



Board of Health

Webster County: Blue Hill Community Center, 555 W Gage St, Blue Hill, NE
November 6, 2019 8:30 a.m. (Light Breakfast available at 8:15 am)

AGENDA		
Apprx. Time	Topic, Lead Person	Expected Outcomes
8:30 (7')	Welcome & Opportunity for Public Comment – President Nanette Shackelford, Chair	1. Meeting Call to Order, Open Meeting Statement 2. Introductions / Roll Call 3. Approve Agenda – Board Action 4. Board Conflict of Interest Declarations 5. Public Comments
8:37 (1')	September 6, 2019 Board Meeting Minutes – Chair	Approve Minutes of September Meeting – Board Action
8:38 (2')	Update on Board member appointments: <ul style="list-style-type: none"> Nuckolls County Public-spirited appointment: Jean Stichka Webster County Commissioner appointment: T.J. Vance Governance – PHAB Domain 12	1. Updated Board Roster
8:40 (15')	Audit Report – J. Streufert / M. Bever	1. Accept Audit Report – Board Action 2. Awareness of Auditor recommendations and SHDHD response
8:55 (5')	SHDHD Performance Dashboard <ul style="list-style-type: none"> Q and A Governance – PHAB domain 12; BOH Core Functions, ES 9	1. Board monitors SHDHD Performance
9:00 (20')	Introduction of Local Community Leader Guest: Blue Hill Mayor Keri Schunk Strategic Plan Goal 2B: Increase Community Engagement	1. Board learns about Community of Blue Hill access to health care concerns, initiatives, and successes
9:20 (10')	Committee Reports: Policy Committee – P. Meyer <ul style="list-style-type: none"> Policy Committee Minutes 10.30.19 Strategic Plan - MB Governance – PHAB Domain 12; ES 5	1. Approve SHDHD Strategic Plan 2019-2025 – Board Action
9:30	Break (10 min)	Refreshment / Stretch & Move!
9:40 (30')	Committee Reports: Policy Committee, con't. – P. Meyer New or Revised Policies/Procedures: <ul style="list-style-type: none"> Workforce Development Plan -JJ Quality Improvement & Performance Management Policy - JJ Allocation Policy – Updated - JS Governance – PHAB domain 12; ES 5; BOH Core Functions	1. Awareness of policies and plans being revised/updated 2. Approve Workforce Development Plan – Board Action 3. Review and/or Approve Policies – Board Action
10:10 (10')	Finances – J. Streufert / M. Bever Administration/Management - PHAB Domain 11, SP Goal 4 <ul style="list-style-type: none"> Financial Report (Balance Sheets, Profit & Loss, Disbursements) Line of Credit Update Grants/Funding/ Contracts/Subawards Status Finance Committee Minutes 10.30.19 Governance – PHAB Domain 12	1. Accept Financial Report – Board Action 2. Awareness of financial health /funding sources/ budgetary needs
10:20 (10')	Communications from Exec. Director <ul style="list-style-type: none"> Executive Director's Report Q and A Governance – PHAB Domain 12	1. Latest updates on key issues, personnel, funding opportunities, legislative advocacy, accreditation status, 2020 U.S. Census, CHIP Implementation, etc.
10:30 (5')	Bi Monthly Report on 10 Essential Services from Staff Governance – PHAB Domain 12; All Essential Services	1. Board is able to describe activities of the Department 2. Accept Bi-Monthly Report – Board Action
10:35 (5')	Communications from Board Members - Chair Announcements/Upcoming Events – All (see next page) Governance – PHAB Domain 12	1. SALBOH update –J Reimer 2. Board members share their community/county public health activities/issues and community or professional meeting briefs and legislative days – All Board Members
10:45	Adjourn	Board Action <i>(Next Meeting January 8, 2019, in Clay County) – NOTE this meeting was moved to the second Wednesday of the month due New Year's Day holiday on the first Wednesday.</i>



SHDHD Calendar

Board Members - Please consider attending and/or helping us promote these upcoming events and observances:

1. October was Health Literacy Month!
 - **Ask Me 3:** Encourage your family, friends, clients and everyone you know to utilize the “Ask Me 3 Good Questions for Your Good Health” approach with their health care providers.
 - i. Learn more here:
 1. <http://www.ihl.org/resources/Pages/Tools/Ask-Me-3-Good-Questions-for-Your-Good-Health.aspx>
 2. <https://www.youtube.com/watch?v=zmxK4theZo>
2. November is the Month of the Military Family and Veteran’s Day
 - Check out: “5 Facts to Know About Veterans Day” from the DoD <https://www.defense.gov/explore/story/article/1675470/5-facts-to-know-about-veterans-day/>
 - Take this quiz to check your knowledge of Veteran’s Day: <https://www.defense.gov/Engage/Quiz/Article/1685760/quiz-veterans-day-what-is-the-significance/>
 - Contact SHDHD if your organization, workplace or church group would like to schedule a Q.P.R. Suicide Prevention Training
 - Check out the S.A.V.E. online suicide prevention training video at <https://psycharmor.org/courses/s-a-v-e/>
3. The Futures Initiative - Revisiting the 10 Essential Public Health Services
 - The Public Health National Center for Innovations (PHNCI) is partnering with the de Beaumont Foundation to review and possibly revise the 10 Essential Public Health Services and is aimed at bringing the Essential Services national framework in line with current and future public health practice. Because this important initiative will have a significant impact on the field, PHNCI wants to ensure that the framework is created by the field and for the field. To understand how the field views and uses the 10 EPHS, PHNCI and the de Beaumont Foundation are engaging in a series of data collection efforts to solicit input from the field, including live crowdsourcing and other in-person events, an online questionnaire, key informant interviews, and a virtual townhall series. Take the survey: <https://www.surveymonkey.com/r/10EPHS>
4. Medicaid Expansion (MXP 115 Waiver Listening Sessions):
 - Tues, Oct. 29th @ 7pm – Scottsbluff, Boardroom, Scottsbluff High School, 313 E 27th St.
 - Wed, Oct. 30th @ 6:45pm – Kearney, South Platte Rm, Kearney Public Library, 2020 1st Ave.
 - Tues, Nov. 7th @ 6pm - Norfolk, Meeting Room A, Norfolk Public Library, 308 W Prospect Ave.
 - Thurs, Nov. 12th @ 7pm – Omaha, Room 132, University of Nebraska Omaha College of Public Affairs and Community Service, 6320 Maverick Plaza
 - If you are unable to attend in person, but would like to call in, visit the site <http://dhhs.ne.gov/Pages/Heritage-Health-Adult-Demonstration.aspx> for phone number information. You can also submit comments electronically by emailing them to DHHS.HHSWaiver@Nebraska.gov by November 26th.
5. Ongoing – all year ‘round:
 - **Skin Cancer Prevention** – All year ‘round! South Heartland has higher skin cancer rates than Nebraska overall. Some people are more at risk for skin cancer – but skin damage from the sun’s ultraviolet (UV) rays, in the form of sunburn, increases everyone’s risk. Tanning is also a type of skin damage – no tan is a safe tan. Promote sun safety all year round – especially in children, adolescents and young adults.
 - **Diabetes Prevention:** Ongoing: ‘Smart Moves’ Classes (Evidence-based [Diabetes Prevention Program](#)) – Share the brochure and refer people who might be eligible. SHDHD’s program has maintained Recognition status from the CDC!
 - **Falls Prevention:** Tai Chi and Stepping On classes – find out when the next classes will begin in your county!

Open Meeting Compliance:

- Prior to this meeting a notice was posted in the newspapers in Adams, Clay, Nuckolls, and Webster Counties and that each member of the Board received a copy of the proposed agenda. The agenda for this meeting was kept continuously current and was available for public inspection at the South Heartland District Health Department, 606 N. Minnesota Ave, Suite 2, Hastings, Nebraska. This meeting is being held in open session.
- A copy of the Nebraska Open Meeting Law has been posted in this meeting room and is available for the public’s review.

South Heartland’s Guiding Principles:

- We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

Board of Health Principles of Good Faith*:

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| <ul style="list-style-type: none"> ➤ Regularly attend and actively participate in board of health and committee meetings. If unable to attend, be able to provide a valid excuse for absence. ➤ Ensure that time at board of health meetings is set aside for updates on public health problems and what the health department is doing, or needs to do, in regard to such challenges. ➤ Have a thorough knowledge of the duties and provisions found in the bylaws and charter of the organization. ➤ Involve others in health department functions and funding efforts, special events, and activities to promote and support programs and services. ➤ Heed corporate affairs and keep informed of the central activities and operations of programs. | <ul style="list-style-type: none"> ➤ Support majority opinions of the board. ➤ Advocate for public health by communicating regularly with community leaders and elected officials about perceived needs and possible resources. ➤ Ensure minimum statutory or technical requirements are met regarding filing annual report, withholding employee taxes, etc. ➤ Record personal conduct and register dissents in the minutes, or by letter. ➤ Avoid any semblance of self-dealing or enrichment; discourage any business transactions between directors and the organization. ➤ Accept no pecuniary profits except that which is expressly provided in compensation or reimbursement within the bylaws or laws of the city, county, and state. |
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*Board of Health Handbook, page 32

South Heartland District Health Department Strategic Plan 2013 - 2019

Vision: Healthy people in healthy communities

Mission: The South Heartland District Health Department is dedicated to preserving and improving the health of residents of Adams, Clay, Nuckolls and Webster counties. We work with local partners to develop and implement a *Community Health Improvement Plan* and to provide other public health services mandated by Nebraska state statutes.

Guiding Principles:

- ❖ We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- ❖ We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- ❖ We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

Goals and Priority Activities:

- 1. Provide leadership implementing the *Community Health Improvement Plan (CHIP)***
 - A. Monitor implementation of the plan and success achieving targeted outcomes, encouraging the use of evidence-based practices and reliable, accurate and timely measures and data
 - B. Work with partners to raise the visibility of the plan in our communities
- 2. Increase community engagement in the work of the South Heartland District Health Department (SHDHD)**
 - A. Identify “hearts/hubs” of small communities (places, events, and community leaders) and engage with them to collect feedback about health needs as well as to promote programs
 - B. Maximize the impact of board meetings by selecting visible community meeting sites, including a “Public Comment” agenda item and personally inviting local leaders to share their perspectives
 - C. Send clear, concise information to elected community officials on important public health legislation/issues at least once a year
- 3. Increase the Board’s capacity to perform core functions of public health governance**
 - A. Assess board members’ strengths, expertise and connections and use them effectively to further the work of the SHDHD
 - B. Provide brief training sessions at the end of three regularly scheduled board meetings and require members to participate in at least two training sessions per year
- 4. Assure sufficient resources to provide services**
 - A. Monitor legislative actions that could reduce Health Care cash fund and changes in funding streams related to the Affordable Care Act and other federal and state mandates
 - B. Continue focus on quality improvement and increasing operational efficiencies while providing staff and board members with the tools and training needed to do their work
 - C. Monitor SHDHD programs and services to identify where changes need to be made (reductions or expansions)
 - D. Assess sustainability when evaluating growth opportunities