



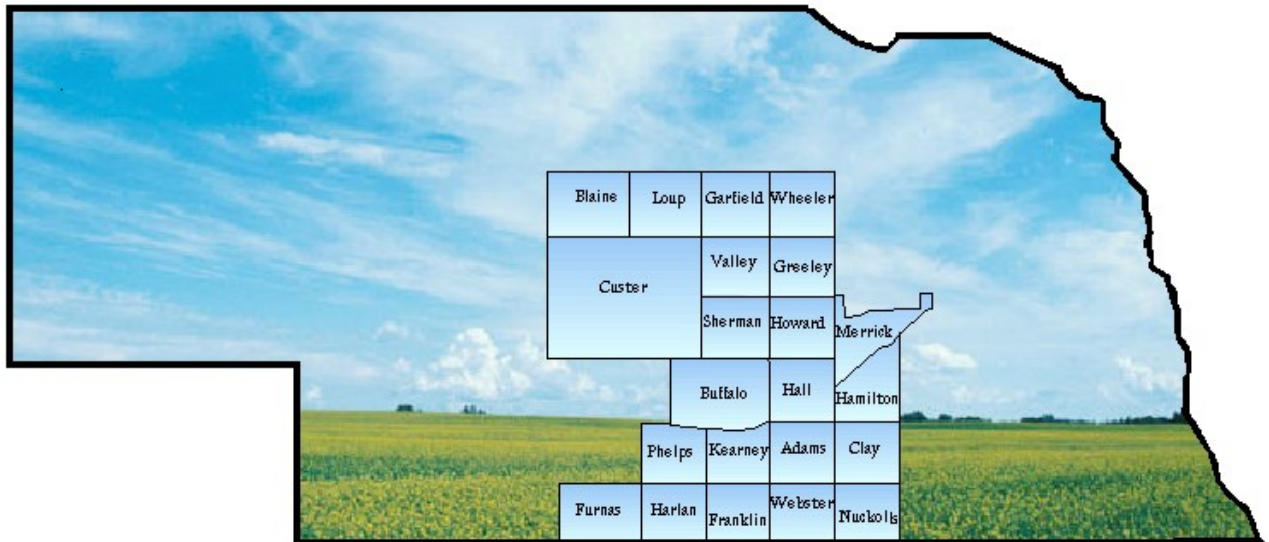
Behavioral Health Services

4009 6th Ave, Suite 65  
PO Box 2555 Kearney, NE 68848  
308-237-5113 (phone)  
308-236-7669 (fax)  
www.region3.net (website)

# NETWORK DIRECTORY



*The Mission of Region 3 Behavioral Health Services is to foster recovery and resiliency for individuals and their families who experience a behavioral health challenge.*



*Beth Baxter, Regional Administrator  
308-237-5113, ext. 222  
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Behavioral Health Services

## Network Directory of Contract Services

Region 3 Behavioral Health Services (Region 3) contracts with behavioral health agencies to provide a variety of mental health and substance use disorder services for individuals and families who reside in the twenty-two county area of Region 3. Region 3 also directly provides specialized case management services and housing assistance. Individuals are assessed to ensure they meet clinical criteria, income guidelines (if the specific services require this and income is based on family income), and verification of U.S. citizenship or legal immigration status to receive services. Region 3 also contracts with community coalitions providing prevention services. The services included in this directory are the behavioral health services that Region 3 contracts for and may not include all services provided by the agency.

MH = Mental Health, SUD=Substance Use Disorder

NETWORK PROVIDER	CONTRACT SERVICES
<p><b>Area Substance &amp; Alcohol Abuse Prevention</b>            Contact: Stefanie Creech            835 South Burlington Ave, Suite 114            Hastings, NE 68901            Phone: 402-463-0524 Fax: 402-463-0525</p>	<p>This Coalition implements evidence based prevention strategies to reduce underage alcohol use and binge drinking. The coalition works to reduce high risk drinking and underage alcohol use on campus using the evidence-based Challenging College Alcohol Abuse.</p>
<p><b>Behavioral Health Specialists, Inc</b>            Contact: Jay Fleecs            Phone: 402-750-2932 Email: jfleecs@4bhs.org</p> <p><b>Seekers of Serenity</b>            Contact: Brian Samek            4432 Sunrise Place, Columbus, NE 68601            Phone: 402-564-9994 Fax: 402-562-6458</p> <p><b>Sunrise Place</b>            Contact: Samantha Barritt            1900 Vicki Lane, Norfolk, NE 68701            Phone: 402-379-0040 Fax: 402-379-0759</p>	<p><b>Adult Services</b></p> <ul style="list-style-type: none"> <li>➤ Dual Disorder Residential (SUD)</li> <li>➤ Short-Term Residential Treatment (SUD)</li> <li>➤ Social Setting Detoxification (SUD)</li> <li>➤ Medically Managed Residential Withdrawal Management (SUD)</li> </ul> <p><b>Trauma Informed Services:</b> Cognitive Behavioral Therapy (CBT); Cognitive Processing Therapy for Rape Victims; Courage to Heal; Dialectic Behavioral Therapy (DBT); EMDR; Motivational Interviewing; Seeking Safety; plan to incorporate Adverse Childhood Experiences (ACE) Screening Tool; plan to incorporate Behavior, Affect, Sensation, and Knowledge (BASK) model; and plan to incorporate Women's Complex Trauma Screening Tool.</p> <p><b>Bi-lingual Services:</b> A translator is located when possible.</p>
<p><b>Buffalo County Tobacco Free</b>            Contact: Breanna Steager            4009 6<sup>th</sup> Ave., Suite 65            Kearney, NE 68845            308-237-5113</p>	<p>The coalition was founded for the purpose of informing people, youth and families, of the dangers of tobacco use, eliminating exposure to secondhand smoke, and promoting abstinence for non-users and cessation for tobacco users.</p>
<p><b>Central NE Council on Alcoholism &amp; Addictions, Inc.</b>            Contact: Connie Holmes            3204 College Street            Grand Island, Nebraska 68803            Phone: (308) 385-5520            Fax:(308) 385-5522  <a href="http://www.cncaa.net">www.cncaa.net</a></p>	<p>The mission of Central Nebraska Council on Alcoholism and Addictions is to increase the awareness of the harmful effects of alcohol, tobacco, other drugs and addictions together with the related problems. CNCAA seeks to foster the development of healthy lifestyles within individuals, families and communities and to serve as catalysts in the promotion of a shared vision of a healthier world. Programs include a bookstore, lending library, youth prevention programs, juvenile diversion programs, driving under the influence education, public information programs and recovery enhancement.</p>
<p><b>County Organization for Prevention &amp; Education (COPE) in Hamilton County</b>            Contact: Celeste Penner            219 W. 2nd Street            Grand Island, NE 68801            Phone: 308-385-5520            Fax: 308-385-5522</p>	<p>The coalition works to reduce rates of alcohol, tobacco and other drug use by implementing evidence-based prevention strategies.</p>
<p><b>Families CARE, Inc.</b>            Contact: Karla Bennetts            4111 4<sup>th</sup> Avenue, Suite 2            Kearney, NE 68845            Phone: 308-237-1102            Fax: 308-234-5712  <a href="http://www.FamiliesCare.org">www.FamiliesCare.org</a></p>	<p><b>Youth Peer Support Services (Peer Run)</b></p> <ul style="list-style-type: none"> <li>➤ Youth Peer Support: Young Adult Care Partner Program AKA Transitional Youth Advocate Program (MH)</li> <li>➤ Adult Family/Parent Peer Support (MH)</li> <li>➤ Family Peer Support Crisis Response</li> </ul>

NETWORK PROVIDER	CONTRACT SERVICES
<p><b>Families CARE, Inc., continued...</b>            Contact: Karla Bennetts            4111 4<sup>th</sup> Avenue, Suite 2            Kearney, NE 68845            Phone: 308-237-1102            Fax: 308-234-5712  <a href="http://www.FamiliesCare.org">www.FamiliesCare.org</a></p>	<p><b>Youth Peer Support Services (Peer Run)</b></p> <ul style="list-style-type: none"> <li>➤ Youth Peer Support: Young Adult Care Partner Program AKA Transitional Youth Advocate Program (MH)</li> <li>➤ Adult Family/Parent Peer Support (MH)</li> <li>➤ Family Peer Support Crisis Response</li> </ul> <p>Youth Group (Zoom): Ages 11-13 &amp; Ages 14-26 13-26 - Call 308-237-1102 for dates and Zoom Link            Parent Group (Zoom): Open group Call 308-237-1102 for dates and Zoom Link</p> <p>Families CARE provides peer support services to Families and Youth who are affected by mental and behavioral health challenges and substance abuse. Our certified peer support specialists have lived experience in navigating the various systems of care and offer resources and support to families and youth who are seeking mental health recovery and wellness. Families CARE staff are trained in trauma informed care, person centered practices, safety/crisis planning, and motivational interviewing in order to provide individualized care to each participant in our program. Families CARE also provides Active Parenting education, WRAP facilitation, and Circle of Security Parenting Classes.</p>
<p><b>Friendship House, Inc.</b>            Contact: Tara Lesiak            406 W. Koenig            Grand Island, NE 68801            Phone: 308-675-3345 ext 18            Fax: 308-308-675-3342</p>	<p><b>Adult Services</b></p> <ul style="list-style-type: none"> <li>➤ Halfway House (male) (SUD)</li> <li>➤ Outpatient/Assessment (SUD) (Bilingual specific)</li> </ul> <p><b>Trauma Informed Services:</b> Dialectic Behavioral Therapy (DBT), TF-CBT, EMDR, Motivational Interviewing, Cognitive Behavioral Therapy, and Men and Trauma: Dan Griffin – Helping Men Recover</p> <p><b>Bi-lingual Services:</b> Friendship House, Inc. employs a therapist who is Bi-lingual.</p>
<p><b>Garfield-Loup-Wheeler (GLW) Children’s Council</b>            Contact: Trisha Crandall            PO Box 310            Burwell, NE 68823            Phone: 308-346-4284 Fax:308-346-5402</p>	<p>The coalition implements evidence based prevention strategies to reduce underage alcohol use in the schools and environmental prevention strategies to change community social norms about alcohol, tobacco and other drugs.</p>
<p><b>Goodwill Industries of Greater Nebraska, Inc.</b>            Behavioral Health Services            Contact: Aaron Ross, Director            1804 S. Eddy - P.O. Box 1863            Grand Island, NE 68802-1863            Phone: 308-384-7896 Cell: 308-390-4666            Fax: 308-382-6802 <a href="http://www.goodwillne.org">www.goodwillne.org</a></p>	<p><b>Adult Services</b></p> <ul style="list-style-type: none"> <li>➤ Day Rehabilitation (MH) (Peer enhanced)</li> <li>➤ Day Support (MH)</li> <li>➤ Community Support (MH/SUD)</li> <li>➤ Emergency Community Support (MH)</li> </ul> <p><b>Trauma Informed Services:</b> Seeking Safety, Motivational Interviewing, PTSD/Trauma Education Group &amp; Support Group (includes DBT/CBT skill building), Helping Women Recover, Courage to Heal, Dealing with the Effects of Trauma (SAMHSA self-help guide), and 16 Steps.</p> <p><b>Bi-lingual Services:</b> One staff bi-lingual (Spanish/English) in Grand Island for traditional CS MH/SUD &amp; ERCS. Two SE staff bi-lingual (Spanish/English), one in Grand Island and one in Lexington. Would utilize interpreter services as necessary for each face-to face interaction and/or event.</p>
<p><b>Goodwill Industries of Greater Nebraska, Inc.</b>            Behavioral Health Services            Services provided in Broken Bow</p>	<p><b>Adult Services</b></p> <ul style="list-style-type: none"> <li>➤ Community Support (MH/SUD)</li> <li>➤ Emergency Community Support (MH)</li> </ul>
<p><b>Goodwill Industries of Greater Nebraska, Inc.</b>            Employment and Career Services            Contact: Tamara Snider, Director            4009 6th Avenue, Suite 42            Kearney, NE 68845            Phone: 308-455-1400 Cell: 308-455-7571            Fax: 308-455-1402 <a href="http://www.goodwillne.org">www.goodwillne.org</a></p>	<p><b>Adult Services</b></p> <ul style="list-style-type: none"> <li>➤ Behavioral Health Employment Program (MH/SUD)</li> </ul> <p><b>Youth Services</b></p> <ul style="list-style-type: none"> <li>➤ Navigate (Supported Employment and Education)</li> </ul>

NETWORK PROVIDER	CONTRACT SERVICES
<p><b>Goodwill Industries of Greater Nebraska, Inc.</b>  Employment and Career Services  1804 S. Eddy  Grand Island, NE 68802-1863  Phone: 308-384-7896 Fax: 308-398-4064</p>	<p><b>Adult Services</b>  ➤ Behavioral Health Employment Program (MH/SUD)</p> <p><b>Youth Services</b>  ➤ Transition Age Coordinated Employment (MH)  ➤ Navigate (Supported Employment and Education)</p>
<p><b>Grand Island Substance Abuse Prevention Coalition</b>  Contact: Katie Usasz  219 W. 2nd Street  Grand Island, NE 68801  Phone: 308-385-5520 Fax: 308-385-5522</p>	<p>The coalition works to reduce rates of alcohol, tobacco and other drug use by implementing evidence-based prevention strategies in Hall County.</p>
<p><b>Live Well Counseling Center, PC</b>  Contact: Jesica Vickers  3814 A Ave, PO Box 2583  Kearney, NE 68848  In-School Behavior Skills Program &amp; Peer Support:  Phone: 308-234-6029  OnTrack Central Nebraska:  Phone: 308-455-3044  Fax: 308-237-4792  <a href="http://www.livewell-kearney.com">www.livewell-kearney.com</a></p>	<p><b>Youth Services</b>  ➤ In-School Behavior Skills Program  ➤ Navigate (MH &amp; MM First Episode Psychosis)  ➤ Peer Support (MH)</p> <p><b>Trauma Informed Services:</b> Trauma Focused-Cognitive Behavioral Therapy for Children, Eye Movement Desensitization &amp; Reprocessing (EMDR), Motivational Interviewing, Cognitive Behavioral Therapy, Dialectic Behavioral Therapy, Neurosequential Model treatment, Child-Parent Psychotherapy, and Circle of Security (COS) provided.</p> <p><b>Bi-lingual Services:</b> A translator is located when possible.</p>
<p><b>Lutheran Family Services of Nebraska, Inc.</b>  Contact: Adam Armstrong and Rainier Gallagher  Veteran and Family Support Specialists  Great Western Bank Building  1811 West 2nd Street, LL100 Suite 440  Grand Island, NE 68803  Phone: (308) 382-4255  Fax: (308) 382-8149  <a href="http://www.lfsneb.org">www.lfsneb.org</a></p>	<p>Lutheran Family Services' Military and Veteran Services Program provides individual and group Peer Support services for active military members and veterans living in Nebraska. <i>Vets4Vets</i> provides a support community for veterans that offers an atmosphere for healing and camaraderie. Active military members, veterans, and their loved ones are provided outpatient mental health counseling using Telehealth technology.</p> <p><b>Adult Services</b>  ➤ Individual and Group Peer Support  ➤ Vets4Vets Support Groups  ➤ Outpatient MH Counseling available via Telehealth  ➤ Co-Responder Program</p> <p><b>Youth Services</b>  ➤ Co-Responder</p> <p><b>Trauma Informed Services:</b> Cognitive Behavioral Therapy, Dialectic Behavioral Therapy (DBT), Motivational Interviewing, and Trauma Focused Coping.</p>
<p><b>Mary Lanning Health Care (MLHC)</b>  <b>Director: Kim Kern (402) 460-5635</b>  ➤ EPC: (402) 463-5973  ERCS/On call Supervisor: Laura Hill  (402) 463-5973 (ext. 6283)  Referral/Crisis Line: (402) 463-7711  715 N. St. Joseph Ave., Hastings, NE 68901  Fax: 402-460-5785</p> <p><b>The Lanning Center (LC)</b>  Medication Management  Office Supervisor: Tara Ochsner  (402) 463-7711  835 S. Burlington, Ste 108, Hastings, NE 68901  Fax: 402-461-5099  <a href="http://www.mlmh.org">www.mlmh.org</a></p>	<p><b>Adult Services (MLHC)</b>  ➤ EPC/Acute Inpatient (MH)  ➤ Subacute Inpatient (MH)  ➤ Post Commitment (MH)  ➤ 24 Hr Crisis Access Center</p> <p><b>Adult Services (LC)</b>  ➤ Emergency Community Support (ERCS) (MH)  ➤ Medication Management provided at the LC in Hastings, Kearney Co Hospital in Minden, Webster Co Hospital in Red Cloud, and Brodstone Hospital in Superior (MH)  ➤ Outpatient – MH</p> <p><b>Youth Services (LC)</b>  ➤ Medication Management (MH)</p> <p><b>Trauma Informed Services:</b> Cognitive Behavioral Therapy (CBT), and Motivational Interviewing.</p> <p><b>Bi-lingual Services:</b> Use interpreter phone line or in-house staff.</p>

NETWORK PROVIDER	CONTRACT SERVICES
<p><b>Meth &amp; Addictions Prevention Strategies (MAPS)</b>            Contact: Celeste Penner            219 W. 2nd Street            Grand Island, NE 68801            Phone: 308-385-5520 Fax: 308-385-5522</p>	<p>The coalition works to reduce rates of alcohol, tobacco and other drug use by implementing evidence-based prevention strategies in Merrick County</p>
<p><b>Mid-Plains Center for Behavioral Healthcare Svcs, Inc.</b>            Contact: Corrie Edwards, CEO            Ariel Derr, COO/VP            914 Baumann Drive            P.O. Box 1763            Grand Island, NE 68802-1763            Phone: 308-385-5250            CSU Phone: 308-385-5250, ext. 2            Fax: 308-385-5271</p> <p><b><u>Emergency Services – Crisis Response Team:</u></b></p> <ul style="list-style-type: none"> <li>➤ 308-385-5250 OR</li> <li>➤ 800-515-3326</li> </ul> <p><b><u>Crisis On-Call phone:</u></b></p> <ul style="list-style-type: none"> <li>➤ 308-380-5973</li> </ul> <p><a href="http://www.midplainscenter.org">www.midplainscenter.org</a></p>	<p><b>Adult Services</b></p> <ul style="list-style-type: none"> <li>➤ Outpatient/Assessment (MH)</li> <li>➤ Navigate (MH First Episode Psychosis)</li> <li>➤ Assessment (SU)</li> <li>➤ Medication Management (MH)</li> <li>➤ Crisis Stabilization Unit (Peer enhanced)               <ul style="list-style-type: none"> <li>➤ Crisis Response (MH)</li> <li>➤ Crisis Stabilization (MH)</li> <li>➤ Social Detox w/Medical Component (SUD)</li> <li>➤ Peer Support (MH)</li> </ul> </li> </ul> <p><b>Youth Services</b></p> <ul style="list-style-type: none"> <li>➤ Multisystemic Therapy (MH)</li> <li>➤ Medication Management (MH)</li> <li>➤ Outpatient/Assessment (MH)</li> <li>➤ Youth Crisis Response (MH)</li> </ul> <p><b>Trauma Informed Services</b>            Trauma Focused-Cognitive Behavioral Therapy for Children, Eye Movement Desensitization &amp; Reprocessing (EMDR), Motivational Interviewing, Cognitive Behavioral Therapy, Solution Focused Therapy, Dialectic Behavioral Therapy, Neurosequential Model treatment, Parent Child Interaction Therapy (PCIT), RSafe (Sexual Abuse Treatment), and Life-Space Crisis Intervention</p> <p><b>Bi-lingual Services:</b> Employ 2-3 bilingual staff</p>
<p><b>Mid-Plains Center for Behavioral Healthcare Svcs, Inc.</b>            1032 South E Street, Broken Bow, NE 68822            Phone: 308-872-2123 Fax: 308-872-2512</p>	<p><b>Adult Services and Youth Services</b></p> <ul style="list-style-type: none"> <li>➤ Outpatient/Assessment (MH)</li> </ul>
<p><b>Positive Pressure Community Coalition</b>            Contact: Wanda Fedorchik            PO Box 1466            Kearney, NE 68848            Phone: 308-865-2283 Fax: 308-865-2948</p>	<p>The goal of this coalition is to reduce substance use by youth in Buffalo county through evidence-based prevention strategies. Environmental strategies include Responsible Beverage Server trainings and Communities Mobilizing for Change on Alcohol (CMCA).</p>
<p><b>Region 3 Behavioral Health Services</b>            Contact: Beth Baxter            4009 6<sup>th</sup> Avenue, Suite 65            P.O. Box 2555            Kearney, NE 68848-2555            Phone: 308-237-5113            800-321-4981            Fax: 308-236-7669            Website: www.region3.net</p>	<p><b>Network Management &amp; System Coordination</b></p> <ul style="list-style-type: none"> <li>➤ Consumer and Family System: Tammy Fiala              Office: 308-237-5113, ext 235; Cell: 308-440-7862</li> <li>➤ Emergency Psychiatric System: Beth Reynolds-Lewis              Office: 308-237-5113, ext 234; Cell: 308-440-9113</li> <li>➤ Housing Assistance: Suzanne Davis              Office: 308-237-5113, ext 243</li> <li>➤ Provider Network: Melinda Dulitz              Office: 308-237-5113, ext 225; Cell: 308-440-8957</li> <li>➤ Prevention System: Tiffany Gressley              Office: 308-237-5113, ext 237; Cell: 308-440-224-6584</li> <li>➤ Youth System of Care: Jill Schubauer              Office: 308-237-5113, ext 238; Cell: 308-440-9135</li> </ul> <p><b>Adult Services</b></p> <ul style="list-style-type: none"> <li>➤ Emergency Community Support (ERCS) (MH)</li> <li>➤ Jail Diversion ERCS</li> <li>➤ Housing Assistance Program</li> <li>➤ Transition Age Professional Partner Program</li> </ul>

NETWORK PROVIDER	CONTRACT SERVICES
<p><b>Region 3 Behavioral Health Services, continued...</b></p>	<p><b>Youth Services</b></p> <ul style="list-style-type: none"> <li>➤ Transition Age Emergency Community Support (MH)</li> <li>➤ Traditional Professional Partner Program</li> <li>➤ Transitional Professional Partner Program</li> <li>➤ Coop for Success Program</li> <li>➤ School Based Wraparound Program</li> </ul> <p><b>Training</b></p> <ul style="list-style-type: none"> <li>➤ Calmer Classrooms: Working with Traumatized Students Training</li> <li>➤ Compassion Fatigue 2.0: Staying Well While Working in High Stress, Trauma-Exposed Environments</li> <li>➤ Coping Through COVID-One Hour Webinar</li> <li>➤ Effective Strategies for Working with Traumatized Youth Training</li> <li>➤ Effective Strategies for Children with Developmental Trauma</li> <li>➤ Helping Adults Coping with Grief</li> <li>➤ Introduction to Mindfulness Skills</li> <li>➤ Mental Health First Aid</li> <li>➤ Youth Mental Health First Aid</li> <li>➤ Psychological First Aid</li> <li>➤ Question, Persuade, Refer (QPR)</li> <li>➤ Resilience for the Responders: Creative Tools for Compassion Fatigue &amp; Secondary Trauma for Disaster Relief Workers</li> <li>➤ Signs of Suicide Prevention Program (SOS)</li> <li>➤ Trauma 101 &amp; Recovery</li> <li>➤ Trauma 101 &amp; Recovery Train-the-Trainer Workshop</li> <li>➤ Walking the Walk: Creative Tools for Transforming Compassion Fatigue and Vicarious Trauma</li> </ul> <p><b>Targeted Opioid Prevention and Treatment Initiative</b></p> <p>Region 3 provides coordination of targeted opioid prevention, treatment and recovery support. Prevention strategies focus on preventing the illicit use of opiates and opioid addiction, raising awareness and promoting educational opportunities about the risk of opioid misuse and overdose. Medication assisted treatment combines medication management and psychotherapy to increase the likelihood of recovery from opioid addiction. Resources are available to assist eligible individuals in accessing medication assisted treatment. Narcan kits are available to first responders to prevent overdose deaths of individuals they serve.</p> <p><b><u>Trauma Informed Services:</u></b> The above listed trainings are trauma-informed. Additionally staff are trained in the above and also some have Motivational Interviewing training and use the concepts when working with consumers.</p> <p><b><u>Bi-lingual Services:</u></b> In-house staff who is bi-lingual (Spanish/English) and use interpreter phone line &amp; phone message is in Spanish.</p>
<p><b>Richard Young Behavioral Health (RYBH-Inpt)</b>  Contact: Lacey Witt  1755 Prairie View Pl  P.O. Box 1750  Kearney, NE 68848-1750  Phone: (308) 865-2000 or (800) 930-0031 (24/7)  Fax: (308) 865-2216  <a href="http://www.chihealth.com/en/services/behavioral-care/richard-young">www.chihealth.com/en/services/behavioral-care/richard-young</a></p>	<p><b>Adult Services</b></p> <ul style="list-style-type: none"> <li>➤ EPC/Acute Inpatient (MH)</li> <li>➤ Subacute Inpatient (MH)</li> <li>➤ Post Commitment (MH)</li> <li>➤ Assessment through Access Center</li> <li>➤ 24 Hour Crisis Line</li> </ul> <p><b>Youth Services</b></p> <ul style="list-style-type: none"> <li>➤ Youth Crisis Inpatient (Ages 13 and older) (MH)</li> <li>➤ 24 Hour Crisis Line</li> </ul> <p><b>(RYBH Inpt and OP)</b></p> <p><b><u>Trauma Informed Services:</u></b> Trauma Focused CBT, Psychological Education, DBT, Motivational Interviewing, PTSD Psycho Education. RYH treats all patients with the idea that they have experienced some type of trauma with the agency's main goal being not to re-traumatize during treatment.</p> <p><b><u>Bi-lingual Services:</u></b> Access to 24 hour language line. Employ one Bi-lingual psychiatrist and two Bi-lingual interpreters.</p>

NETWORK PROVIDER	CONTRACT SERVICES
<p><b>Richard Young Outpatient Clinic (RYBH-OP)</b>            Contact: Tobias Posvar            1755 Prairie View Pl            Kearney, NE 68845-8300            Phone: (308) 865-2249            Fax: (308) 865-2931  <a href="http://www.chihealth.com/en/services/behavioral-care/richard-young">www.chihealth.com/en/services/behavioral-care/richard-young</a></p> <p><b>Richard Young Outpatient Clinic</b>            Grand Island Primary Care and Women's Health            908 N Howard Ave, Ste 109 Grand Island, NE 68803            Phone: 308-398-5522 Fax: 308-398-5523</p>	<p><b>Adult &amp; Youth Services</b></p> <ul style="list-style-type: none"> <li>➤ Medication Management (MH)</li> <li>➤ Outpatient Therapy (MH)</li> </ul>
<p><b>Sherman County Prevention Coalition</b>            Contact: Kris Hervert            120 N. 6<sup>th</sup> Street            PO Box 391            Loup City, NE 68853            Phone &amp; Fax: 308-745-0127</p>	<p>This coalition's goal is to reduce alcohol use by youth in Sherman County by implementing evidence-based prevention strategies including Communities Mobilizing for Change on Alcohol, and All-Stars.</p>
<p><b>St. Francis Alcohol &amp; Drug Treatment Center</b>            Contact : Brenda Miner            2112 W. Faidley Avenue            Grand Island, NE 68803            Phone: 308-398-5427            Fax: 308-398-5404  <a href="http://www.saintfrancisgi.org">www.saintfrancisgi.org</a></p>	<p><b>Adult Services</b></p> <ul style="list-style-type: none"> <li>➤ Short-Term Residential (SUD)</li> <li>➤ Intensive Outpatient (SUD)</li> <li>➤ Outpatient/Assessment (SUD)               <ul style="list-style-type: none"> <li>➤ Drug Court (SUD)</li> </ul> </li> </ul> <p><b>Trauma Informed Services:</b> EMDR and Motivational Interviewing.</p> <p><b>Bi-lingual Services:</b> Employ hospital interpreters or can use CyraCom Language Line.</p>
<p><b>South Central Behavioral Services</b>            Kearney office contact: Sarah Hock            3810 Central Avenue            P.O. Box 1716            Kearney, NE 68848-1716            Phone: 308-237-5951            Fax: 308-237-5953  <a href="http://www.scbsne.com">www.scbsne.com</a></p>	<p><b>Adult Services</b></p> <ul style="list-style-type: none"> <li>➤ Intensive Outpatient (SUD)</li> <li>➤ Outpatient Therapy/Assessment (MH/SUD)               <ul style="list-style-type: none"> <li>➤ Buffalo County Jail Program (MH)</li> </ul> </li> <li>➤ Peer Support</li> <li>➤ Crisis Response</li> </ul> <p><b>Youth Services</b></p> <ul style="list-style-type: none"> <li>➤ Outpatient/Assessment (MH/SUD)</li> <li>➤ Youth Crisis Response (MH)</li> </ul> <p><b>Trauma Informed Services:</b> DBT, Motivational Interviewing, Parent Child Interaction Therapy (PCIT), Seeking Safety, EMDR, Gender-specific, "Helping Women Recover" and "Helping Men Recover" in Adult IOP.</p> <p>➤ <b>Bi-lingual Services:</b> Utilize an interpreter.</p>
<p><b>South Central Behavioral Services</b>            Hastings Office contact: Sarah Hock            616 W 5            P.O. Box 50            Hastings, NE 68902-0050            Phone: 402-463-5684            Fax: 402-463-5686</p>	<p><b>Adult Services</b></p> <ul style="list-style-type: none"> <li>➤ Intensive Outpatient (SUD)</li> <li>➤ Outpatient Therapy/Assessment (MH/SUD)</li> <li>➤ ERCS (Peer enhanced) (MH)</li> <li>➤ Crisis Response</li> </ul> <p><b>Youth Services</b></p> <ul style="list-style-type: none"> <li>➤ Outpatient/Assessment (MH/SUD)</li> <li>➤ Youth Crisis Response (MH)</li> </ul> <p><b>Trauma Informed Services:</b> TF-CBT, DBT, Motivational Interviewing, Parent Child Interaction Therapy (PCIT), Seeking Safety, EMDR, Gender-specific, "Helping Women Recover", and "Helping Men Recover" in Adult IOP.</p>

NETWORK PROVIDER	CONTRACT SERVICES
<b>South Central Behavioral Services</b> Contact: Kearney office (308) 237-5951 Satellite office – Johnson Center 701 4 <sup>th</sup> Avenue, Suite 7 (no mail – site only) Holdrege, NE 68949-2255 Phone: 308-237-5951	<b>Adult and Youth Services</b> ➤ Outpatient Therapy/Assessment (MH/SUD)
<b>South Central Behavioral Services</b> ACT contact: Brandi Herold 835 S. Burlington, Ste 107 Hastings, NE 68901 Phone: 402-462-4200 Fax: 402-462-4201	<b>Adult Services</b> ➤ Assertive Community Treatment - Alternative (ACT-Alt)  <b>Trauma Informed Services:</b> Seeking Safety, Dual Recovery Group, DBT, Motivational Interviewing, Acceptance Commitment Therapy, Mindfulness
<b>South Central Behavioral Services</b> Able House contact: Sara Wioskowski 1136 N. Washington, P.O. Box 2066 Hastings, NE 68902 Phone: 402-463-7435	<b>Adult Services</b> ➤ Psychiatric Residential Rehabilitation (MH) ➤ Mental Health Respite
<b>South Central Behavioral Services</b> Opportunity House contact: Sally Cox Opportunity: 724 S. Burlington Ave, Hastings, NE 68902 Unity House contact: Sarah Hock Unity: 3800 Central Avenue, Kearney, NE 68847 Phone: Opportunity: 402-463-7435 Unity: 308-698-0535 Fax: 308-698-0536	<b>Adult Services</b> ➤ Day Rehabilitation (MH) ➤ Day Support (MH) ➤ Community Support (MH/SUD) ➤ Emergency Community Support ➤ Peer Support  <b>Trauma Informed Services:</b> Motivational Interviewing, Mindfulness, Healing Trauma, Yes You Can ( Healing from Trauma and Addiction)
<b>The Bridge, Inc.</b> Contact: Jill Gregg 907 S. Kansas PO Box 2031 Hastings, NE 68901 Phone: 402-462-4677 Fax: 402-462-4699	<b>Adult Services</b> ➤ Therapeutic Community (female) (SUD) (women and their children)  <b>Trauma Informed Services:</b> Cognitive Processing Therapy, Child Adult Relationship Enhancement (CARE), Helping Women Recover, Beyond Trauma, Women's Complex Trauma Screening Tool, Trauma Survivor Group, Motivational Interviewing, Courage to Heal, EMDR, Seeking Safety, Grief groups, and and Sanctuary Model.  <b>Bi-lingual Services:</b> Employ Bi-lingual staff.
<b>Tobacco Free Hall County</b> Contact: Michaela Perry 219 West 2nd Street Grand Island, NE 68801 Phone: 308-385-5520 Fax: 308-385-5522	<b>Tobacco Free Hall County:</b> Tobacco Free Hall County's primary areas of focus are elimination of secondhand smoke through policy development, preventing initiation and cessation of all tobacco use particularly in youth, teens and adults, prevention of disease and death that result from use and exposure to tobacco in all forms and to promote smoke free housing in private and public dwellings with a special emphasis on multiunit dwellings where common ventilation is a significant factor.
<b>UNK Alcohol Task Force</b> Peer Health Education MSAB Kearney, NE 68849 308-865-8092	A group of UNK stakeholders that work to collaboratively assess barriers and obstacles that impact UNK students' ability to persist and live healthy lives due to substance use and abuse. The task force helps to determine programmatic needs, messaging ideas, and recommend policies that specifically address identified problem areas.
<b>Women's Empowering Life Line, Inc.</b> Contact: Donny Larson 910 West Park Ave. Norfolk, NE 68701 Phone: 402-371-0220 Fax: 402-644-4593	<b>Adult Services</b> ➤ Dual Disorder Residential (SUD)  <b>Trauma Informed Services:</b> Cognitive Behavioral Therapy (CBT); Dialectic Behavioral Therapy (DBT); Eye Movement Desensitization and Reprocessing (EMDR); and Motivational Interviewing.  <b>Bi-lingual Services:</b> Translator located when possible.



**OUTREACH AND SUPPORT PROGRAMS****Central Nebraska LOSS Team**

Rena Zimmer  
308-217-0359  
<https://lossteamkearney.com/>

The LOSS (Local Outreach to Suicide Survivors) Team provides a clear message of hope, so that survivors can move through their time of shock and despair. The LOSS Team is activated by first response officials when a suicide occurs to provide resources, support, and hope to suicide survivors. The volunteers provide immediate assistance to survivors to help them cope with the trauma of their loss, provide follow-up contact with the survivors, and coordinate the utilization of services and support groups within the community.

**Nebraska Family Helpline 1-888-866-8660**

The **Nebraska Family Helpline** makes it easier for families to obtain assistance by providing a single contact point 24 hours a day, seven days a week. Trained Helpline operators screen calls to assess immediate safety needs, identify the potential level of a behavioral health crisis, make recommendations or referrals to appropriate resources, and help callers connect to emergency resources or providers. The Helpline is supervised by licensed mental health professionals.

Family Helpline operators also can connect eligible families to the **Family Navigator Service**. This service helps families move through Nebraska's child and family-care system more efficiently to get the assistance they need. Available within 24 to 72 hours after a Helpline referral, Family Navigator helps families identify existing community-based services and provides support from people who have had personal experience in the system.

**NAMI – Nebraska  
(The Nation’s Voice On Mental Illness)**

Contact Person: Carrin Meadows  
Phone: 402-345-8101 OR 877-463-6264  
[www.nami.org](http://www.nami.org)

**NAMI Central Nebraska** is an affiliate organization of NAMI national, the nation's largest grassroots mental Health organization

Contact Person: Tammy Fiala, Region 3 Consumer Specialist  
Phone: 308-440-7862  
Email: [tfiala@region3.net](mailto:tfiala@region3.net)

**Nebraska Mental Health Association**

Phone: 402-441-4371 OR 888-902-2822  
[www.mha-ne.org](http://www.mha-ne.org)

**Nebraska Recovery Network**

Antlers Center, Inc  
2501 South St., Ste 208  
Lincoln, Nebraska 68502  
Phone: (402) 477-2372