



Board of Health

Adams County: South Heartland District Health Dept., 606 N. Minnesota Ave, Suite 2, Hastings, NE
March 6, 2019 8:30 a.m. (Light Breakfast available at 8:15 am)

AGENDA

Apprx. Time	Topic, Lead Person	Expected Outcomes
8:30 (4')	Welcome & Opportunity for Public Comment – Vice President Mirya Hallock, Chair	<ol style="list-style-type: none"> 1. Meeting Call to Order, Open Meeting Statement 2. Introductions / Roll Call 3. Approve Agenda – Board Action 4. Public Comments
8:34 (1')	January 9, 2019 Board Meeting Minutes – Chair	Approve Minutes of January Meeting – Board Action
8:35 (20')	Introduction of Local Community Leader Guest: Jodi Graves, Executive Director, United Way of South Central Nebraska <i>Strategic Plan Goal 2B: Increase Community Engagement</i>	Board learns about United Way’s initiatives, community engagement, community improvement and partnership with SHDHD on the 2018 CHA/CHIP process.
8:55 (10')	Finances – J. Streufert / M. Bever <i>Administration/Management - PHAB Domain 11, SP Goal 4</i> <ul style="list-style-type: none"> • Financial Report / Line of Credit Update • Grants/Funding Status/ Contracts/Subawards Status • Program Audits (PHEP) 	<ol style="list-style-type: none"> 1. Accept Financial Report – Board Action 2. Awareness of financial health /funding sources/ budgetary needs 3. Updated on program audit recommendations
9:05 (5')	Committee Reports: Public Health Awards – P. Meyer <ul style="list-style-type: none"> • Resolution #2019-2 Public Health Community Health Service Recognitions <i>Governance – PHAB domain 12; ES 5; BOH Core Functions</i>	<ol style="list-style-type: none"> 1. Approve Resolution – Board Action
9:10 (20')	Policies and Plans: <ul style="list-style-type: none"> • Succession Plan • Legislative – Public Health Law Reviews for priority bills • Community Health Assessment Report • Community Health Improvement Plan Draft Strategies 	<ol style="list-style-type: none"> 1. Approve Succession Plan – Board Action 2. Determine advocacy action on priority bills – Board Action 3. Approve CHA Report – Board Action 4. Review Proposed CHIP Goals/Strategies – Informational
9:30 (10')	Break (10 min) & Board ‘Thank You’s	Refreshment / Stretch & Move!
9:40 (10')	Bi Monthly Report on 10 Essential Services from Staff <i>Governance – PHAB Domain 12; All Essential Services</i>	<ol style="list-style-type: none"> 1. Board is able to describe activities of the Department 2. Accept Bi-Monthly Report – Board Action
9:50 (15')	Annual Meeting Business – Chair <ul style="list-style-type: none"> • Board member appointments; Review Board Member terms - Chair • Committee Appointments – Chair • Strategic Planning Committee Assignments and Next Steps – Exec. Director • Board annual paperwork: Conflict of Interest, Confidentiality, Statement of Commitment, Board meeting evaluations <i>Governance – PHAB Domain 12</i>	<ol style="list-style-type: none"> 1. Appointments to BOH – Informational 2. Approve Board Committee Assignments for March 2019-March 2020 – Board Action 3. Annual paperwork and evaluation completed (SurveyMonkey link will be provided)
10:05 (5')	Communications from Exec. Director <ul style="list-style-type: none"> • Executive Director’s Report Q and A <i>Governance – PHAB Domain 12</i>	<ol style="list-style-type: none"> 1. Latest updates on key issues, legislation, public health laws (PHAB Domain 6), etc.
10:10 (10')	Board Training – SHDHD’s VetSET Program and Ask the Question Campaign <i>(multiple Essential Services; PHAB Domain 12)</i>	<ol style="list-style-type: none"> 1. Board is able to share information about VetSET with their professional and public communities
10:20 (10')	Communications from Board Members - Chair Announcements/Upcoming Events – All (see next page) <i>Governance – PHAB Domain 12</i>	<ol style="list-style-type: none"> 1. SALBOH update –J Reimer 2. Board members share their community/county public health activities/issues and community or professional meeting briefs and legislative days – All Board Members
10:30	Adjourn	Board Action <i>(Next Meeting – May 1, 2019, in Clay County)</i>
11:30	Annual Luncheon & Public Health Awards – The Lark	Board recognizes contributions of our partners to public health improvement
1:45 – 3:30	Tips and Tools for Putting Military Cultural Competency into Action – The Lark	Free Workshop: Helping organizations take steps to make a difference in the lives of veterans, military service members and their families

SHDHD Calendar

Board Members - Please consider attending and/or helping us promote these upcoming events and observances:

1. [March is Colorectal Cancer Awareness Month!](#) – Promote regular colon cancer screening to your family, friends and neighbors in your communities.
2. [National Public Health Week is April 1-7:](#) - *Everyone deserves to live a long and healthy life in a safe environment. To make this happen, we must tackle the causes of poor health and disease risk among individuals and within our communities. Where we live, work, worship and play impacts each of use and can determine our health and how long we live. In the workplace, let's partner across public and private sectors to make sure decisions are made with the public's health in mind. Within our communities, let's start new conversations with our neighbors and be advocates for positive change. Working together, we can build healthier communities and, eventually, the healthiest nation. Daily public health topics: Healthy Communities, Violence Prevention, Rural Health, Technology and Public Health, Climate Change, Global Health (<http://www.nphw.org/nphw-2019>)*
3. [Skin Cancer Prevention](#) – All year 'round! South Heartland has higher skin cancer rates than Nebraska overall. Some people are more at risk for skin cancer – but skin damage from the sun's ultraviolet (UV) rays, in the form of sun burn, increases everyone's risk. Tanning is also a type of skin damage – no tan is a safe tan. Promote sun safety all year round – especially in children, adolescents and young adults.
4. [Influenza Prevention:](#) Get your flu shot and encourage everyone you know to get theirs, too! It continues to be a bad flu season, with influenza still affecting people in our district every day. Help protect those who are more at risk of complications and death from flu by always practicing and promoting good hygiene and encouraging people to stay home when they are sick. Help us promote getting the flu shot, not the flu!
5. [Diabetes Prevention:](#) Ongoing: 'Smart Moves' Classes (Evidence-based [Diabetes Prevention Program](#)) – Share the brochure and refer people who might be eligible. SHDHD's program has maintained Recognition status from the CDC!
6. [Falls Prevention:](#) Tai Chi and Stepping On classes – find out when the next classes will begin in your county!
7. [Vital Signs Health Fair](#) – March 23-24, 2019 – 7:00 am – 12:00 pm, Adams County Fairgrounds
8. [Webster County Health Fair](#) – March 26-27 and April 2-3, 2019, 6 am – 9 am
9. [Nebraska Public Health Conference & Policy Day](#) – April 2-4, Nebraska Innovation Campus
10. [Nuckolls County Health Fair](#) – April 27, 2019, 9 am - noon
11. [SHDHD Strategic Planning, Part II](#) – TBD
12. [SHDHD Ethics Committee Meeting](#) – April - TBD
13. [May Board Meeting](#) – May 1, 2019, Clay County
14. [Military Family Fund Day](#) – June 29, 2019, 9 am – 4 pm, Timberlake Ranch Camp
15. [July Board Meeting](#) – July 3, 2019, Nuckolls County

Open Meeting Compliance:

- Prior to this meeting a notice was posted in the newspapers in Adams, Clay, Nuckolls, and Webster Counties and that each member of the Board received a copy of the proposed agenda. The agenda for this meeting was kept continuously current and was available for public inspection at the South Heartland District Health Department, 606 N. Minnesota Ave, Suite 2, Hastings, Nebraska. This meeting is being held in open session.
- A copy of the Nebraska Open Meeting Law has been posted in this meeting room and is available for the public's review.

South Heartland's Guiding Principles:

- We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

Board of Health Principles of Good Faith*:

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| <ul style="list-style-type: none"> ➤ Regularly attend and actively participate in board of health and committee meetings. If unable to attend, be able to provide a valid excuse for absence. ➤ Ensure that time at board of health meetings is set aside for updates on public health problems and what the health department is doing, or needs to do, in regard to such challenges. ➤ Have a thorough knowledge of the duties and provisions found in the bylaws and charter of the organization. ➤ Involve others in health department functions and funding efforts, special events, and activities to promote and support programs and services. ➤ Heed corporate affairs and keep informed of the central activities and operations of programs. | <ul style="list-style-type: none"> ➤ Support majority opinions of the board. ➤ Advocate for public health by communicating regularly with community leaders and elected officials about perceived needs and possible resources. ➤ Ensure minimum statutory or technical requirements are met regarding filing annual report, withholding employee taxes, etc. ➤ Record personal conduct and register dissents in the minutes, or by letter. ➤ Avoid any semblance of self-dealing or enrichment; discourage any business transactions between directors and the organization. ➤ Accept no pecuniary profits except that which is expressly provided in compensation or reimbursement within the bylaws or laws of the city, county, and state. |
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*Board of Health Handbook, page 32

South Heartland District Health Department Strategic Plan 2013 - 2019

Vision: Healthy people in healthy communities

Mission: The South Heartland District Health Department is dedicated to preserving and improving the health of residents of Adams, Clay, Nuckolls and Webster counties. We work with local partners to develop and implement a *Community Health Improvement Plan* and to provide other public health services mandated by Nebraska state statutes.

Guiding Principles:

- ❖ We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- ❖ We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- ❖ We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

Goals and Priority Activities:

- 1. Provide leadership implementing the *Community Health Improvement Plan (CHIP)***
 - A. Monitor implementation of the plan and success achieving targeted outcomes, encouraging the use of evidence-based practices and reliable, accurate and timely measures and data
 - B. Work with partners to raise the visibility of the plan in our communities
- 2. Increase community engagement in the work of the South Heartland District Health Department (SHDHD)**
 - A. Identify “hearts/hubs” of small communities (places, events, and community leaders) and engage with them to collect feedback about health needs as well as to promote programs
 - B. Maximize the impact of board meetings by selecting visible community meeting sites, including a “Public Comment” agenda item and personally inviting local leaders to share their perspectives
 - C. Send clear, concise information to elected community officials on important public health legislation/issues at least once a year
- 3. Increase the Board’s capacity to perform core functions of public health governance**
 - A. Assess board members’ strengths, expertise and connections and use them effectively to further the work of the SHDHD
 - B. Provide brief training sessions at the end of three regularly scheduled board meetings and require members to participate in at least two training sessions per year
- 4. Assure sufficient resources to provide services**
 - A. Monitor legislative actions that could reduce Health Care cash fund and changes in funding streams related to the Affordable Care Act and other federal and state mandates
 - B. Continue focus on quality improvement and increasing operational efficiencies while providing staff and board members with the tools and training needed to do their work
 - C. Monitor SHDHD programs and services to identify where changes need to be made (reductions or expansions)
 - D. Assess sustainability when evaluating growth opportunities