



Board of Health

Nuckolls County: Salem Lutheran Church, Hwy 14, 7 miles south of Nelson, NE
November 7, 2018, 8:30 a.m. (Light Breakfast available at 8:15 am)

AGENDA		
Apprx. Time	Topic, Lead Person	Expected Outcomes
8:30	Welcome & Opportunity for Public Comment - Chair	<ol style="list-style-type: none"> 1. Meeting Call to Order, Open Meeting Statement 2. Introductions / Roll Call 3. Approve or Amend Agenda 4. Public Comments
8:35	Introduction of Local Community Leader Guest: Treg Vyzourek, CEO, Brodstone Memorial Hospital <i>Strategic Plan Goal 2B: Increase Community Engagement</i>	Board receives update on Brodstone’s services, activities, partnerships and community health improvement initiatives.
9:00	September 5 Board Meeting Minutes – Chair	Approve Minutes of Sept 5 Meeting – Board Action
9:05	Finances – J. Streufert <i>Administration/Management - PHAB Domain 11, SP Goal 4</i> <ul style="list-style-type: none"> • Financial Report • Line of Credit Update • ERISA Policy Update: ERISA not needed • Grants/Funding Status 	<ol style="list-style-type: none"> 1. Accept Financial Report – Board Action 2. Awareness of financial health /funding sources/ budgetary needs
9:10	Annual Audit Report – J. Streufert Auditor of Public Accounts Recommendations	Accept Audit Report – Board Action
9:20	Public Health Emergency Preparedness (PHEP) Program Audit Report Recommendations and SHDHD Response – J. Streufert	Board learns about Quality Improvement efforts for accounting activities: Cost Allocation, Travel Reimbursement, Records Retention – Action Plans
9:30	Break (10 min)	Refreshment / Stretch & Move!
9:40	Committee Reports: Policy Committee – P. Meyer <ul style="list-style-type: none"> • Policy Committee Meeting Minutes 10.24.18 • Policy Review Protocols - implementation <i>Governance – PHAB Domain 12; All Essential Services</i>	<ol style="list-style-type: none"> 1. Board is familiar with Policy Review Process
9:55	Accreditation Update – J. Johnson <i>(multiple Essential Services; PHAB Domain 11)</i>	<ol style="list-style-type: none"> 1. Board learns about progress toward Accreditation – Accreditation Action Plan: opportunity to review and provide input
10:00	Communications from Exec. Director <ul style="list-style-type: none"> • Bi-Monthly Report from Staff • Executive Director’s Report <i>Governance – PHAB Domain 12; All Essential Services</i>	<ol style="list-style-type: none"> 1. Board learns about SHDHD programs / staff activities 2. Action: Board approves bi-monthly report 3. Latest updates on key issues: Audit, Contract Review and Management Process, Legislative opportunities, Community Health Assessment Update, etc.
10:15	Board Strategic Planning in 2019: Process and Timing - Chair	<ol style="list-style-type: none"> 1. Draft Strategic Planning Schedule
10:20	Communications from Board Members - Chair Announcements/Upcoming Events – All (see next page) <i>Governance – PHAB Domain 12</i>	<ol style="list-style-type: none"> 1. SALBOH update –J Reimer 2. Board members share their community/county public health activities/issues and community or professional meeting briefs, interim studies, and legislative days – All Board Members
10:30	Adjourn	

Next Meeting, in Webster County – January 2, 2018

See Next page for Calendar of Events and Observances.

SHDHD Calendar

Board Members - Please consider attending and/or helping us promote these upcoming events and observances:

- 1) **November 12** – Office Closed for Veteran’s Day
- 2) **November 16** on NET: Good Healthy Life- is a new series produced by NET in conjunction with Nebraska health partners. The first episode premiered August 30, 2018 at 8:30 PM central time on NET World. The second episode will premiere on Friday, November 16 at 6 pm CT on NET World and will examine how employees and businesses benefit from workplace wellness programs. It will feature communities of Blair, Scottsbluff, Gering, and Alliance in the Panhandle, as well as Lincoln, Ne. M. Bever will be a panelist at the NET studio, sharing a little about local health departments and how we work to promote, support and sustain wellness in our communities. Learn more at: <http://netnebraska.org/basic-page/television/good-healthy-life>
- 3) **November 14 and December 12:** Community Health Assessment Strategy Meetings Setting:
 - The meeting(s) will be held at South Heartland District Health Department in Hastings, with remote access from each of the other counties: Clay County will connect from the Clay County Community Center (site host – Janis Johnson); Webster County will connect from the Webster County Hospital Family Room (site host – Mirya Hallock); and Nuckolls County will connect from Brodstone Hospital, North Conference Room (site host - Karen Tinkham).

TWO MEETINGS per Priority Issue: November 14, 2018 AND December 12, 2018:

Time	Priority Issue	Date
8:30am-10am	Priority #1 Mental Health	Nov 14 & Dec 12
10:30am-noon	Priority #2 Substance Abuse	Nov 14 & Dec 12
1:00pm-2:30pm	Priority #3 Obesity and Related Health Issues	Nov 14 & Dec 12
3:00pm-4:30pm	Priority #4 Cancer	Nov 14 & Dec 12

- You are welcome to attend as many as your schedule allows. Please let us know by November 12 if you plan to attend the November 14 meeting, so we can ensure the correct amount of printed materials. To “register” please contact the site host, or you can call South Heartland District Health Department 402-462-6211 or email us at: mail@shdhd.org.
- 4) **November 14:** Public Health Career presentation and activity with regional high school students for Area Health Education Center (AHEC) High School Health Careers Club. (to be held at Hastings College)
 - 5) **November 22-22:** Office closed for Thanksgiving
 - 6) **November 28:** Full scale exercise to test strategic national stockpile (SNS) materials receipt and distribution with a pandemic flu scenario.
 - 7) Ongoing: ‘Smart Moves’ Classes (Evidence-based Diabetes Prevention Program) – Share the brochure and Refer people who might be eligible!
 - 8) **December 25:** Office closed for Christmas
 - 9) **January 1:** Office closed for Christmas
 - 10) **January-February** (TBD): Board Strategic Planning



Open Meeting Compliance:

- Prior to this meeting a notice was posted in the newspapers in Adams, Clay, Nuckolls, and Webster Counties and that each member of the Board received a copy of the proposed agenda. The agenda for this meeting was kept continuously current and was available for public inspection at the South Heartland District Health Department, 606 N. Minnesota Ave, Suite 2, Hastings, Nebraska. This meeting is being held in open session.
- A copy of the Nebraska Open Meeting Law has been posted in this meeting room and is available for the public's review.

South Heartland's Guiding Principles:

- We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

Board of Health Principles of Good Faith*:

- Regularly attend and actively participate in board of health and committee meetings. If unable to attend, be able to provide a valid excuse for absence.
- Ensure that time at board of health meetings is set aside for updates on public health problems and what the health department is doing, or needs to do, in regard to such challenges.
- Have a thorough knowledge of the duties and provisions found in the bylaws and charter of the organization.
- Involve others in health department functions and funding efforts, special events, and activities to promote and support programs and services.
- Heed corporate affairs and keep informed of the central activities and operations of programs.
- Support majority opinions of the board.
- Advocate for public health by communicating regularly with community leaders and elected officials about perceived needs and possible resources.
- Ensure minimum statutory or technical requirements are met regarding filing annual report, withholding employee taxes, etc.
- Record personal conduct and register dissents in the minutes, or by letter.
- Avoid any semblance of self-dealing or enrichment; discourage any business transactions between directors and the organization.
- Accept no pecuniary profits except that which is expressly provided in compensation or reimbursement within the bylaws or laws of the city, county, and state.

*Board of Health Handbook, page 32

South Heartland District Health Department Strategic Plan 2013 – 2019*

Vision: Healthy people in healthy communities

Mission: The South Heartland District Health Department is dedicated to preserving and improving the health of residents of Adams, Clay, Nuckolls and Webster counties. We work with local partners to develop and implement a *Community Health Improvement Plan* and to provide other public health services mandated by Nebraska state statutes.

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Goals and Priority Activities:

- 1. Provide leadership implementing the *Community Health Improvement Plan (CHIP)***
 - A. Monitor implementation of the plan and success achieving targeted outcomes, encouraging the use of evidence-based practices and reliable, accurate and timely measures and data
 - B. Work with partners to raise the visibility of the plan in our communities
- 2. Increase community engagement in the work of the South Heartland District Health Department (SHDHD)**
 - A. Identify “hearts/hubs” of small communities (places, events, and community leaders) and engage with them to collect feedback about health needs as well as to promote programs
 - B. Maximize the impact of board meetings by selecting visible community meeting sites, including a “Public Comment” agenda item and personally inviting local leaders to share their perspectives
 - C. Send clear, concise information to elected community officials on important public health legislation/issues at least once a year
- 3. Increase the Board’s capacity to perform core functions of public health governance**
 - A. Assess board members’ strengths, expertise and connections and use them effectively to further the work of the SHDHD
 - B. Provide brief training sessions at the end of three regularly scheduled board meetings and require members to participate in at least two training sessions per year
- 4. Assure sufficient resources to provide services**
 - A. Monitor legislative actions that could reduce Health Care cash fund and changes in funding streams related to the Affordable Care Act and other federal and state mandates
 - B. Continue focus on quality improvement and increasing operational efficiencies while providing staff and board members with the tools and training needed to do their work
 - C. Monitor SHDHD programs and services to identify where changes need to be made (reductions or expansions)
 - D. Assess sustainability when evaluating growth opportunities