

Public Health
Core Functions

ASSESSMENT

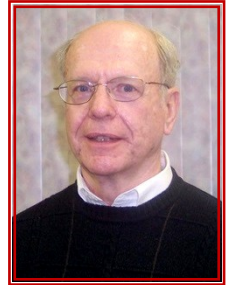
POLICY
DEVELOPMENT

ASSURANCE

Essential Public
Health Services:

- (1) **Monitor Health Status and Understand Health Issues Facing the Community**
- (2) **Protect People from Health Problems and Health Hazards**
- (3) **Give People Information They Need to Make Healthy Choices**
- (4) **Engage the Community to Identify and Solve Health Problems**
- (5) **Develop Public Health Policies and Plans**
- (6) **Enforce Public Health Laws and Regulations**
- (7) **Help People Receive Health Services**
- (8) **Maintain a Competent Public Health Workforce**
- (9) **Evaluate and Improve Programs and Interventions**
- (10) **Contribute to and Apply the Evidence Base of Public Health**

Welcome from the Board President and the Executive Director



Greetings! As we continue on our journey to improve the health of the residents of Adams, Clay, Nuckolls and Webster Counties, we are pleased to share some of our successes of the past year. We are continuing to work with our partners on strategies that address the 5 health priorities in our Community Health Improvement Plan—with highlights of our efforts illustrated on the following pages.

The Board and staff also continue to implement our Strategic Plan (S.P.). One S.P. objective the Board has embraced is to “maximize the impact of board meetings by selecting visible community meeting sites, including a “Public Comment” agenda item and personally inviting local leaders to share their perspectives.” The latter has been very rewarding at each Board meeting as we meet local leaders and hear about the successes and health concerns in the various communities of our district. This input helps to inform our decisions and actions. We thank all of the community members who have shared their perspectives with the Board and look forward to continuing to work with all of our communities on our vision of Healthy People in Healthy Communities.

Ron Kuehner, Board President

Michele Bever, PhD, MPH, Executive Director



Red Cloud resident Gene Horne addresses the Board of Health at the Community Center in Red Cloud. Board meetings are held bi-monthly and rotate among the four counties in the health district. The 15 member Board invites local leaders to attend their meetings to share about local successes and health concerns.

South Heartland's Mission

The South Heartland District Health Department is dedicated to preserving and improving the health of residents of Adams, Clay, Nuckolls and Webster counties. We work with local partners to develop and implement a Community Health Improvement Plan and to provide other public health services mandated by Nebraska state statutes.

Guiding Principles

- ◇ We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- ◇ We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- ◇ We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.



South Heartland District 2014-15

By the Numbers...

Snapshots: Outcomes and Impact of Local Public Health in Action



25

Number of participants completing Volunteer Training in Edgar.

10 Number who signed up to be volunteers with SHDHD!



12

Number of Ebola preparedness presentations and planning meetings held with partners between August and December 2014.



72

Number of new Older Adults benefiting from 7 Tai Chi Classes offered in the District. Another 50 Older Adults benefitted from 5 Advanced Tai Chi Classes. Plus 10 local instructors received new or refresher training in Tai Chi.



16 & 45

Number of grocery and convenience stores where SHDHD completed a Nutritional Environment Measurement Survey to gather data on healthy food access in our health district. Of the 16 groceries, 3 were ethnic.



8

Number of health care clinics where status of health information technology and electronic health records were assessed for meaningful use.



100%

Percent of the 8 health care clinics that identified they would refer patients at risk for diabetes to an evidence-based lifestyle modification program to decrease their risk for developing diabetes.



96

Number of women screened for Breast or Cervical Cancer through the Every Woman Matters program. 40 of these were newly enrolled this year.

- 4 Abnormal Cervical Tests
- 7 Abnormal Breast Screens
- 2 Breast Cancer Diagnosis
- 0 Cervical Cancer Diagnosis



629

Number of students and Staff from 18 schools learning about eating right and moving more at the annual Kids Fitness and Nutrition Day.



100%

Percent of the 155 lifeguard staff who increased their sun safety knowledge during Pool Cool Sun Safety training at 7 area pools.

Essential Service

Evaluate and Improve Programs and Interventions

4

of years remaining on SHDHD's 6-year **Community Health Improvement Plan 2013-18**

5 Priority Goals

Goal 1: Obesity Reduce obesity and associated chronic disease risk through consumption of healthful diets, daily physical activity and achievement and maintenance of healthy body weights

Goal 2: Cancer Reduce the number of new cancer cases as well as illness, disability and death caused by cancer

Goal 3: Mental Health Improve mental health through prevention and by ensuring access to appropriate, quality mental health services

Goal 4: Substance Abuse Reduce substance abuse to protect the health, safety and quality of life for all, especially young people

Goal 5: Access to Health Care Improve access to comprehensive, quality health care services



Public Health Surveillance and Disease Investigation

Essential Service

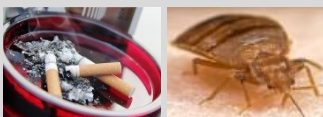
Monitor Health Status and Understand Health Issues Facing the Community



Health Surveillance Coordinator **Jessica Warner** partners with schools to monitor absences due to illness, with hospitals to track influenza-like illnesses, and with DHHS to keep an eye on public water system violations. She leads our response to food-borne or other disease outbreaks and follows up on suspected and confirmed cases of reportable diseases such as pertussis (whooping cough), hepatitis, or salmonellosis.

You Can Report It

Got Mold? Bedbugs? Need to report a violation of the Nebraska Clean Indoor Air Act (smoking violation)? Do you think your illness may be related to food consumption at an event? Report it to South Heartland! We may be able to connect you to helpful resources or use your information to help investigate a health risk.



Contact our health & environmental surveillance staff toll free at
1-877-238-7595

What's going on in our communities? How healthy are we?

South Heartland monitors notifiable conditions using the NEDSS (National Electronic Disease Surveillance System) and direct reports from local healthcare providers. Investigations are completed in order to identify sources of exposure and prevent illness. Information collected during the investigation process is sent on to the State and CDC as required by law. This year we reviewed **1,674 lab reports**, including 187 reports of STDs, and we conducted **127 disease investigations**.

In addition to reportable disease investigations, monitoring of illness in schools provides an indication of general health within the community at large. Thirty-eight schools within our district send information about absence due to illness on a weekly basis. This information is entered into the NEDSS database in order to track influenza activity

as well as identify communicable illnesses such as chickenpox, hand foot and mouth disease, and gastrointestinal illnesses such as norovirus that may be circulating in our schools.

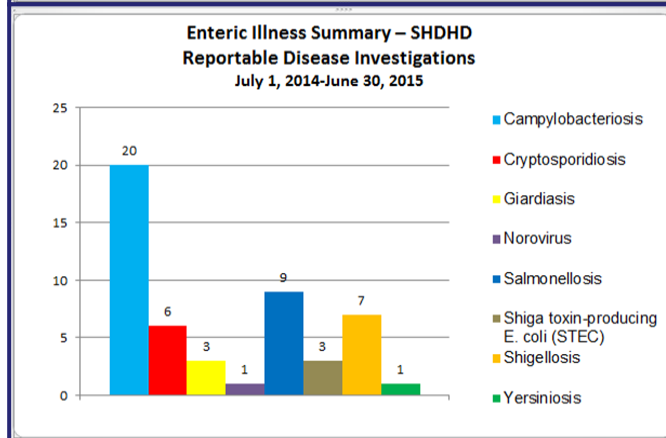
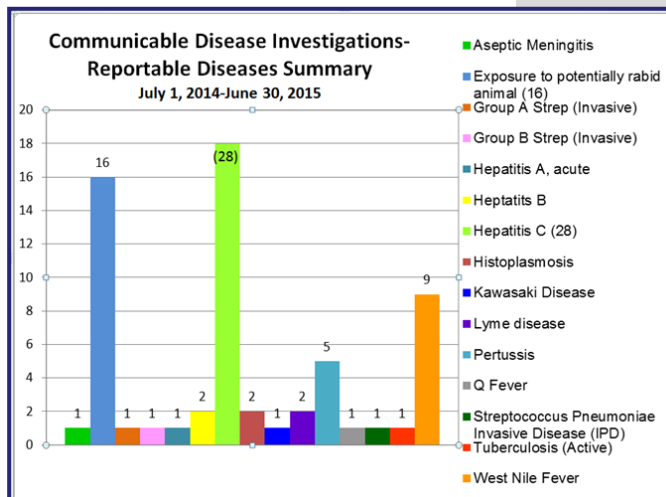
We received reports of Influenza outbreaks in five long-term care facilities early in 2014. SHDHD staff worked with facilities to identify ways to prevent further spread of influenza among residents. While all facilities had very high rates of vaccination among residents and staff, the vaccine for the 2014-2015 flu season was not a good match to circulating strains in our area. SHDHD also assisted Northeast Nebraska District with their Avian Influenza (H5N2) interviews to identify if exposed persons met guidelines for antiviral treatment.

What Conditions are Reportable in Nebraska?

Find Out Here:

http://dhhs.ne.gov/Pages/reg_t173.aspx

**173 NAC 1, Title 173
CH. 1 Reporting & Control of
Communicable Diseases**



Lead Investigations

The Nebraska Department of Health and Human Services recommends that all children should be assessed for lead exposure risk and those at risk should be tested for lead. Due to environmental risk (e.g. old homes), all children in certain zip codes should be tested, including Hastings (68901) and Harvard (68944) in our service area. Five micrograms per deciliter (5 µg/dL) or more is considered an elevated blood lead level.

SHDHD provided education and follow up for 33 elevated blood lead level reports during the 2014-15 fiscal year:

- 27 children with elevated levels between 5-10 µg/dL
- 6 children with elevated levels between 11-45 µg/dL

Health Hazards and Health Risks

Clean Indoor Air Act Compliance Maintained.

Upon re-inspection of businesses previously reported for smoking violations, Jim Morgan found that all were in compliance. Feedback from the businesses included comments that staff who worked there appreciated others not smoking and noticing a definite difference in air quality. Those that served food noted there was an increase in business due to being smoke-free. None of the businesses had negative feedback about compliance with the Clean Indoor Air Act. Each business was proud to show that they were still in compliance.



Essential Service

Protect People from Health Problems and Health Hazards

SHDHD Encourages Radon Testing to Prevent Lung Cancer



Have you tested your home for radon?

Last year, 150 South Heartland residents tested their homes for radon. Of these, approximately 70% of the homes tested high for radon.

Radioactive radon gas forms naturally from our soils and can build up in a home's closed spaces. Call us with questions about testing, test results, and radon reduction options if your home's radon level is higher 4 picocuries per liter, the "Action Level" for radon.



SHDHD engaged in regional planning for EBOLA, coordinating with state and national agencies, monitoring information from global and national sources, providing awareness training and situation updates, sharing planning/training resources with EMS squads, hospitals and other organizations and facilitating plans for a local coordinated response, if needed.

Public Health Preparedness and Response

Responding to Emergencies: May 6 Storms in Roseland, Hardy

A tornado made a direct hit to the community of Roseland on the evening of May 6, 2015. South Heartland's Jim Morgan activated a public health response within 2 hours, communicating with emergency management, surveying damage, and offering tetanus shots, or other services, if needed. He returned the next morning to meet with the Incident Commander to review emergent needs or services. Approximately 9 houses were ruined and needed to be torn down or required major repair. Other buildings (businesses, outbuildings) were also damaged, but fortunately the school was spared. That same evening, a tornado hit in the rural area surrounding Hardy, Nebraska. Two houses were destroyed and flooding created additional problems.

SHDHD provided information on food safety, generator safety, drinking water safety, and behavioral health services. There were approximately 25 people at the Roseland meeting and 8 at Hardy, including SHDHD responders. Some of the people in attendance were not aware of the total damage done outside of their own buildings until the night of the town hall meeting.



Public Health Risk Coordinator **Jim Morgan** develops and tests plans for responding to and protecting the population from health threats such as pandemic influenza and ebola. Jim works closely with other agencies and organizations within the Health District and across Nebraska: county emergency management agencies, hospitals, Community Organizations Active in Disaster, mass fatality & Family Assistance Center planning, & Tri-Cities Medical Response System.

SHDHD organized town hall meetings in both Roseland and Hardy with the assistance of Psychological First Aid team members and Denise Ferguson with her therapy dog, Pepper. In addition, SHDHD partners were in attendance to assist, including Region 3 Behavioral Health Services, UNL Extension office, and Emergency Managers for Adams and Nuckolls counties. Fire chiefs for each town, who were the Incident Commanders, were also in attendance.



Jim is also SHDHD's go-to person for environmental health risks including radon testing, Clean Indoor Act (smoking) violations, meth lab clean up assurance, bed bug and mold questions, and access to State resources such as the ChemPack for chemical exposures.



Healthy Lifestyles.....

Health & Wellness Promotion Programs

Essential Service

Give People Information They Need to Make Healthy Choices



Wellness Coordinator **Brooke Wolfe** works with schools and worksites and collaborates with community partners to encourage healthy work and school environments. She promotes environment and policy changes that make it easier for individuals to make healthy choices at work, at school and in the community. Brooke also coordinates Kid's Fitness & Nutrition Day, Scrubby Bear Hand Washing and Pool Cool Sun Safety programs.



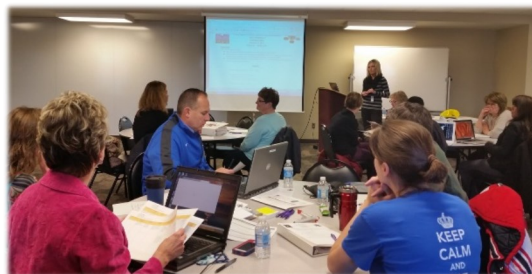
South Heartland's **Pure Performance Project**: Promoting healthy behaviors to maximize performance in activities, academics, athletics, and life. After founder John Underwood visited Hastings area schools and colleges in September 2014, coaches and students from Adams Central, Hastings Catholic, Hastings Senior High, Harvard, and Hastings College, along with ASAAP director Stefanie Creech-Will, will train with John to be local champions of the Life of an Athlete / Pure Performance principles at the Olympic Training Center in Lake Placid, NY.

Dental Care for Kids

SHDHD partnered with the WIC clinic in Hastings to provide oral health services for WIC clients. SHDHD furnished a public health hygienist, interpreter and supplies, and began billing Medicaid for reimbursement of covered clients. We provided fluoride varnish, oral health education and oral health screenings to children and pregnant mothers at the WIC office. Participants were excited to learn about the health of their teeth and what they can do to stay healthy. Even though more than 85% of the children were eligible for Medicaid, this program was not sustainable with Medicaid reimbursement.



Healthy Kids = Better Tomorrow



Five area schools participated in the **Coordinated School Health (CSH)** Institutes funded by SHDHD's Maternal & Child Health grant. Each school established a wellness team, evaluated their current school environment and set policy and environmental goals to improve their school's health. The participating schools were: Hastings Middle School, Hawthorne, Morton, Hastings High, and Harvard. At the 4 Institutes, each 1-2 days, the wellness teams received expert guidance from Julane Hill (NE Department of Education) who brought a gamut of resources, tools, examples, and expert presenters to assist the schools in improving their school health. We also piloted a set of follow up workshops for 3 schools that completed CSH Institutes with us the previous year. In the PIES (policy implementation, evaluation and sustainability) workshops, SHDHD provided Lincoln Elementary, Superior, and Hastings Catholic schools with additional tools and technical assistance in order to help them maintain their positive momentum toward improved school health.

Kids Fitness and Nutrition Day

SHDHD hosted the 10th annual Kids Fitness and Nutrition Day at Hastings College with roughly 550 fourth grade students attending. SHDHD partnered with UNL Extension-Adams County, Hastings YMCA, and Hastings College provided the facilities and lots of volunteers. UNK and the Nebraska Beef Council provided funding to support this event. Fourth graders from all across the district come learned that eating healthy and moving more can be fun and easy. The day was filled with educational activities and games. By the end of the day they knew the motto: "Eat right, Move more!"



..... And Making Healthy Choices

Worksite Wellness: Area employers make it easier for employees to be healthy!

SHDHD partnered with 5 businesses to promote policy and environmental changes that would make it easier for employees to make healthy choices. All 5 employers implemented evidence-based worksite “walking programs” and all five worksites posted walking route signs for employees to use during breaks and before and after work to increase physical activity throughout the day. The worksite wellness teams also focused on adopting or expanding their wellness policies. South Heartland wellness coordinators helped the worksites promote cancer screening and provided education on a variety of wellness topics.



Goal:
Inform, Educate & Empower People About Health Issues to Reduce Risk and Promote Improved Health



Healthy Worksites: **Left:** Walking Route sign and map located outside Hastings Museum shows employees (and public) where they might walk during a 15-minute break. **Above Right:** Members of the employee wellness team at Five Points Bank in Hastings stand next to one of the new Walking Route signs they installed as part of SHDHD’s Healthy Worksites project. This sign says “It is a 7 minute walk to Carter Park.”

Each sign has a QR (Quick Response) code that, if scanned with the appropriate cell phone ‘app’, will allow the map to be displayed on your phone. Five worksites in our health district developed and adopted policies to encourage employees to be physically active.



We also practice worksite wellness at SHDHD. We received the WellForce Wellness Excellence (Welle) Award, a worksite wellness recognition program of the Hastings Area Chamber of Commerce’s Wellforce Committee. We also received the Governor’s Wellness “Grower” Award for worksite wellness activities. Wellness Coordinator Christy Burrows accepted the award at the Great Plains Safety & Health 2014 Annual Conference.



More Health Promotion Programs at SHDHD:

- Tai Chi Moving for Better Balance (Fall Prevention for Older Adults)
- Sun Safe South Heartland (Reducing Skin Cancer Risk Factors)
- Every Woman Matters Cancer Awareness and Screening Promotion
- Distracted Driving Prevention
- Worksite Wellness Support
- Coordinated School Health (School Wellness Promotion)
- QPR Suicide Prevention (*Question, Persuade, Refer* Training)
- Psychological First Aid
- Electronic Cigarette Policy Toolkits
- Substance and Alcohol Abuse Prevention Initiatives
- Medication Take Back Events
- Health Literacy Promotion/Training

Protecting the skin you are in!

SHDHD partnered with 7 pools in the district to implement the Pool Cool program. We helped them adopt a sun safety policy, educated their pool staff on the importance of sun safety, and provided signage, shade structures and sun screen to make it easy for staff and patrons to practice sun safe behaviors. We promoted the American Cancer Society message “SLIP, SLOP, SLAP, WRAP.” All participating pools hosted a kick-off event where we provided education and free sun safety items for the patrons. Surveys of pool staff and patrons indicated an increase in sun safety knowledge.



- **SLIP** on a shirt
- **SLOP** on sunscreen
- **SLAP** on a hat
- **WRAP** on sunglasses to protect your eyes and sensitive skin around them

A BIG “Thank You!” to our partner Midland Area Agency on Aging and these 2014-15 Tai Chi Volunteer Instructors:

- Tammy Musgrave
- Karen Hoit
- Paula Hammond
- Karen Fox
- Marlice Sullivan
- Kathe Ely
- Kathy Bredthour
- Sandi Schultz
- Kathryn Lockhart



Linking People to Services

Essential Service

Help People
Receive
Health Services



Public Health Nurse **Dorrann Hultman** is the manager for SHDHD's Hastings/Adams County Immunization Clinic. She coordinates the *Every Woman Matters Community Health Hub* program, a cancer prevention program that encourages and supports screening for breast, cervical and colon cancers as well as support and coaching for chronic disease prevention. Dorrann also coordinates the South Heartland Cancer Coalition efforts.



Bilingual Community Health Workers **Lorena Najera** and **Lis Vazquez** serve as bridges between providers of health care services and the community. Our CHWs provide outreach and education for the *Every Woman Matters* program, help at the Hastings/Adams County Immunization Clinic, conduct health assessments, coordinate bi-monthly presentations in Spanish, and oversee CATCH Kids after school programs.

Serving veterans and their families: a public health approach

South Heartland launched a new effort called VetSET (Serve-Educate-Transition) to lessen the division between community and veteran service systems and to upgrade the local community system to better serve the veteran and his/her family. The VetSET Nebraska project is funded through a grant from the VA Office of Rural Health to the Nebraska Association of Local Health Directors (NALHD). SHDHD shares VetSET co-coordinators, Trevor Stryker and Jordan Leasure (right), with Central District and Two Rivers Public Health Departments.



Could your business, community organization or health care team help improve our district capacity to support resilience in our service members and their families? Contact us to schedule a military cultural competency, trauma-informed care, and/or mental health first aid training for your management and staff.

Protecting our children from vaccine-preventable diseases

SHDHD protects area children from pertussis (whooping cough), mumps, measles, hepatitis, influenza and other childhood diseases through the **Vaccine for Children program**. For many of these diseases, the shots provide life-long protection. The Hastings/Adams County Immunization Clinic saw more than 200 patient visits for vaccination and provided 534 immunizations for 18 preventable diseases. The Vaccine for Children program serves children under age 19 who are uninsured, underinsured or on Medicaid and is offered the first Thursday of each month at SHDHD.

Working in the Community to Link People to Services

Through SHDHD's Every Woman Matters and Community Health Hub programs we assess individual's health needs and risks using a tool called the Encounter Registry, we link people to resources and services, and we coach individuals and groups on lifestyle change, especially related to cancer prevention and chronic disease risk factors. Public health nurse Dorrann Hultman coordinates these prevention efforts. SHDHD's community health workers Lis Vazquez and Lorena Najera are bi-lingual and trusted members of the Hispanic community. They help women understand how they can access cancer screening services through the Every Woman Matters (EWM) program and assists them in navigating the system of appointments, screenings and follow up. They help people access information and services by meeting with them at worksites, in homes, at small group meetings, and at community events.



SHDHD staff made it easy for people to get screened for colon cancer by distributing nearly 700 free colon cancer screening (FOBT) kits at

health fairs and other events and through partnerships with local pharmacies.

Working Together to Prevent Chronic Disease

Changing the Context to Make the *Healthy Choice* the *Easy Choice*!

SHDHD was chosen to participate in a four-year project through the CDC to begin implementing comprehensive Chronic Disease Prevention strategies. We are one of 6 local health departments chosen by the Nebraska Department of Health and Human Services (NeDHHS) to partner with them. We dubbed our project [Prevention Connection-Uniting Partners to Kick Chronic Disease to the Curb](#) and created a logo. The purpose of the initiative is to decrease hypertension (high blood pressure), diabetes and obesity. Strategies include:

- Promoting healthy foods and beverages in vending machines, cafeterias, grocery stores and convenience stores
- Promoting physical activity in communities with community plans, signage, joint use agreements, work policies and social supports
- Implementing and growing lifestyle change programs throughout the district to support individual efforts to start and maintain healthy patterns of living so they avoid chronic diseases
- Partnering with clinics to assist them in maximizing the performance of their electronic health record systems
- Monitoring for health disparities in the clinics, especially for diabetes and hypertension
- Identifying individuals with hypertension and ensuring they receive treatment
- Promoting and training for team-based care, such as using non-physician team members (nurses, pharmacists, etc.) in hypertension management
- Encouraging self-monitoring for individuals who have high blood pressure
- Identifying and connecting community health workers to patients, the community and clinics, especially for people at risk for hypertension and diabetes
- Increasing use of pharmacists to monitor patients with hypertension
- Linking health services to community resources, such as lifestyle programs

Our target communities of Hastings, Harvard, Superior and Red Cloud help us focus our activities on our target populations of low income, minority and rural/agriculturally-employed individuals. The comprehensive approach of this project will maximize our community potential to decrease chronic disease.



Prevention Connection Nutrition Strategies: Elizabeth Hardy introduces the Prevention Connection chronic disease prevention project to the four-county Nutrition Advisory Board at their first meeting on May 6, 2015. Teresa Smith (above, left), from the Gretchen Swanson Center for Nutrition provided training on nutrition standards, model policies, best practices, and barriers and successes for healthy vending and cafeterias.

Essential Service

Engage the
Community to
Identify and Solve
Health Problems



Prevention Connection Health Care Strategies: SHDHD engaged Wide River to complete information technology assessments with 8 area clinics, including Hastings Family Care. The assessments looked at the status of each clinic's use of electronic health records (E.H.R.) and their readiness to use E.H.R. to identify patients who are at risk for diabetes and hypertension so that they can use prevention strategies to help these patients avoid disease.



Prevention Connection Physical Activity Strategies: Superior's 'Walkable Community' Design Team began planning their "Let's Get Moving Superior" Walkable Community Summit, using 'walking' pins to raise awareness.

Essential Service

Contribute to and Apply the Evidence Base of Public Health

Successes of El Paquete Total

- Continuous participation & commitment to the program from over 100+ participants in Adams County and 20 in Clay County.
- High participation in the health assessment tool.
- Knowledge gained and high satisfaction with the program by participants.
- After 13 years of offering the program in Adams County, participants are still experiencing improvement in health measures and improvements in health behaviors.
- Clay County participants report high levels of satisfaction and strong indication they are likely to change health habits as a result of the program
- Response rate of over 60% to the participant program survey.
- Consistency among project staff with a good collaboration between Mary Lanning and SHDHD.



Working Together to Improve Health

Success with El Paquete Total (The Total Package) Approach

El Paquete Total (EPT) is a Mary Lanning Healthcare-South Heartland District Health Department collaboration serving the Hispanic population of Adams and Clay Counties and offering health, wellness, education, nutrition and exercise components to address Diabetes. The program focuses on individuals experiencing Diabetes using a “total family” wellness program. EPT offers individual disease management using the AADE 7 Self-Care Behaviors as well as offering education and support programs to family members including YMCA memberships, family garden plots, volunteer activities, home visits and advocacy. This year a CATCH Kids evidence-based nutrition and physical activity after school program (below, R) was added in Harvard and SHDHD introduced Health Literacy 101 training for medical providers (Below, L) consisting of two training sessions focused on the use of health literacy practices in medical settings.



RESULTS: Over 100 individuals received case management in each year through the El Paquete Total Program, with an estimated 300-350 home visits or extensive phone calls completed per quarter. Positive outcomes among these case management participants include increases in the consumption of fruit and vegetables, exercise, and perception of health. In addition, there were decreases in reported depression and hospital stays. Lastly, case management participants reported high levels of satisfaction with all elements of the program, including the exercise program, home/ phone visits, community garden, group meetings, health fair, and health care. Clinic providers and staff perceived increases in their knowledge and abilities related to health literacy and identified actions they would take with their new skills.

Engaging our Public Health Partners

And celebrating their contributions...

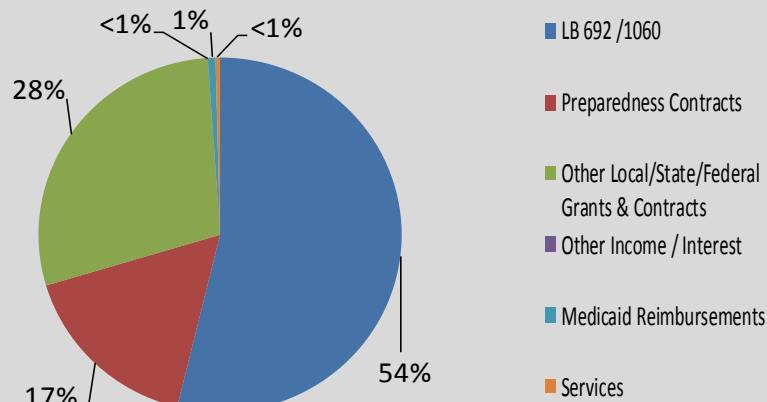


SHDHD’s 2015 Public Health Leadership Award was presented at the Annual Banquet by Board President Ron Kuehner to Bob Rose (L) of Edgar in recognition of extraordinary leadership and dedication to public health in our district.



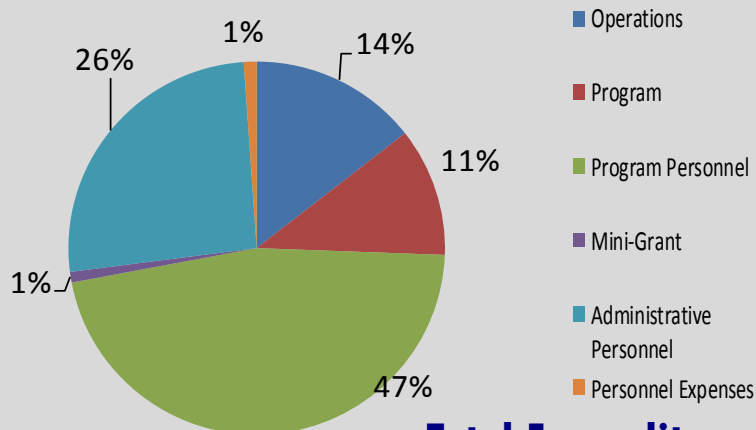
Board Member Peggy Meyer (R) presented the SHDHD 2015 Community Health Service Award to the Executive Committee of South Central Partnership in recognition of SCP’s exemplary community service and volunteerism for community health projects.

Revenue by Source



Total Revenue \$540,053

Expenditure by Category



Total Expenditures \$649,149

TRI-Cities Medical Response System (TRIMRS)

New Revenue (SHDHD FY 2014-15)	\$98,013
Expenses (SHDHD FY 2014-15)	\$133,028

Mini-Grants

South Heartland uses a portion of LB692 funds to support community efforts to identify and solve health problems. In the 2014-15 fiscal year, SHDHD awarded a total of **\$5,500** to two organizations for health-related projects or programs that are aligned with the SHDHD Public Health Improvement Plan:

- **Project Homeless Connect: Restorative Dental Care**, to South Central Partnership
- **John Underwood Life of an Athlete/ Pure Performance Events**, to Area Substance and Alcohol Abuse Prevention (ASAAP)

Public Health
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Operations Manager **Denise Ferguson** coordinates SHDHD's administrative and financial activities.

Thank You to part-time
SHDHD Staff,
Interns & Volunteers

Vaccine for Children Program:

- Sheryl Buescher
- Ashley Washburn, RN

West Nile Virus Program:

- Kim Spartz

AmeriCorps Student:

- Torey Kranau

VetSET Coordinators:

- Trevor Stryker
- Jordan Leasure

Volunteers:

- Anthony, Lena, and Julie Market
- Odeth Mendez-Peraza

And to these Former Staff for their service!

- Christy Burrows
- Cindi McDowell
- Rhonda McIntyre
- Desiree Rinne

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*Protecting and Improving Health
in Adams, Clay, Nuckolls and Webster Counties*

We are on the web at
www.southheartlandhealth.org



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Tweet to @shdhdhealth

Board of Directors

County Officials

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Eric Samuelson	Clay County Supervisor
Doyle Christensen	Nuckolls County Commissioner
Roger Bohrer	Webster County Commissioner

Public Spirited Citizens

Judy Reimer	Adams County
Michelle Oldham	Adams County
Nanette Shackelford	Clay County
Dixie Siemsen	Clay County
Peggy Meyer	Nuckolls County
Derek Clark	Nuckolls County
Luke Poore	Webster County
Ron Kuehner	Webster County

Professional Representatives

Phyllis Salyards, MD
Dee Griffin, DVM
Michael Kleppinger, DDS

Officers (Elected March 2014)

President	Ron Kuehner
Vice President	Phyllis Salyards
Treasurer	Derek Clark

We thank these former Board members for their service!

Michael Combs, Nuckolls County Commissioner
Justin Armstrong, Webster County Commissioner



Michele Bever, PhD, MPH
Executive Director

michele.bever@shdhd.org
Phone: 402-462-6211 Ext. 102

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