)	NS	No
2012	338	27.3%	(21.6 - 33.7)	11,879	30.9%	(29.8 - 32.1)	NS	142	23.4%	(16.0 - 32.8)	5,254	27.9%	(26.3 - 29.5)	NS	196	31.2%	(23.3 - 40.3)	6,625	34.0%	(32.4 - 35.7)	NS	No
2013	346	24.5%	(19.2 - 30.8)	10,049	31.8%	(30.3 - 33.3)	NS	149	20.1%	(13.1 - 29.7)	4,304	29.1%	(27.0 - 31.3)	NS	197	28.8%	(21.4 - 37.5)	5,745	34.4%	(32.5 - 36.4)	NS	No
2014	559	26.6%	(22.4 - 31.2)	13,474	30.9%	(29.6 - 32.2)	NS	255	24.4%	(18.9 - 30.8)	6,042	28.6%	(26.8 - 30.5)	NS	304	28.8%	(22.9 - 35.5)	7,432	33.2%	(31.4 - 35.0)	NS	No
2015	388	27.3%	(22.1 - 33.1)	10,152	32.0%	(30.6 - 33.5)	NS	178	26.8%	(19.8 - 35.1)	4,604	29.2%	(27.2 - 31.4)	NS	210	27.8%	(20.6 - 36.3)	5,548	34.9%	(32.9 - 36.9)	NS	No
Oral Health																						
Visited a dentist or dental clinic for any reason in past year^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	601	67.9%	(62.4 - 72.9)	19,052	67.6%	(66.6 - 68.5)	NS	236	68.7%	(60.6 - 75.9)	7,827	64.2%	(62.7 - 65.6)	NS	365	67.0%	(59.4 - 73.8)	11,225	70.9%	(69.6 - 72.1)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	935	61.6%	(57.8 - 65.2)	22,258	66.4%	(65.4 - 67.4)	-	413	59.8%	(54.2 - 65.2)	9,544	63.2%	(61.7 - 64.8)	NS	522	63.2%	(58.0 - 68.2)	12,714	69.5%	(68.1 - 70.8)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Had any permanent teeth extracted due to tooth decay or gum disease																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	597	42.2%	(37.1 - 47.5)	18,824	39.8%	(38.8 - 40.8)	NS	234	40.8%	(33.2 - 48.9)	7,750	39.2%	(37.7 - 40.6)	NS	363	43.6%	(36.9 - 50.6)	11,074	40.4%	(39.1 - 41.7)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	929	44.9%	(41.2 - 48.7)	22,085	39.1%	(38.1 - 40.1)	+	412	49.2%	(43.6 - 54.8)	9,490	39.4%	(37.9 - 40.9)	+	517	40.6%	(35.8 - 45.6)	12,595	38.9%	(37.5 - 40.2)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Had any permanent teeth extracted due to tooth decay or gum disease, 45-64 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	223	42.5%	(35.2 - 50.2)	7,138	47.7%	(46.1 - 49.3)	NS	93	39.7%	(28.7 - 51.8)	3,077	48.7%	(46.3 - 51.1)	NS	130	45.2%	(35.7 - 55.0)	4,061	46.7%	(44.6 - 48.8)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	344	49.7%	(43.9 - 55.5)	8,200	45.9%	(44.3 - 47.5)	NS	150	56.5%	(47.7 - 64.9)	3,631	47.5%	(45.1 - 50.0)	NS	194	43.4%	(35.9 - 51.1)	4,569	44.3%	(42.1 - 46.5)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Had all permanent teeth extracted due to tooth decay or gum disease, aged 65 years and older																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	254	15.2%	(10.4 - 21.8)	6,502	13.4%	(12.3 - 14.5)	NS	89	13.5%	(6.6 - 25.4)	2,313	12.0%	(10.3 - 13.9)	NS	165	16.8%	(10.9 - 25.1)	4,189	14.4%	(13.0 - 16.0)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	325	15.3%	(11.5 - 20.0)	7,657	14.1%	(13.0 - 15.2)	NS	136	9.5%	(5.4 - 16.1)	3,010	14.4%	(12.8 - 16.3)	NS	189	20.5%	(14.9 - 27.6)	4,647	13.8%	(12.5 - 15.2)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Indicators	Overall						Men						Women						LHD Gender Diff. ^e				
	South Heartland			State of NE			South Heartland			State of NE			South Heartland			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d					
Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds^a																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	108	14.0%	(7.3 - 25.3)	3,149	11.3%	(9.9 - 12.8)	NS	43	-*	-*	-*	1,268	9.3%	(7.5 - 11.4)	NA	65	11.5%	(5.4 - 22.7)	1,881	13.1%	(11.1 - 15.3)	NS	NA
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2014	184	12.4%	(8.0 - 18.8)	4,089	10.9%	(9.6 - 12.3)	NS	86	7.3%	(3.3 - 15.3)	1,804	12.0%	(9.9 - 14.4)	NS	98	17.7%	(10.5 - 28.3)	2,285	9.8%	(8.3 - 11.7)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
Social Context																							
Housing insecurity in past year, among those who own or rent their home^a																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	264	26.7%	(19.8 - 34.9)	6,089	26.6%	(25.0 - 28.3)	NS	99	26.2%	(16.4 - 39.1)	2,481	24.7%	(22.3 - 27.3)	NS	165	27.1%	(18.2 - 38.4)	3,608	28.5%	(26.3 - 30.8)	NS	No	
2013	261	26.1%	(20.1 - 33.2)	7,324	28.8%	(27.1 - 30.5)	NS	111	25.3%	(16.5 - 36.7)	2,961	25.0%	(22.5 - 27.7)	NS	150	26.9%	(19.3 - 36.1)	4,363	32.3%	(30.0 - 34.7)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	301	23.7%	(17.7 - 30.9)	7,461	28.5%	(26.8 - 30.2)	NS	120	22.6%	(14.1 - 34.2)	3,109	26.6%	(24.2 - 29.2)	NS	181	24.7%	(17.0 - 34.5)	4,352	30.3%	(28.1 - 32.5)	NS	No	
Food insecurity in past year^a																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	297	18.6%	(12.9 - 26.2)	6,621	17.6%	(16.2 - 19.0)	NS	111	12.8%	(6.2 - 24.6)	2,684	13.9%	(12.1 - 16.0)	NS	186	23.8%	(15.6 - 34.5)	3,937	21.1%	(19.1 - 23.2)	NS	No	
2013	276	16.2%	(11.5 - 22.5)	7,828	19.0%	(17.6 - 20.6)	NS	119	11.0%	(5.4 - 21.1)	3,159	15.4%	(13.4 - 17.7)	NS	157	21.5%	(14.7 - 30.3)	4,669	22.5%	(20.5 - 24.6)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	321	16.5%	(11.6 - 23.0)	7,918	21.0%	(19.5 - 22.5)	NS	130	15.9%	(8.7 - 27.3)	3,309	17.9%	(15.8 - 20.2)	NS	191	17.1%	(11.3 - 25.0)	4,609	24.0%	(22.1 - 26.1)	NS	No	
Caregiving																							
Provided regular care/assistance in past month to friend or family member with health issue																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	309	27.0%	(21.0 - 33.9)	7,883	24.7%	(23.2 - 26.2)	NS	144	20.0%	(13.1 - 29.2)	3,434	21.1%	(19.1 - 23.4)	NS	165	33.1%	(24.4 - 43.1)	4,449	28.0%	(25.9 - 30.2)	NS	No	
Cognitive Decline																							
Experienced more or worsening confusion or memory loss in past year, aged 45 years and older																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	225	10.5%	(6.7 - 16.1)	5,767	9.4%	(8.4 - 10.5)	NS	108	7.2%	(3.5 - 14.4)	2,436	10.2%	(8.7 - 12.0)	NS	117	13.7%	(7.9 - 22.8)	3,331	8.6%	(7.3 - 10.2)	NS	No	
Inadequate Sleep																							
Get less than 7 hours of sleep per day																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	618	29.6%	(24.7 - 35.0)	16,972	31.8%	(30.6 - 33.0)	NS	269	35.1%	(27.2 - 43.9)	6,927	32.6%	(30.8 - 34.4)	NS	349	24.1%	(18.9 - 30.3)	10,045	31.0%	(29.5 - 32.6)	NS	No	
2014	932	29.6%	(26.0 - 33.3)	22,172	30.0%	(29.0 - 31.0)	NS	412	29.2%	(24.2 - 34.8)	9,527	30.7%	(29.2 - 32.2)	NS	520	29.9%	(25.1 - 35.2)	12,645	29.4%	(28.1 - 30.7)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
Average hours of sleep per day																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	618	7.2	(7.1 - 7.4)	16,972	7.1	(7.0 - 7.1)	NS	269	7.1	(6.9 - 7.3)	6,927	7.0	(7.0 - 7.1)	NS	349	7.3	(7.1 - 7.5)	10,045	7.1	(7.0 - 7.1)	NS	No	
2014	932	7.1	(7.0 - 7.2)	22,172	7.1	(7.0 - 7.1)	NS	412	7.1	(7.0 - 7.3)	9,527	7.0	(7.0 - 7.1)	NS	520	7.1	(7.0 - 7.3)	12,645	7.1	(7.1 - 7.1)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
Occupational Safety and Health																							
Work-related injury or illness in past year, among employed or recently out of work																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2013	182	7.2%	(3.7 - 13.5)	4,952	4.8%	(3.9 - 5.8)	NS	77	11.8%	(5.6 - 23.4)	2,246	6.1%	(4.8 - 7.7)	NS	105	2.3%	(0.6 - 8.1)	2,706	3.3%	(2.2 - 4.9)	NS	No	
2014	281	5.8%	(3.1 - 10.7)	6,966	4.9%	(4.1 - 5.9)	NS	149	6.6%	(3.0 - 14.0)	3,403	5.4%	(4.4 - 6.7)	NS	132	4.7%	(1.6 - 13.0)	3,563	4.3%	(3.1 - 6.0)	NS	No	
2015	215	7.6%	(3.5 - 16.0)	5,434	5.7%	(4.7 - 6.8)	NS	114	14.8%	(6.8 - 29.4)	2,727	7.1%	(5.6 - 9.0)	NS	101	0.3%	(0.0 - 2.3)	2,707	3.9%	(2.9 - 5.3)	-	Yes	

Indicators	Overall									Men									Women									LHD Gender Diff. ^e
	South Heartland			State of NE			Sig ^d	South Heartland			State of NE			Sig ^d	South Heartland			State of NE			Sig ^d							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)								
Health Literacy																												
<u>Lacking confidence in their ability to fill out health forms</u>																												
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-							
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-							
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-							
2014	872	37.1%	(33.4 - 41.0)	20,778	34.3%	(33.3 - 35.4)	NS	383	47.0%	(41.3 - 52.7)	8,826	41.2%	(39.6 - 42.9)	NS	489	27.7%	(23.0 - 32.9)	11,952	27.8%	(26.4 - 29.1)	NS	Yes						
2015	618	41.0%	(36.3 - 46.0)	15,462	36.5%	(35.3 - 37.8)	NS	267	51.6%	(44.6 - 58.6)	6,585	43.2%	(41.3 - 45.1)	NS	351	30.6%	(24.6 - 37.3)	8,877	30.2%	(28.7 - 31.8)	NS	Yes						
<u>Written health information is always or nearly always easy to understand</u>																												
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-							
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-							
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-							
2014	874	69.1%	(65.3 - 72.8)	20,755	73.4%	(72.4 - 74.4)	NS	377	63.2%	(57.4 - 68.7)	8,796	68.7%	(67.2 - 70.3)	NS	497	74.7%	(69.6 - 79.3)	11,959	77.9%	(76.7 - 79.1)	NS	Yes						
2015	616	76.4%	(72.3 - 80.1)	15,445	73.1%	(71.9 - 74.2)	NS	266	71.2%	(64.5 - 77.0)	6,561	69.7%	(67.9 - 71.4)	NS	350	81.7%	(76.6 - 85.9)	8,884	76.3%	(74.8 - 77.7)	NS	No						
<u>Always or nearly always get help reading health information</u>																												
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-							
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-							
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-							
2014	887	13.6%	(11.0 - 16.6)	21,042	11.5%	(10.8 - 12.2)	NS	387	18.1%	(14.0 - 23.2)	8,953	13.3%	(12.2 - 14.4)	NS	500	9.1%	(6.5 - 12.7)	12,089	9.8%	(8.9 - 10.8)	NS	Yes						
2015	627	11.0%	(8.2 - 14.7)	15,675	10.6%	(9.9 - 11.4)	NS	273	11.6%	(7.9 - 16.6)	6,686	11.9%	(10.8 - 13.2)	NS	354	10.5%	(6.6 - 16.3)	8,989	9.4%	(8.5 - 10.4)	NS	No						

Note: Data reflect the four county LHD region of Adams, Clay, Nuckolls, and Webster Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

^a Non-weighted sample size among adults 18 and older (unless different age group noted)

^b Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

^c Low and High are the lower and upper limits of the 95% confidence interval, respectively

^d Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

^e Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

^f Reflects a Nebraska Healthy People 2020 (HP2020) measure

* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS), October 2016

