

Board of Health

Adams County: South Heartland District Health Department
September 4, 2019 8:30 a.m. (Light Breakfast available at 8:15 am)

AGENDA		
Apprx. Time	Topic, Lead Person	Expected Outcomes
8:30 (7')	Welcome & Opportunity for Public Comment – President Nanette Shackelford, Chair	<ol style="list-style-type: none"> 1. Meeting Call to Order, Open Meeting Statement 2. Introductions / Roll Call 3. Approve Agenda – Board Action 4. Board Conflict of Interest Declarations 5. Public Comments
8:37 (1')	July 10, 2019 Board Meeting Minutes – Chair	Approve Minutes of January Meeting – Board Action
8:38 (2')	Update on Board member appointments: <ul style="list-style-type: none"> • Nuckolls County Public-spirited appointment, J. Keifer reporting Governance – PHAB Domain 12 	<ol style="list-style-type: none"> 1. Updated Board Roster
8:40 (25')	Legislative Update – Guests: Senator Dave Murman, District 38 Senator Steve Halloran, District 33 <i>BOH Core Function - Policy; Governance – PHAB Domain 12; ES 6</i>	<ol style="list-style-type: none"> 1. Board learns about legislative activities, including highlights of past legislative session, interim studies and issues/priorities for 2020 session and shares public health concerns and successes with Senators
9:05 (20')	Introduction of Local Community Leader Guest: Chief Adam Story, Hastings Police Department <i>Strategic Plan Goal 2B: Increase Community Engagement</i>	<ol style="list-style-type: none"> 1. Board learns about HPD public safety concerns, initiatives, and successes
9:25 (10')	Bi Monthly Report on 10 Essential Services from Staff <i>Governance – PHAB Domain 12; All Essential Services</i>	<ol style="list-style-type: none"> 1. Board is able to describe activities of the Department 2. Accept Bi-Monthly Report – Board Action
9:35	Break (10 min)	Refreshment / Stretch & Move!
9:45 (10')	Finances – J. Streufert / M. Bever <i>Administration/Management - PHAB Domain 11, SP Goal 4</i> <ul style="list-style-type: none"> • Financial Report (Balance Sheets, Profit & Loss, Disbursements) • Line of Credit Update • Grants/Funding/ Contracts/Subawards Status • Audit Update 	<ol style="list-style-type: none"> 1. Accept Financial Report – Board Action 2. Awareness of financial health /funding sources/ budgetary needs
9:55 (5')	Committee Reports: Finance Committee – C. Neumann <ul style="list-style-type: none"> • FY 2020 Budget <i>Governance – PHAB domain 12</i>	<ol style="list-style-type: none"> 1. FY 2020 Budget Overview - Informational
10:00 (15')	BUDGET HEARING – Board President	Opportunity for Public Comments
10:15 (5')	FY 2020 Budget – Finance Committee – C. Neumann <i>Governance – PHAB domain 12</i>	Board approves FY 2019 Budget – Board Action
10:20 (15')	Committee Reports: Policy Committee – P. Meyer New or Revised Policies/Procedures: <ul style="list-style-type: none"> • Workforce Development Plan – under revision • Organizational Chart – updated • Urgent/Non-Urgent Communications System Summary • Wellness Equipment Waiver • PHAB Domain 6: Public Health Laws – Enforcement Authority • Policy on Contracts and other Formal Signed Agreements <i>Governance – PHAB domain 12; ES 5; BOH Core Functions</i>	<ol style="list-style-type: none"> 1. Awareness of policies and plans being revised/updated and a new public health law enforcement authorities review - Informational 2. Approve <i>Policy on Contracts and Other Formal Signed Agreements</i> – Board Action
10:35 (10')	Communications from Exec. Director <ul style="list-style-type: none"> • Executive Director's Report Q and A <i>Governance – PHAB Domain 12</i>	<ol style="list-style-type: none"> 1. Latest updates on key issues, personnel, funding opportunities, legislative advocacy, etc. ; SHDHD Strategic Planning – Update; Annual audit with Nebraska State Auditor of Public Accounts – Update from Exit Conference
10:45 (5')	Communications from Board Members - Chair Announcements/Upcoming Events – All (see next page) <i>Governance – PHAB Domain 12</i>	<ol style="list-style-type: none"> 1. SALBOH update –J Reimer 2. Board members share their community/county public health activities/issues and community or professional meeting briefs and legislative days – All Board Members
10:50	Adjourn	Board Action (<i>Next Meeting November 6, 2019, in Webster County</i>)

SHDHD Calendar

Board Members - Please consider attending and/or helping us promote these upcoming events and observances:

1. September 19
 - NACO-Central District Meeting – Aurora Leadership Center, 2211 Q Street, Aurora, NE
2. September 20
 - Interim Study Hearings – State Capital Room 1003, Lincoln, NE
 - i. LR 116 (Cavanaugh) – Interim Study to examine the long-term fiscal sustainability of the Nebraska Health Care Cash Fund. 9:00 am
 - ii. LR 223 (Quick) – Interim Study to examine how to provide a sustainable and adequate stream of state funds to local public health departments to ensure they are able to meet their core responsibilities. 9:00 am
3. October 1
 - 15th Annual Kids Fitness and Nutrition Day – 4th graders from Adams, Clay, Nuckolls and Webster Counties spend a day with SHDHD to learn how to “Eat Well” and “Move More”. Event location is the Hastings Family YMCA, 9:00 am – 2:30 pm. Event partners: UNL Extension, Hastings Family YMCA, Hastings College, UNK and Mary Lanning Healthcare.
4. October 19
 - “Be Well, Feel Good, Get Checked” - Women’s Health Event to promote women’s health, healthy lifestyle programs, cancer screenings, affordable health care, flu shots, and more! October 19, 9:00 am – 11:00 am at the YWCA Adams County Hastings. Event partners: SHDHD, Community Health Center, Morrison Cancer Center, Hastings Family YMCA, YWCA Adams County, SASA, UNL Extension.
5. Ongoing – all year ‘round:
 - Skin Cancer Prevention – All year ‘round! South Heartland has higher skin cancer rates than Nebraska overall. Some people are more at risk for skin cancer – but skin damage from the sun’s ultraviolet (UV) rays, in the form of sunburn, increases everyone’s risk. Tanning is also a type of skin damage – no tan is a safe tan. Promote sun safety all year round – especially in children, adolescents and young adults.
 - Diabetes Prevention: Ongoing: ‘Smart Moves’ Classes (Evidence-based Diabetes Prevention Program) – Share the brochure and refer people who might be eligible. SHDHD’s program has maintained Recognition status from the CDC!
 - Falls Prevention: Tai Chi and Stepping On classes – find out when the next classes will begin in your county!

Open Meeting Compliance:

- Prior to this meeting a notice was posted in the newspapers in Adams, Clay, Nuckolls, and Webster Counties and that each member of the Board received a copy of the proposed agenda. The agenda for this meeting was kept continuously current and was available for public inspection at the South Heartland District Health Department, 606 N. Minnesota Ave, Suite 2, Hastings, Nebraska. This meeting is being held in open session.
- A copy of the Nebraska Open Meeting Law has been posted in this meeting room and is available for the public's review.

South Heartland's Guiding Principles:

- We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

Board of Health Principles of Good Faith*:

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| <ul style="list-style-type: none"> ➤ Regularly attend and actively participate in board of health and committee meetings. If unable to attend, be able to provide a valid excuse for absence. ➤ Ensure that time at board of health meetings is set aside for updates on public health problems and what the health department is doing, or needs to do, in regard to such challenges. ➤ Have a thorough knowledge of the duties and provisions found in the bylaws and charter of the organization. ➤ Involve others in health department functions and funding efforts, special events, and activities to promote and support programs and services. ➤ Heed corporate affairs and keep informed of the central activities and operations of programs. | <ul style="list-style-type: none"> ➤ Support majority opinions of the board. ➤ Advocate for public health by communicating regularly with community leaders and elected officials about perceived needs and possible resources. ➤ Ensure minimum statutory or technical requirements are met regarding filing annual report, withholding employee taxes, etc. ➤ Record personal conduct and register dissents in the minutes, or by letter. ➤ Avoid any semblance of self-dealing or enrichment; discourage any business transactions between directors and the organization. ➤ Accept no pecuniary profits except that which is expressly provided in compensation or reimbursement within the bylaws or laws of the city, county, and state. |
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*Board of Health Handbook, page 32

South Heartland District Health Department Strategic Plan 2013 - 2019

Vision: Healthy people in healthy communities

Mission: The South Heartland District Health Department is dedicated to preserving and improving the health of residents of Adams, Clay, Nuckolls and Webster counties. We work with local partners to develop and implement a *Community Health Improvement Plan* and to provide other public health services mandated by Nebraska state statutes.

Guiding Principles:

- ❖ We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- ❖ We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- ❖ We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

Goals and Priority Activities:

- 1. Provide leadership implementing the *Community Health Improvement Plan (CHIP)***
 - A. Monitor implementation of the plan and success achieving targeted outcomes, encouraging the use of evidence-based practices and reliable, accurate and timely measures and data
 - B. Work with partners to raise the visibility of the plan in our communities
- 2. Increase community engagement in the work of the South Heartland District Health Department (SHDHD)**
 - A. Identify “hearts/hubs” of small communities (places, events, and community leaders) and engage with them to collect feedback about health needs as well as to promote programs
 - B. Maximize the impact of board meetings by selecting visible community meeting sites, including a “Public Comment” agenda item and personally inviting local leaders to share their perspectives
 - C. Send clear, concise information to elected community officials on important public health legislation/issues at least once a year
- 3. Increase the Board’s capacity to perform core functions of public health governance**
 - A. Assess board members’ strengths, expertise and connections and use them effectively to further the work of the SHDHD
 - B. Provide brief training sessions at the end of three regularly scheduled board meetings and require members to participate in at least two training sessions per year
- 4. Assure sufficient resources to provide services**
 - A. Monitor legislative actions that could reduce Health Care cash fund and changes in funding streams related to the Affordable Care Act and other federal and state mandates
 - B. Continue focus on quality improvement and increasing operational efficiencies while providing staff and board members with the tools and training needed to do their work
 - C. Monitor SHDHD programs and services to identify where changes need to be made (reductions or expansions)
 - D. Assess sustainability when evaluating growth opportunities